



NOVEMBER 2025

HEALTH & H.O.P.E.

HELP ON PROCESSING EVERYTHING DIALYSIS

Find the Right Dialysis Clinic With Dialysis Compare

Dialysis Compare helps you find a dialysis clinic that fits your needs. You can:

- See reports about clinics.
- Get helpful info to choose your care team.
- Make better choices for your health.

Tip: Make sure your kidney doctor can see you at the clinic you pick.

[CLICK HERE](#) to go to the Dialysis Compare website. Choose “Dialysis Facilities” and put in your address, zip code, city, or state.

RESOURCES:

[Checklist to help you choose a dialysis facility](#)

[Learn How to Use Dialysis Facility Compare](#)

Checklist to help you choose a dialysis facility.

Finding dialysis facilities that are an option for you

Ask your kidney doctor:

- What type of dialysis would you recommend, and why?
- Which dialysis facilities do you refer people to?
- Which dialysis facility do you suggest, and why?
- What other dialysis facilities are in this area?
- Can you tell me about getting dialysis at home?
- What can you tell me about kidney transplants?

- ☐ Look at the information on dialysis facility quality on Medicare.gov.
- ☐ Decide which dialysis facilities you want to visit and learn more about, and make plans to go.

Understanding Dialysis Facility Star Ratings

The dialysis facility patient care rating shows how your dialysis clinic rates to other dialysis clinics in your area. The rating is found using each dialysis clinic’s scores on different levels of patient care.



[CLICK HERE](#) to get detailed information on what these measures show you, and why they’re important.

How should I use the quality of patient care star ratings?

Dialysis clinics get star ratings based on how well they care for patients.

- 5 stars = great care
 - 3 stars = average care
 - 1–2 stars = below average care
- Use the stars and other info to help choose your clinic.

To learn more, go to ESRD Network – [Star Rating Program](#).

Medicare Open Enrollment Is Here

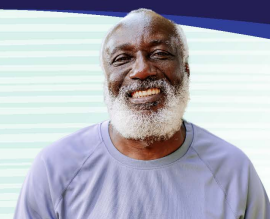
It’s time to check your Medicare plan and make changes if needed. [CLICK HERE](#) for more information.



MEDICARE OPEN ENROLLMENT | OCT. 15–DEC. 7

An Important Message from Medicare

Have You Reviewed Your Health and Drug Plans?



New in 2025!

All Medicare plans will include a \$2,000 cap on what you pay out of pocket for covered prescription drugs. The cap only applies to drugs that are covered by your plan, so it’s more important than ever to review your plan options to make sure your drugs are covered.

Compare plans. You may find better options.

Plans change every year and your health might change, too. Medicare Open Enrollment is your chance to review and compare your health coverage and prescription drug plan.

How do I start comparing plans?

- Go to Medicare.gov and choose “find plans.”
- Enter your ZIP code, prescriptions, and favorite pharmacies.

What will I see?

- The total cost for all the plans in your area, including the premium and how much you’ll pay for your prescriptions.
- What plans cover your prescriptions.
- Whether some plans offer extra benefits.
- Star ratings to check how each plan performs on quality, customer service, and more.
- You can compare Part D plans and Medicare Advantage plans.

Get help with drug costs.

If you are struggling with your prescription drug costs, Extra Help is a Medicare program that can help pay for your drug coverage (Part D) premiums, deductibles, and other out-of-pocket costs. If you make less than \$23,000 a year, it’s worth it to apply.

Visit ssa.gov/extrahelp to complete an application.

Conveniently compare options at Medicare.gov.

Review your choices, including Medicare Advantage and Part D prescription plans, during Open Enrollment. You can see your plan costs, coverage, and quality ratings side by side to make sure you’re making the best decision for you.

Visit Medicare.gov to compare plans, or call 1-800-MEDICARE (1-800-633-4227) (TTY: 1-877-486-2048) for help, or join us at the upcoming event listed below.

Date _____ Time _____
Location _____
Other Details _____

Medicare.gov | 1-800-MEDICARE | THE OFFICIAL SOURCE FOR MEDICARE



PAID FOR BY THE U.S. DEPARTMENT OF HEALTH & HUMAN SERVICES

Traveling for the Holiday



You can travel by plane, train, boat, or car, but plan ahead for dialysis. Be sure and let your facility know of your travel plans at least 30 days prior.

- If you go to a clinic, find one near your destination
- If you do dialysis at home, ship your supplies early
- Choose a travel method that works best for you

Flying Tips:

- Call TSA Cares at 855-787-2227 at least 3 days before flying
- Your dialysis machine goes in the cabin, not cargo
- You can bring large liquid medicine—just tell TSA ahead of time

RESOURCES:

[American Kidney Fund – Traveling while having kidney disease](#)

[TSA – Passenger Support](#)

[U.S. Department of Transportation - Transport of Portable Dialysis Machines](#)



Who is the Network?

Do you know what the Network is and what we do? Alliant ESRD Networks work under a contract with the Centers of Medicare & Medicaid Services (CMS) to help ESRD patients receive good and safe care. ESRD Network 8 & 14 work together to help ESRD patients in Alabama, Mississippi, Tennessee, and Texas.

We help you by:

- Sharing helpful info
- Improving care
- Solving problems
- Explaining treatment choices
- Assisting in finding dialysis clinics

To file a grievance, contact the following agencies:

ESRD Network 8 – Phone: 1-877-936-9260; Email: nw8info@allianthealth.org;

Mail: P.O. Box 105337, Atlanta, GA 30348; Website: <https://quality.allianthealth.org/topic/esrd-nw8/> – For patients and facilities in AL, MS, TN.

ESRD Network 14 – Office: 972-503-3215; fax: 972-503-3219; Toll-free: 877-886-4435; Email: nw14info@allianthealth.org;

Mail: P.O. Box 105337, Atlanta, GA 30348; Website: <https://quality.allianthealth.org/topic/esrd-nw14/> - For patients and facilities in TX.

Produced under contract numbers:

ESRD Network 8:

75FCMC19D0005 75FCMC21F0001 and **ESRD Network 14:**

75FCMC19D0005-75FCMC21F0002