

MYTHS & FACTS OF PRIVATE DUTY HOME CARE

Myth: Private duty home care is too expensive.

Fact: While it can be costly, it may actually save you money in the long run by helping you stay in your home longer and more safely. Additionally, there are various payment options available. Be sure to explore these options with your private duty care provider.

Myth: Private duty home care is for people without family support. I have a family who can help me.

Fact: Private duty home care staff can reduce stress on loved ones by providing services and allowing them to enjoy quality time with you.

Myth: I can't trust a stranger in my house.

Fact: Private duty home care agencies and registries perform fingerprinting, reference and background checks on their staff before they interact with clients. In addition, they are licensed by AHCA to ensure compliance with regulations. The agencies also provide staff training and supervision to ensure their employees are competent to meet clients' needs.

Myth: I will lose my independence.

Fact: Allowing professionals to assist with your needs improves your independence, enabling you to stay in your home.

PRIVATE DUTY HOME CARE AGENCIES/NURSE REGISTRIES VS. PRIVATE HIRE

Private Duty Home Care Agencies/ Nurse Registries Conduct:

- Reference checks on staff
- Background checks on staff
- Carry liability insurance
- Supervision of staff (Agency)
- Staff training (Agency)
- Vacation/emergency coverage

It is the responsibility of the client to verify these services when hiring private individuals.

Thank you to the organizations that collaborated with us on this resource:

Affinity Home Health
American In-home Care
Assisting Hands Home Care
Brookdale at Home
Classique Concierge Home Health Care
ComForCare Home Care
Heart Body & Mind Home Care
Orlando Health
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This material was prepared by Alliant Health Solutions, a Quality Innovation Network – Quality Improvement Organization (QIN – QIO) under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services (HHS). Views expressed in this material do not necessarily reflect the official views or policy of CMS or HHS, and any reference to a specific product or entity herein does not constitute endorsement of that product or entity by CMS or HHS.
Publication No. 12SOW-AHS-QIN-QIO-TOI-PCH-6263-09/09/24



We know choosing to work with a private duty home care provider is an important decision in maintaining your independence and remaining in your home environment.

Private duty home care is delivered by individuals who perform meal prep and housekeeping, escort you to appointments, serve as a sitter, and more.

Many people supplement with private duty home care after a stay in the hospital, rehab center or skilled nursing facility for additional home assistance, allowing them to recover and maintain their independence.

This pamphlet addresses many of your questions and provides more information.

WHAT IS PRIVATE DUTY HOME CARE?

A service that assists individuals who need a little extra help to remain independent in their home—whether a private residence, assisted living facility, skilled nursing facility, etc.—for as long as possible. Services include, but are not limited to:

Home-Based Services	Private Duty Home Care
Medication reminders	✓
Assist with medication self-administration	✓
Pick up prescriptions	✓
Escort to Dr. Visits	✓
Transportation	✓
Assist with getting in and out of bed	✓
Moving safely around the house	✓
Assist with bathing and dressing	✓
Incontinence care	✓
Safety supervision	✓
Meal planning and preparation	✓
Light housekeeping	✓
Laundry services	✓
Change linens	✓
Help with pet care	✓
Family respite care	✓
Companionship	✓

FREQUENTLY ASKED QUESTIONS

❖ How is private duty home care paid for?

It is most often paid for with private funds. If you have long-term care insurance or Veteran's benefits, ask your provider if they accept those plans.

❖ Is private duty home care and home health care the same thing?

No. Private duty home care is non-medical and assists with services that are not provided by home health.

❖ Will I have the same person helping me every time?

Although that is always the goal, it is not a guarantee. The home care provider will do it's best to find a good, permanent match as soon as possible.

❖ What is personal care?

All things related to activities of daily living. This includes personal hygiene, toileting, dressing, meal prep and medication reminders to name a few.



BENEFITS OF PRIVATE DUTY HOME CARE

- They partner with home health and hospice providers to fill a gap by offering customized, non-medical services to help you maintain your independence where you live.
- Care is flexible and can range from a few hours per week to 24/7 coverage, depending on your needs.
- The length of service is determined by the client or their family rather than a physician or insurance company.
- Their goal is to keep you safe in your home and reduce hospitalization.
- They offer comprehensive services not typically provided by other levels of care.
- There is no referral or prescription needed for services.
- They aim to reduce hospital admissions and readmissions.