

The Importance of Multi-disciplinary Collaboration to Prevent and Manage Urinary Tract Infections



Dr. Swati Gaur, MD, MBA, CMD, AGSF
Erica Umeakunne, MSN, MPH, APRN, CIC

April 17, 2024

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Swati Gaur, MD, MBA, CMD, AGSF

Medical Director of the Year 2022

ASSOCIATE CHIEF MEDICAL OFFICER, RAINMAKERS SOLUTIONS
MEDICAL DIRECTOR, ALLIANT HEALTH SOLUTIONS
SENIOR MEDICAL DIRECTOR, POST-ACUTE CARE,
NORTHEAST GEORGIA MEDICAL CENTER

- Past chair of an Infection Advisory Committee during the COVID-19 pandemic
- Created and issued guidance to a COVID-19 task force
- National and international speaker on infection prevention and control issues in nursing homes
- Board certified in internal medicine, geriatrics, and hospice and palliative medicine
- Masters in business administration from Georgia Institute of Technology



Erica Umeakunne, MSN, MPH, APRN, CIC

INFECTION PREVENTION SPECIALIST

Erica is an adult gerontology nurse practitioner and infection preventionist with experience in primary care, critical care, health care administration and public health.

She was previously the interim hospital epidemiology director for a large Atlanta health care system and a nurse consultant in the Centers for Disease Control and Prevention's (CDC) Division of Healthcare Quality Promotion. At the CDC, she served as an infection prevention and control (IPC) subject matter expert for domestic and international IPC initiatives and emergency responses, including Ebola outbreaks and, most recently, the COVID-19 pandemic.

Erica enjoys reading, traveling, family time and outdoor activities.

Erica.Umeakunne@allianthealth.org



Objectives

- Highlight the importance of multi-disciplinary collaboration between the infection preventionist (IP) and the medical director.
- Discuss the medical director's role in UTI quality improvement initiatives.
- Review protocols and procedures medical directors and IPs can implement to prevent and manage UTIs.
- Share resources to support nursing facility infection prevention and control programs.

IPC Program: Collaborative Roles of IP & MD



Infection
Preventionist

- Promote a culture of safety and impact the health of patients, workers, staff and community members
- Conduct surveillance using standardized methodologies for case identification, data collection, and reporting
- Prepare reports and presentations for committees
- Investigate outbreaks and implement IPC interventions
- Plan and conduct education programs
- Develop and review policies and procedures and monitor their use to support optimal staff compliance
- Ensure compliance with regulatory standards

Medical
Director

- Promote a culture of safety and impact the health of patients, workers, staff and community members
- Resident and clinical staff training and education
- Incorporating IPC into clinical routines
- Develop policies and protocols to support daily decision making
- Support IPC priorities, data collection, reporting
- Review HAI reports and trends
- Align IPC and antimicrobial stewardship with clinical practices
- Expert clinical and infectious disease consultation

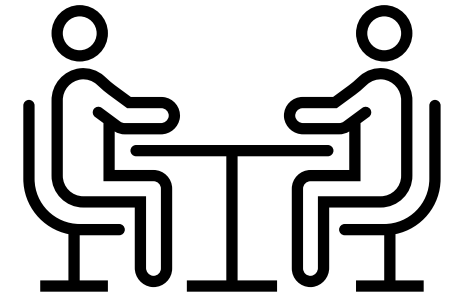
UTI Quality Improvement: Multi-Disciplinary Collaboration With Clinical Leadership

A strong Medical Director is essential to successful infection prevention and antimicrobial stewardship:

- Improves access to and relationships with doctors, nurse practitioners, and physician assistants to ensure appropriate antibiotic use, especially for UTIs
- Helps empower prescribers and team
- Facilitates ongoing communication
- Progresses your UTI-related quality initiatives

Tips for engaging medical directors and clinicians:

- Review case studies and perform GAP and root cause analyses on UTIs
- Make room for the MD and other clinicians at committee meetings
 - They offer invaluable perspectives
 - Clinician input critical for successful IPC interventions
 - “We need your help with...”



Case Study

Case Study

Mrs. A is an 80-year-old frail woman with dementia, adult failure to thrive, uncontrolled type II diabetes, nephropathy, and hypertension. She is a long-term care resident.

Over the last 3 days, the nurse reports resident is constantly pushing the call light for assistance to the bathroom, which is new complaint for Mrs. A. On further questioning, she does not report burning and discomfort when urinating. Vitals are WNL. No suprapubic pain or CVA tenderness noted.

What would you do?

- A. Start empiric antibiotics immediately
- B. Request a UA and reflex culture
- C. Start resident on active monitoring (surveillance) protocol

Case


What would you do?

