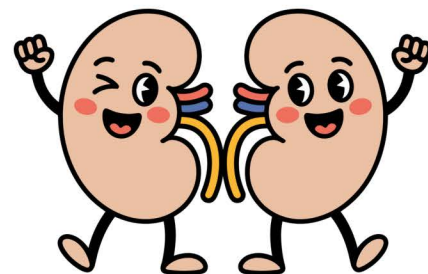




# NATIONAL DONATE LIFE MONTH

## NEED A DONOR? FIND A SPARE!

April is National Donate Life Month, and nearly 85% of people on the organ transplant waitlist are hoping for a kidney. Kidneys are needed more than any other organ!



### DID YOU KNOW:

- **You and your donor don't have to share the same ethnicity; you don't even have to be related!**
- **Living donor kidney can last 12-20 years or even longer!**
- **Some people are willing to donate their kidney to a complete stranger!**

Being on dialysis is hard enough, but ASKING for a kidney is even harder! Helpful tips on how to ask someone to share their spare include:

- Be confident and comfortable talking about your need with others.
- Share your story with family, friends, neighbors, church members, or local newspapers.
- Share on social media such as Facebook or Twitter. One message or post can reach so many!



**For more helpful tips speak with members of your healthcare team and transplant center!**

