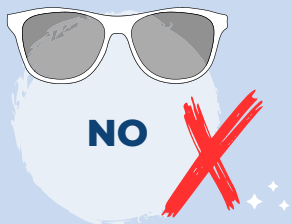
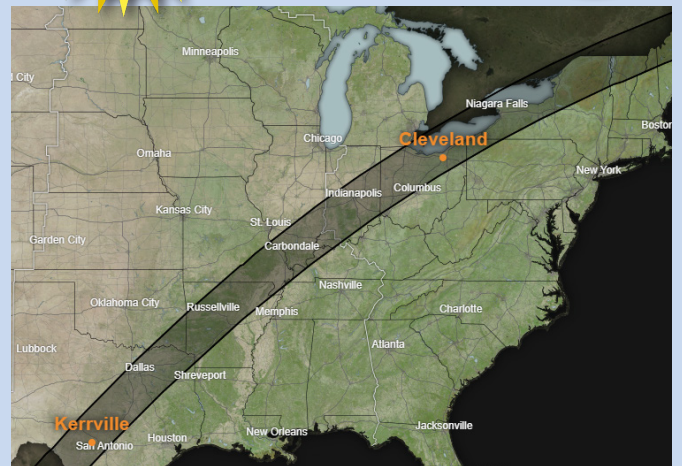
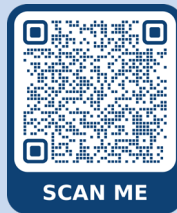


# ALERT: Total Solar Eclipse - Resources and Education for Older Adults

## What's Happening:

On Monday, April 8, 2024, a total solar eclipse will cross North America. A total solar eclipse happens when the Moon passes between the Sun and Earth, causing the sky to darken as if it were dawn or dusk. Visit the NASA website, or scan the QR code, to see if your area is in the path of the eclipse. Follow these safety tips when viewing the eclipse to stay safe. Be sure to share these tips with your family and friends

[https://bit.ly/2024TotalEclipse\\_Where\\_When](https://bit.ly/2024TotalEclipse_Where_When)



## Eye Safety:

Sunglasses will not protect your eyes while viewing an eclipse. Use only safe solar viewers that comply with the International Organization for Standardization (ISO) 12312-2 internal standard. Watch out for scams. Talk to your doctor before the eclipse if you have any eye conditions.

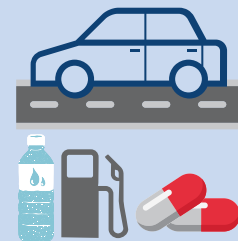


## Skin Safety:

If you plan to be outside, remember to wear sunscreen, a hat, and protective clothing, even if it's cloudy. This is especially important if you are taking medication that makes your skin more sensitive to the sun.

## Travel Safety:

Check the news for the latest travel information in your area. Before traveling, plan ahead by bringing extra food, water, medication and gas. Due to the expected increase in traffic, you may want to avoid the roadways during the eclipse.



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