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- B. Request a UA and reflex culture
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Infection Preventionist/Medical Director Collaboration

- Training and education related to urine culture stewardship, UTI s/s, and documentation and communication of UTIs for clinical and bedside staff
- Implement tool to facilitate timely change in condition communication
- Development of an active monitoring (surveillance) protocol

SBAR Communication Checklist: Suspected UTIs

 Communication Checklist: Signs and Symptoms Associated with Suspected Urinary Tract Infections (UTIs)	
<p>This tool can:</p> <ul style="list-style-type: none"> Provide a framework for change in condition communication when signs and symptoms of UTIs are identified. Prepare for change in communication conversations. Be modified to include facility specific prompts or UTI prevention strategies. 	
SBAR Prompts	Notes
Altered mental status: mental status is different than baseline	Baseline: Current signs/symptoms: Date or hour changes first identified:
Current vital signs	Temp: _____ Route: _____ Baseline Temp: _____ B/P: _____ Pulse: _____ RR: _____
Patient has documented goals of care related to antibiotic use	Yes <input type="checkbox"/> No <input type="checkbox"/> If yes, describe:
Patient has a diagnosis of advanced dementia and is unable to report or validate symptoms	Yes <input type="checkbox"/> No <input type="checkbox"/>
Observation of signs or symptoms of distress (e.g., agitation, new refusal of care or number of staff needed to provide care)	Briefly describe signs or symptoms: Frequency signs or symptoms are observed: Date or hour symptoms first observed:
Patient has started new medications within the past seven days	Yes <input type="checkbox"/> No <input type="checkbox"/> If yes, Name of Medication: _____ dose: _____ date started: _____ Name of Medication: _____ dose: _____ date started: _____ Name of Medication: _____ dose: _____ date started: _____
Change in eating or drinking patterns or level of assistance from the patient's norm (e.g., was eating independently with a set-up, but now requiring encouragement or spoon-feeding)	Briefly describe change:
Clinical signs/symptoms	Check all that apply: <input type="checkbox"/> Painful urination (dysuria) <input type="checkbox"/> Lower abdominal (suprapubic) pain or tenderness <input type="checkbox"/> Low back pain (costovertebral angle pain) or tenderness <input type="checkbox"/> Visible blood in urine <input type="checkbox"/> New or worsening urinary urgency, frequency or incontinence

Continued on next page

Patient has history of urinary symptoms and urinary tract infections	Yes <input type="checkbox"/> No <input type="checkbox"/> If yes, Date of most recent episode: _____ Number of episodes in last x months: _____ What did the prior culture grow? _____ What did the susceptibilities show? _____
Patient has history of MDROs	Yes <input type="checkbox"/> No <input type="checkbox"/> If yes, Date of most recent treatment: _____ Organism: _____
Patient is currently receiving dialysis	Yes <input type="checkbox"/> No <input type="checkbox"/> If yes, type: <input type="checkbox"/> Hemodialysis <input type="checkbox"/> Peritoneal Does the patient have any urine output? Yes <input type="checkbox"/> No <input type="checkbox"/>
Patient has an indwelling catheter? How often changed? Diagnoses? Due for change?	Yes <input type="checkbox"/> No <input type="checkbox"/> Diagnosis for indwelling catheter: _____ Date of most recent catheter change: _____
Request initiation of facility hydration protocol. (e.g., encourage _____ fluids x _____ HRS and monitor for a change. Send a urine specimen if change in baseline temp over 2.0 degrees or change in urine)	
Request order to send urine specimen via straight catheterization or clean catch	
If antibiotic ordered, request a review of antibiotic order when microbiology specimen results are ready (e.g., three days from order date)	



Resources:

AHRQ Suspected UTI SBAR Toolkit:
<https://www.ahrq.gov/nhguidetoolkits/determine-whether-to-treat/toolkit-suspected-uti-sbar.html>

Interact® 4.5 Symptoms of UTI Care Path:
<https://pathway-interact.com/tools/>

SBAR Tool: Guidelines + Worksheet:
http://forms.ihl.org/tools/sbar-toolkit?utm_referrer=http%3A%2F%2Fwww.ihl.org%2F

This material was prepared by Alliant Health Solutions, a Quality Innovation Network - Quality Improvement Organization (QIN - QIO) under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services (HHS). Views expressed in this material do not necessarily reflect the official views or policy of CMS or HHS, and any reference to a specific product or entity herein does not constitute endorsement of that product or entity by CMS or HHS. Publication No. 2509W-AMS. TOL-NH-973-10/06/21



