Chronic Disease Management Driver Diagram
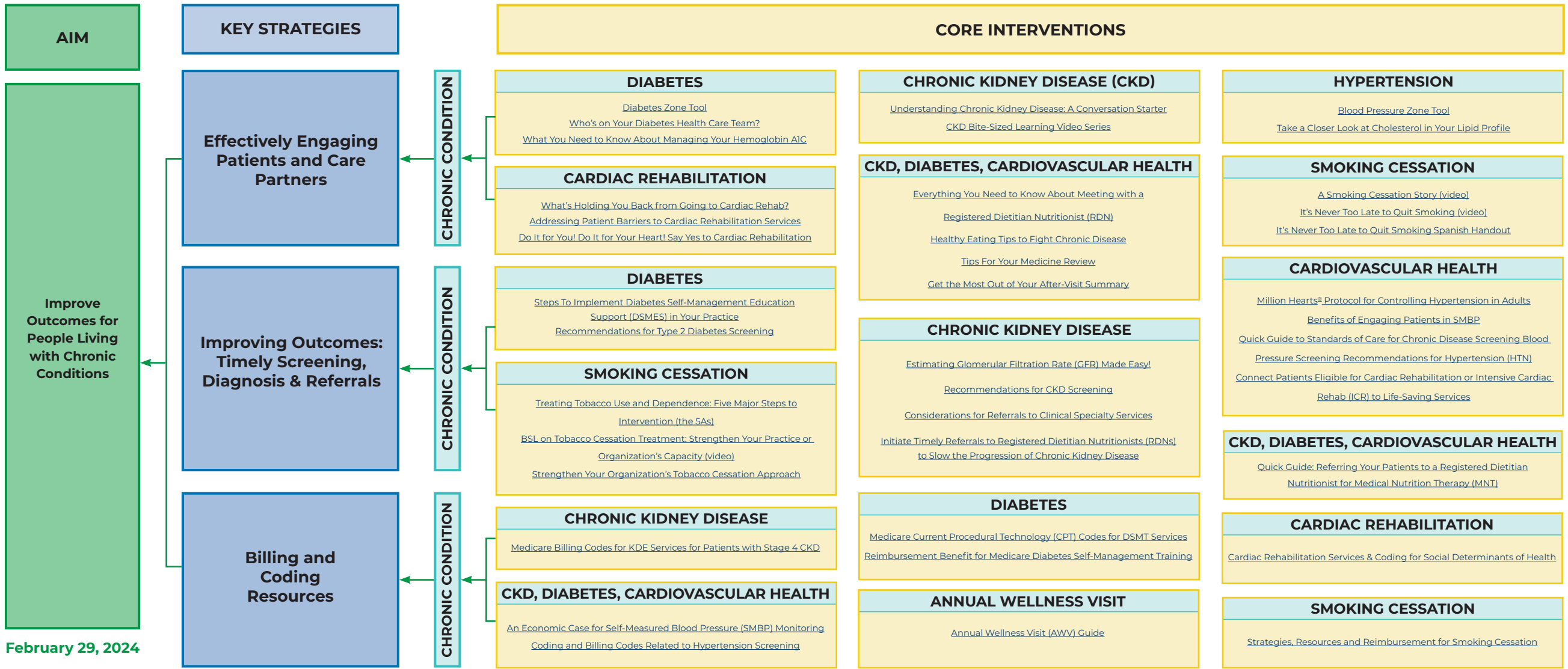## IMPROVING OUTCOMES FOR PEOPLE LIVING WITH CHRONIC CONDITIONS

CHRONIC DISEASE SELF-MANAGEMENT

AIM

Improve Outcomes for People Living with Chronic Conditions

February 29, 2024

KEY STRATEGIES

Effectively Engaging Patients and Care Partners

Improving Outcomes: Timely Screening, Diagnosis & Referrals

Billing and Coding Resources

CHRONIC CONDITION

CORE INTERVENTIONS

DIABETES
Diabetes Zone Tool
Who's on Your Diabetes Health Care Team?
What You Need to Know About Managing Your Hemoglobin A1C

CARDIAC REHABILITATION
What's Holding You Back from Going to Cardiac Rehab?
Addressing Patient Barriers to Cardiac Rehabilitation Services
Do It for You! Do It for Your Heart! Say Yes to Cardiac Rehabilitation

DIABETES
Steps To Implement Diabetes Self-Management Education Support (DSMES) in Your Practice
Recommendations for Type 2 Diabetes Screening

SMOKING CESSATION
Treating Tobacco Use and Dependence: Five Major Steps to Intervention (the 5As)
BSL on Tobacco Cessation Treatment: Strengthen Your Practice or Organization's Capacity (video)
Strengthen Your Organization's Tobacco Cessation Approach

CHRONIC KIDNEY DISEASE
Medicare Billing Codes for KDE Services for Patients with Stage 4 CKD

CKD, DIABETES, CARDIOVASCULAR HEALTH
An Economic Case for Self-Measured Blood Pressure (SMBP) Monitoring
Coding and Billing Codes Related to Hypertension Screening

CHRONIC KIDNEY DISEASE (CKD)
Understanding Chronic Kidney Disease: A Conversation Starter
CKD Bite-Sized Learning Video Series

CKD, DIABETES, CARDIOVASCULAR HEALTH
Everything You Need to Know About Meeting with a Registered Dietitian Nutritionist (RDN)
Healthy Eating Tips to Fight Chronic Disease
Tips For Your Medicine Review
Get the Most Out of Your After-Visit Summary

CHRONIC KIDNEY DISEASE
Estimating Glomerular Filtration Rate (GFR) Made Easy!
Recommendations for CKD Screening
Considerations for Referrals to Clinical Specialty Services
Initiate Timely Referrals to Registered Dietitian Nutritionists (RDNs) to Slow the Progression of Chronic Kidney Disease

DIABETES
Medicare Current Procedural Technology (CPT) Codes for DSMT Services
Reimbursement Benefit for Medicare Diabetes Self-Management Training

ANNUAL WELLNESS VISIT
Annual Wellness Visit (AWV) Guide

HYPERTENSION
Blood Pressure Zone Tool
Take a Closer Look at Cholesterol in Your Lipid Profile

SMOKING CESSATION
A Smoking Cessation Story (video)
It's Never Too Late to Quit Smoking (video)
It's Never Too Late to Quit Smoking Spanish Handout

CARDIOVASCULAR HEALTH
Million Hearts® Protocol for Controlling Hypertension in Adults
Benefits of Engaging Patients in SMBP
Quick Guide to Standards of Care for Chronic Disease Screening Blood Pressure Screening Recommendations for Hypertension (HTN)
Connect Patients Eligible for Cardiac Rehabilitation or Intensive Cardiac Rehab (ICR) to Life-Saving Services

CKD, DIABETES, CARDIOVASCULAR HEALTH
Quick Guide: Referring Your Patients to a Registered Dietitian Nutritionist for Medical Nutrition Therapy (MNT)

CARDIAC REHABILITATION
Cardiac Rehabilitation Services & Coding for Social Determinants of Health

SMOKING CESSATION
Strategies, Resources and Reimbursement for Smoking Cessation

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