

Enhancing Capacity: Reengineering Fall and Fall Injury Programs

Subject Matter Expert, Pat Quigley, discussed essential elements and guidelines for fall and injury prevention programs, integrated program evaluation and implementation science, and identified opportunities to enhance program infrastructure, capacity and how to sustain improvements. **Now, it is time to act!**

Perform a Gap Analysis

Complete the [Injurious Fall Prevention Organizational Self-Assessment](#) (Link) to identify opportunities for improvement.

Craft your AIM Statement

Based on assessment results, identify your organization's goals related to fall risk screening and prevention. Fill in the blanks.

»»» By (date), the team at (hospital) will implement (intervention) to improve (the problem) by (how much) to benefit (for whom).

Example AIM:

»»» By October 31, 2023, the falls improvement team will implement a new fall risk screening tool to be performed on all patients upon arrival at the ED to increase the department's fall screening rates by 20%.

Implement Changes with Leading Interventions and Best Practices

Beginner	Intermediate	Expert
Identify high risk or vulnerable populations to conduct a multifactorial assessment	Select Unit Based Champions for local accountability	Create action plan while sharing with peers on how to overcome barriers and achieve successes
Assess and mitigate unsafe environmental hazards	Determine data to be collected and select data collection and analysis tools	Establish fall injury prevention committee
Partner with Family Members in the Safety of their Loved One	Implement post-fall huddles: NCHA Facilitation Guide (Link) UNMC Tools (Link) Post Fall Audit Tool (Link)	Apply small tests of change to measure effectiveness and monitor over time

Seek Guidance

Not sure how to identify your organization's root cause? Need help getting started on implementing your selected intervention? Seeking feedback on your AIM statement?

Reach out to your HQIC clinical improvement consultant for assistance.

Additional Resources

- + [Enhancing Capacity: Reengineering Fall and Fall Injury Programs Slides](#) (PDF) and [Webinar recording](#) (Link)
- + Fall TIPS Program
 - o [Videos](#) (Link)
 - o [Patient Centered Prevention Toolkit](#) (Link)
- + [Center for Disease Control's \(CDC\) STEADI Program](#) (Link)
- + [Infographic: Opioids and Fall Risks in the Older Adult](#) (Link)
- + [Article: Special Committee on Aging United States Senate Falls Report](#) (Link)
- + [Factsheet: Facing the Facts About Falls in Hospitals](#) (Link)