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- Provides a framework for change in condition communication when signs/symptoms of UTI identified
- Helps nursing home staff and prescribing clinicians communicate about suspected UTIs and facilitates appropriate antibiotic prescribing
- [Agency for Healthcare Research & Quality \(AHRQ Toolkit\)](#) includes:
 - Suspected UTI SBAR form
 - A clinician letter
 - Not All "Infections" Need Antibiotics*
 - Urinalysis and UTIs: Improving Care

<https://quality.allianthealth.org/wp-content/uploads/2021/10/Communication-Checklist - Signs-and-Symptoms-Associated-with-Suspected-Urinary-Tract-Infections-UTIs.pdf>

Active Monitoring for UTI

- May be indicated for residents who do not meet clinical criteria for UTI (and do not have warning signs) but for whom clinical concern for UTI still exist
- Also known as “watchful waiting” or “careful observation”
 - Frequent monitoring of vital signs
 - Paying attention to hydration status (e.g., Recording fluid intake, stimulating fluid intake)
 - Repeated physical assessments by nursing home staff
- Supportive care, including hydration, offered in the meantime may resolve the clinical concerns and obviate the need for antibiotics
- Physician/NP/PA should be notified if signs and symptoms worsen or do not resolve, if new signs and symptoms arise, or if fluid intake is less than a certain predefined amount

Active Monitoring Protocol Example

- Obtain vital signs (BP, Pulse, Resp Rate, Temp, Pulse Ox) every ____ hours for ____ days.
- Record fluid intake each shift for ____ days.
- Notify physician if fluid intake is less than ____ cc daily.
- Offer resident ____ ounces of water / juice every ____ hours.
- Notify physician, NP, or PA if condition worsens, or if no improvement in ____ hours.
- Obtain the following blood work _____.
- Consult pharmacist to review medication regimen.
- Contact the physician, NP, PA with an update on the resident’s condition on _____.

Ashraf, M. S., Gaur, S., Bushen, O. Y., Chopra, T., Chung, P., Clifford, K., ... & Medicine, L. T. C. (2020). Diagnosis, treatment, and prevention of urinary tract infections in post-acute and long-term care settings: A consensus statement from AMDA's Infection Advisory Subcommittee. *Journal of the American Medical Directors Association*, 21(1), 12-24.

Sepsis Screening & Monitoring

ACT FAST!

Early detection of SEPSIS requires fast action

If resident has suspected infection AND two or more:

- Temperature >100°F or <96.8°F
- Pulse >100
- SBP <100 mmHg or >40 mmHg from baseline
- Respiratory rate >20/SpO2 <90%
- Altered mental status

Plan for:

- Review advance directive
- Contact the physician
- Contact the family

If transferring resident to hospital:


- Prepare transfer sheet
- Call ambulance
- Call in report to hospital
- Report positive sepsis screen

If resident stays in facility, consider options below that are in agreement with resident's advance directives:


- Labs: CBC w/diff, lactate level (if able)
- UA/UC, blood cultures, as able from 2 sites, not from lines
- Establish IV access for IV 0.9% @ 30ml/kg
- Administer IV, PO or IM antibiotics
- Monitor for worsening in spite of treatment, such as:
 - Urine output <400ml in 24 hours
 - SBP <90 despite IV fluids
 - Altered mental status
- Comfort care:
 - Pain control
 - Analgesic for fever
 - Reposition every 2-3 hrs
 - Oral care every 2 hrs
 - Offer fluids every 2 hrs
 - Keep family informed
 - Adjust care plan as needed
- Consider transferring to another level of care such as palliative care, hospice or hospital

Every hour a resident in septic shock doesn't receive antibiotics, the risk of death increases 7.6%


Call the doctor!



Is their temperature above 100?



Is their heart rate above 100?



Is their blood pressure below 100?

And does the resident just not look right? Tell the nurse, screen for sepsis and notify the physician immediately.





seeing sepsis



Is their temperature above 100?



Is their heart rate above 100?



Is their blood pressure below 100?

And does the resident just not look right? Tell the nurse, screen for sepsis and notify the physician immediately.

Case Study (continued)

Active monitoring (surveillance) protocol was initiated, and Mrs. A subsequently developed a fever (101.5 F) and suprapubic discomfort within 24 hours. UA was positive and reflex culture was performed, which indicated pan-sensitive *E. coli*.

What should we do now?

- A. Start antibiotics according to the facility UTI treatment protocol
- B. Request another UA and reflex culture to ensure UTI diagnosis
- C. Restart resident on active monitoring (surveillance) protocol

Case Study (continued)

Active monitoring (surveillance) protocol was initiated, and Mrs. A subsequently developed a fever (101.5 F) and suprapubic discomfort within 24 hours. UA was positive and reflex culture was performed, which indicated pan-sensitive *E. coli*.

