



# Patient Responsibilities

## FILL IN THE BLANK



(Fill in the missing words from the word lists below.)

### Being a Responsible Patient!

1. Learning about patient \_\_\_\_\_ helps you have more control over your choices.
2. When you make good choices, you will feel \_\_\_\_\_ and you may even live longer.
3. Healthier kidney patients have a better quality of \_\_\_\_\_.
4. Being a responsible patient will make dialysis less \_\_\_\_\_ for you and the staff.
5. Treat your staff and other patients the way you want to be \_\_\_\_\_. Be \_\_\_\_\_ and caring.
6. Go to your next Plan of \_\_\_\_\_ meeting so you can help make decisions about your care. Be \_\_\_\_\_.
7. After your Plan of Care meeting, \_\_\_\_\_ your treatment plan so you feel better.
8. \_\_\_\_\_ attention. Read the information given to you.
9. Follow facility \_\_\_\_\_, prescribed diet, medications, and treatment.
10. If you don't understand something, keep \_\_\_\_\_ questions.

### Bonus! Staying Cool!

1. Try \_\_\_\_\_ berries or grapes for a cold snack.
2. Wet and \_\_\_\_\_ washcloths to put on your neck to keep you cool.
3. Wear a \_\_\_\_\_ when going out in the sun.
4. Sip your \_\_\_\_\_ slowly.
5. \_\_\_\_\_ your thoughts in a positive way before speaking.
6. \_\_\_\_\_ before speaking if you are upset.



## WORD LISTS

### BEING A RESPONSIBLE PATIENT!

rules  
treated, respectful  
better  
life  
stressful

Care, active  
follow  
responsibilities  
Pay  
asking

### BONUS! STAYING COOL!

hat  
freezing  
drink

Reframe  
STOP  
freeze

#### ANSWER KEY:

#### Being a Responsible Patient!

1. responsibilities; 2. better; 3. life; 4. stressful; 5. treated, respectful; 6. Care, active; 7. follow; 8. Pay; 9. asking; 10. rules

#### Bonus! Staying Cool!

1. freezing; 2. freeze; 3. hat; 4. drink; 5. Reframe; 6. STOP