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Suspected Urinary Tract Infection (UTI) in Long-Term Care Residents	
Signs & Symptoms of a UTI	
<p>For Residents Without a Urinary Catheter</p> <ul style="list-style-type: none"><input type="checkbox"/> Dysuria <p>OR</p> <ul style="list-style-type: none"><input type="checkbox"/> Fever (>100°F or >2°F above baseline) <p>AND at least one of the following symptoms that is new or worsening:</p> <ul style="list-style-type: none"><input type="checkbox"/> Urgency<input type="checkbox"/> Frequency<input type="checkbox"/> Suprapubic pain<input type="checkbox"/> Gross hematuria<input type="checkbox"/> Costovertebral angle tenderness<input type="checkbox"/> Urinary incontinence	<p>For Residents With a Urinary Catheter or if Nonverbal</p> <p>One or more of the following without another recognized cause:</p> <ul style="list-style-type: none"><input type="checkbox"/> Fever (>100°F or a 2°F increase from baseline)<input type="checkbox"/> New costovertebral angle tenderness<input type="checkbox"/> Rigors<input type="checkbox"/> New-onset delirium* <p><i>*If adequate workup for other causes of delirium has been performed and no other cause for delirium is identified</i></p>
<ul style="list-style-type: none"><input type="checkbox"/> Send a urinalysis (UA) & urine culture (UCx)<input type="checkbox"/> Increase hydration<input type="checkbox"/> Start antibiotics before UA and UCx results, if resident appears ill<input type="checkbox"/> If UA & UCx are positive and the resident has ongoing UTI symptoms, modify antibiotics or start antibiotics (if not receiving active antibiotics)	

Loeb Minimum Criteria Checklist

Suspected Infection Syndrome	Minimum Criteria for Starting Antibiotic Therapy
Urinary tract infection <i>without catheter</i>	Either one of the following criteria <ul style="list-style-type: none"> <input type="checkbox"/> Acute dysuria, OR <input type="checkbox"/> Temp >37.9 °C (100 °F) or 1.5 °C (2.4 °F) above baseline, AND ≥1 of the following new or worsening symptoms <ul style="list-style-type: none"> <input type="checkbox"/> Urgency <input type="checkbox"/> Frequency <input type="checkbox"/> Suprapubic pain <input type="checkbox"/> Gross hematuria <input type="checkbox"/> Urinary incontinence <input type="checkbox"/> Costovertebral angle tenderness
<i>with catheter</i>	At least one of the following criteria <ul style="list-style-type: none"> <input type="checkbox"/> Rigors <input type="checkbox"/> Temp >37.9 °C (100 °F) or 1.5 °C (2.4 °F) above baseline <input type="checkbox"/> New onset delirium <input type="checkbox"/> New costovertebral angle tenderness
<p>Note: Residents with intermittent catheterization or condom catheter should be categorized as 'without catheter'</p> <p>Urine culture should be sent prior to starting antibiotics</p> <p>Antibiotics should not be started for cloudy or foul smelling urine</p>	

<https://www.health.state.mn.us/diseases/antibioticresistance/hcp/lcabcxcard.pdf>

<https://asap.nebraskamed.com/wp-content/uploads/sites/3/2017/07/Loeb-minimum-criteria-for-initiating-antibiotic-therapy-checklist.docx>

Case Study (continued)

Active monitoring (surveillance) protocol was initiated, and Mrs. A subsequently developed suprapubic discomfort within 24 hours. UA was positive and reflex culture was performed, which indicated pan-sensitive *E. coli*. Mrs. A was successfully treated with 5 days of nitrofurantoin per protocol.

After a retrospective chart review, the IP shared with the MD that the resident had 2 similar episodes of burning and discomfort in last months 8 months. One month later, Mrs. A now complains of the same symptoms of burning and discomfort. The nurse notified the medical director, and active monitoring protocol initiated. However, her symptoms did not improve. A urinalysis was ordered and is negative. **What should we do now?**

- A. Restart antibiotics
- B. Start local estrogen cream
- C. Refer to urology
- D. Obtain an abdominal X-ray

Case Study (continued)

Active monitoring (surveillance) protocol was initiated, and Mrs. A subsequently developed suprapubic discomfort within 24 hours. UA was positive and reflex culture were performed, which indicated pan-sensitive *E. coli*. Mrs. A was successfully treated with 5 days of nitrofurantoin per protocol.

After a retrospective chart review, the IP shared with the MD that the resident had 2 similar episodes of **burning and discomfort** in last months 8 months. One month later, Mrs. A now complains of the same symptoms of **burning and discomfort**. The nurse notified the medical director, and active monitoring protocol initiated. However, her symptoms did not improve. A urinalysis was ordered and is **negative**. What should we do now?

- A. Restart antibiotics
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Suspected Urinary Tract Infection (UTI) in Long-Term Care Residents

Signs & Symptoms of a UTI

For Residents Without a Urinary Catheter	For Residents With a Urinary Catheter or if Nonverbal
<ul style="list-style-type: none"><input type="checkbox"/> Dysuria <p>OR</p> <ul style="list-style-type: none"><input type="checkbox"/> Fever (>100°F or >2°F above baseline) <p>AND at least one of the following symptoms that is new or worsening:</p> <ul style="list-style-type: none"><input type="checkbox"/> Urgency<input type="checkbox"/> Frequency<input type="checkbox"/> Suprapubic pain<input type="checkbox"/> Gross hematuria<input type="checkbox"/> Costovertebral angle tenderness<input type="checkbox"/> Urinary incontinence	<p>One or more of the following without another recognized cause:</p> <ul style="list-style-type: none"><input type="checkbox"/> Fever (>100°F or a 2°F increase from baseline)<input type="checkbox"/> New costovertebral angle tenderness<input type="checkbox"/> Rigors<input type="checkbox"/> New-onset delirium* <p><i>*If adequate workup for other causes of delirium has been performed and no other cause for delirium is identified</i></p>

- Send a urinalysis (UA) & urine culture (UCx)
- Increase hydration
- Start antibiotics before UA and UCx results, if resident appears ill
- If UA & UCx are positive and the resident has ongoing UTI symptoms, modify antibiotics or start antibiotics (if not receiving active antibiotics)

Case Study (continued)

After review of UTI surveillance data, the IP shared with the MD that the resident had 2 similar episodes of **burning and discomfort** in last months 8 months. One month later, Mrs. A now complains of the same symptoms of **burning and discomfort. The nurse notified the medical director, and active monitoring protocol initiated. However, her symptoms did not improve. A urinalysis was ordered and is negative.** What should we do now?

- A. Restart antibiotics
- B. Start local estrogen cream**
- C. Refer to urology
- D. Obtain an abdominal X-ray

Infection Preventionist Role	Medical Director Role
<ul style="list-style-type: none">• Discuss HAI Surveillance Data with MD• Identify trends in UTI cases or facility-wide data• Ensure documentation aligns with rationale for UA order (urine culture stewardship) (i.e., dysuria vs. vaginal burning/itching)• Educate staff about the relationship between atrophic vaginitis and recurrent UTI risk	<ul style="list-style-type: none">• Review HAI surveillance data with IP• Review clinical documentation to ensure orders align with urine culture stewardship• Treat the resident for atrophic vaginitis, which is known reduce vaginal irritation, discomfort, incontinence, and UTI risk in post-menopausal women

GU Tract

Acute Uncomplicated Cystitis in Women (with presence of symptoms)

Cephalexin 500 mg PO BID x 7 days

OR

Nitrofurantoin ER (Macrobid) 100 mg PO BID x 5 days

OR

Sulfamethoxazole/Trimethoprim DS (800/160 mg) 1 tab PO BID x 7 days

Acute Complicated UTI/Pyelonephritis/Catheter-associated UTI/Prostatitis

(Prostatitis-Consider longer duration of therapy)

Ceftriaxone 1 gm IV every 24 hours x 10 days

OR

IF life-threatening penicillin allergy

Ciprofloxacin 500 mg PO q 12h x 10 days

OR

IF life-threatening penicillin allergy

Sulfamethoxazole/Trimethoprim DS (800/160 mg) 1 tab PO BID x 10 days

OR

IF history of resistant organisms in past 6 months

Ertapenem 1 gm IM every 24 hours x 10 days

Drug expertise: Pharmacist Collaboration

Infection Preventionist Role

- Ensure access to antibiogram
- Urine culture stewardship
- Antimicrobial stewardship: Inquire about antibiotic use, duration, and indication if not appropriately documented; share related HAI surveillance data
- HAI Surveillance data: UTI rates, *C. diff* infections, Multidrug-resistant organism (MDRO) infections, etc.
- Educate nursing staff to ensure antibiotic use documented appropriately (dose, duration, and indication)

Medical Director Role

- Review facility antibiogram
- Consult with pharmacist to develop facility-specific UTI treatment recommendations
- Require documentation of dose, duration, and indication for all antibiotic prescriptions
- Routinely review antibiotic therapies for appropriateness of administration and/or indication
- Urine culture stewardship

Collaborative Action: Make a Toolbox

Date/Time _____

Nursing Home Name _____

Resident Name _____ Date of Birth _____

Physician/NP/PA _____ Phone _____

_____ Fax _____

Nurse _____ Facility Phone _____

Submitted by Phone Fax In Person Other _____

S Situation

I am contacting you about a suspected UTI for the above resident.

Vital Signs BP _____ / _____ HR _____ Resp. rate _____ Temp. _____

B Background

Active diagnoses or other symptoms (especially, bladder, kidney/genitourinary conditions)

Specify _____

No Yes The resident has an indwelling catheter

No Yes Patient is on dialysis

No Yes The resident is incontinent. If yes, new/worsening? No Yes

No Yes Advance directives for limiting treatment related to antibiotics and/or hospitalizations

Specify _____

No Yes Medication Allergies

Specify _____

No Yes The resident is on Warfarin (Coumadin®)

Acute Uncomplicated Cystitis in Women (with pain)

Cephalexin 500 mg PO BID x 7 d

OR

Nitrofurantoin ER (Macrobid) 100 mg PO BID x 5 d

OR

Sulfamethoxazole/Trimethoprim DS (800/160 mg) 1 tablet PO BID x 10 d

Acute Complicated UTI/Pyelonephritis/Catheter-associated UTI (Prostatitis-Consider longer duration of treatment)

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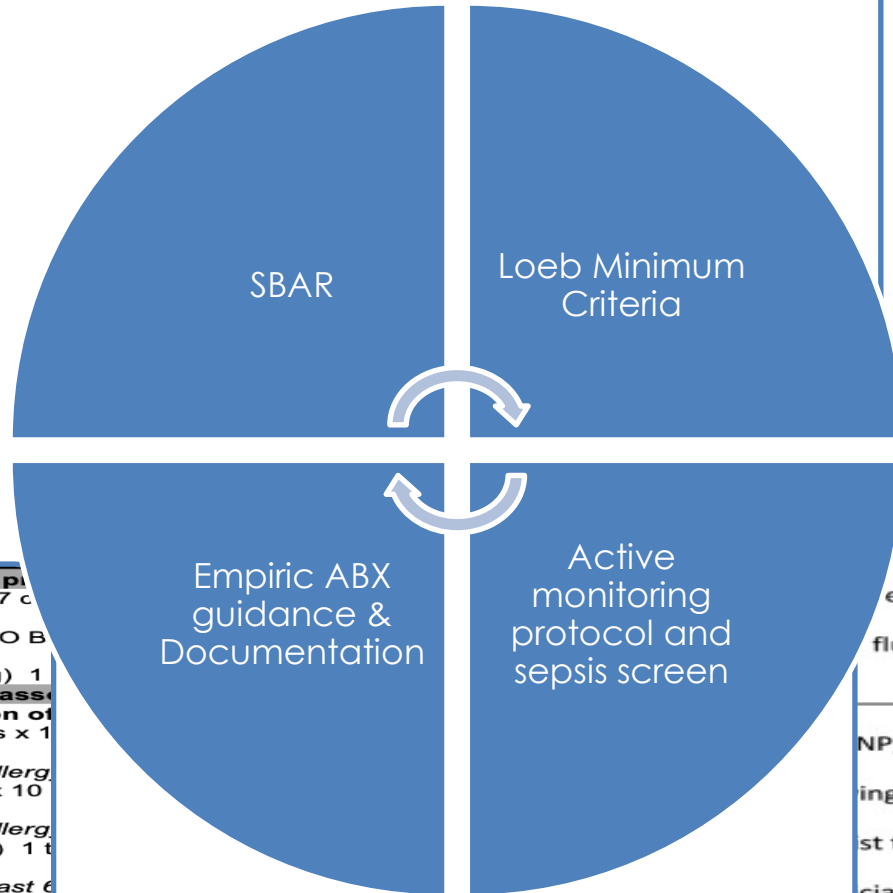
IF life-threatening penicillin allergy

Sulfamethoxazole/Trimethoprim DS (800/160 mg) 1 tablet PO BID x 10 d

OR

IF history of resistant organisms in past 6 months

Ertapenem 1 gm IM every 24 hours x 10 d



Minimum Criteria for Initiation of Antibiotics in Long-Term Care Residents

Suspected Urinary Tract Infection

NO indwelling catheter:

- Acute dysuria
- or
- Fever (>37.9°C [100°F] or a 1.5°C [2.4°F] increase above baseline temperature) **and at least one** of the following:
 - Urgency
 - Frequency
 - Suprapubic pain
 - Gross hematuria
 - Costovertebral angle tenderness
 - Urinary incontinence

WITH indwelling catheter (Foley or suprapubic):

- At least one** of the following:
 - Fever (>37.9°C [100°F] or a 1.5°C [2.4°F] increase above baseline temperature)
 - New costovertebral tenderness
 - Rigors
 - New onset of delirium

..., Pulse, Resp Rate, Temp, Pulse Ox) every _____ h

each shift for _____ days.

fluid intake is less than _____ cc daily.

_____ ounces of water / juice every _____ hours.

NP, or PA if condition worsens, or if no improvement in

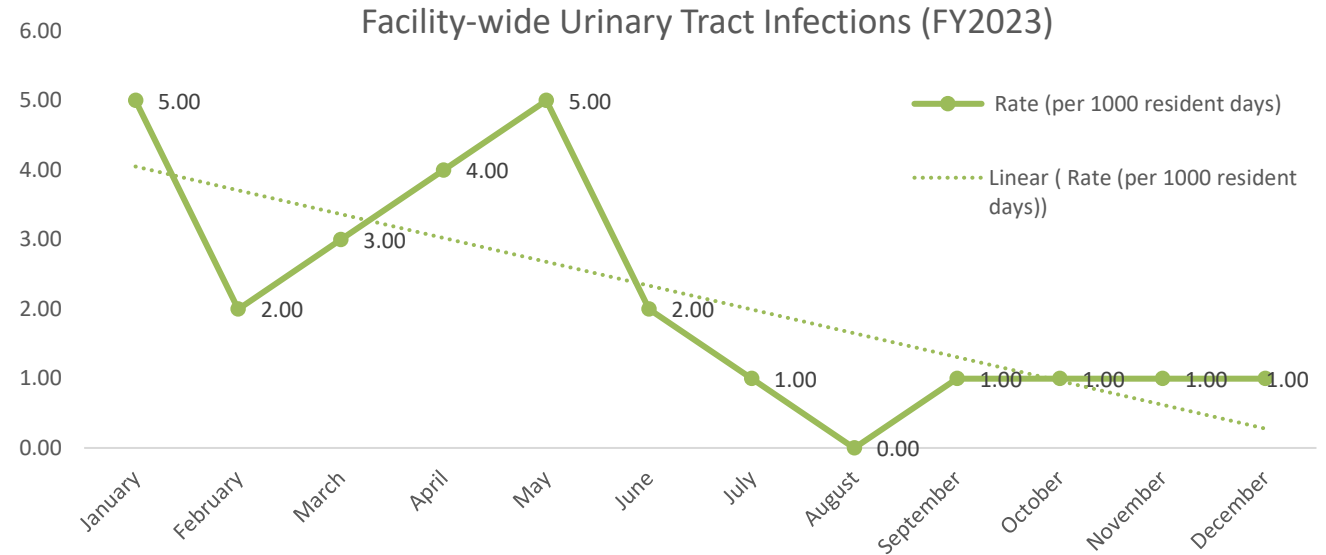
ing blood work _____

st to review medication regimen.

cian, NP, PA with an update on the resident's condition.

Track and Report

- **Infection Prevention and Control Committee meeting**
 - HAI surveillance Data
 - UTI rates
 - Indwelling urinary catheter utilization rates
 - MDROs rates
 - *C. diff* rates
- **Antimicrobial stewardship meeting**
 - Clinical pharmacist
 - Number of ABX starts
 - Number started inhouse
 - Average days of ABX
 - Number that met criteria
- **Quality Assurance Performance Improvement (QAPI) meeting**



Example of Individualized Feedback

<u>Metric</u>	<u>Facility</u>	<u>Dr. A</u>
Antibiotic prescription with dose, duration & indication	27 of 42 (64%)	8 of 8 (100%)
Urine culture ordered for <u>residents</u> indication of UTI	16 of 20 (80%)	2 of 4 (50%)

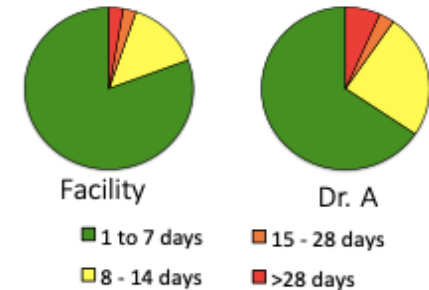
Reviewed and discussed:

- Antibiotic Use Protocols
- Antibiotic Stewardship Policy
- Antibiotic Use

Dr. A,
Sign and Date: _____

Medical Director,
Sign and Date: _____

Length of Therapy



Education

Clinicians

- UTI signs/symptoms
- Sepsis signs/symptoms
- SBAR communication
- Antibiotic prescribing/stewardship best practices
- Clinical interventions to prevent UTIs
- IPC strategies to prevent UTIs (e.g., hand hygiene, pericare, cath management, cleaning and disinfection, etc.)

Nursing Staff

- UTI signs/symptoms
- Sepsis signs/symptoms
- SBAR communication
- Antibiotic documentation
- IPC strategies to prevent UTIs (e.g., hand hygiene, pericare, cath management, cleaning and disinfection, etc.)

Resident & Families

- UTI signs/symptoms
- Appropriateness of antibiotics
- Sepsis signs/symptoms
- IPC practices (e.g., hand hygiene)

Case Study Review

Mrs. A is an 80-year-old frail woman with dementia, adult failure to thrive, uncontrolled type II diabetes, nephropathy, hypertension. She is a long-term care resident.

Over the last 3 days, **the nurse reports resident is constantly pushing the call light for assistance to the bathroom, which is new compliant for Mrs. A.** On further questioning, she does not report burning and discomfort when urinating. Vitals are WNL. No suprapubic pain or CVA tenderness noted.

Active monitoring (surveillance) protocol was initiated, and Mrs. A subsequently developed a **fever and suprapubic discomfort** within 24 hours. **UA was positive and reflex culture** were performed, which indicated pan-sensitive *E. coli*. Mrs. A was successfully **treated with 5 days of nitrofurantoin per protocol.**

After review **of UTI surveillance data**, the **IP shared with the MD** that the **resident had 2 similar episodes of burning and discomfort in last months 8 months.** One month later, Mrs. A now complains of the same symptoms of burning and discomfort. The nurse notified the medical director, and active monitoring protocol initiated. However, her symptoms did not improve. **A urinalysis was ordered and is negative.** She was **treated for atrophic vaginitis, and her symptoms improved.**



- SBAR communication



- Active monitoring protocol
- Appropriate urine culture stewardship (testing when UTI s/s present)
- Antibiotic initiated per protocol and facility antibiogram
- UTI and antibiotic documentation appropriate



- IP HAI surveillance review and attribution (using Revised McGeer Criteria)
- Clinical treatment initiated based on reported data and assessment
- Opportunity to improve assessment and documentation to support urine cx stewardship

Revised McGeer Criteria (Stone)

Used For Surveillance

(A) Clinical (Must satisfy one of the following scenarios)

1. Either of the following:
 - Acute dysuria or
 - Acute pain, swelling or tenderness of testes, epididymis or prostate
2. If either FEVER or LEUKOCYTOSIS present need to include ONE or more of the following:
 - Acute costovertebral angle pain or tenderness
 - Suprapubic pain
 - Gross hematuria
 - New or marked increase in incontinence
 - New or marked increase in urgency
 - New or marked increase frequency
3. If neither FEVER or LEUKOCYTOSIS present INCLUDE TWO or more of the ABOVE (Box #2).



(B) lab (at least one of the following must be met)

1. Voided specimen: positive urine culture ($> 10^5$ cfu/ml) no more than 2 organisms
2. Straight catheter specimen: positive urine culture ($> 10^2$ cfu/ml) any number of organisms

Loeb Minimum Criteria

Used For Clinical Decision

(A) Clinical (Must satisfy one of the following scenarios)

1. Acute dysuria
2. FEVER (Temp >37.9 °C (100 °F) or 1.5 °C (2.4 °F) above baseline) plus ONE or more of the following:
 - New or worsening urgency
 - New or worsening frequency
 - Suprapubic pain
 - Gross hematuria
 - Costovertebral angle tenderness
 - Urinary incontinence

Stone N. Infect Control Hosp Epidemiol. 2012;33(10):965-77

Loeb M. Infect Control Hosp Epidemiol. 2001;22(2):120-4.

[Approaches to Prevent & Manage UTIS in Nursing Facilities: Antimicrobial Stewardship Webinar](#)

Thank You for Your Time!

Contact the AHS Patient Safety Team

patientsafety@allianthealth.org

<https://quality.allianthealth.org/topic/infection-control/>



Amy Ward, MS, BSN, RN, CIC
Patient Safety Manager
Amy.Ward@AlliantHealth.org
678.527.3653



Paula St. Hill, MPH, A-IPC
Technical Advisor, Infection Prevention
Paula.StHill@AlliantHealth.org
678.527.3619



Donald Chitanda, MPH, CIC
Technical Advisor, Infection Prevention
Donald.Chitanda@AlliantHealth.org
678.527.3651



Erica Umeakunne, MSN, MPH, APRN, CIC
Infection Prevention Specialist
Erica.Umeakunne@AlliantHealth.org



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Publication No. 12SOW-AHS-QIN-QIO-TO1-NH--5602-04/15/24

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