

HAND HYGIENE  
for the  
**HOLIDAYS**



## Spread Holiday Cheer This Season, Not Germs



**Hand  
Hygiene**



**Correct  
PPE Use**



**Cover Your  
Cough**



**Infection  
Prevention**

**Practicing good infection prevention  
can keep you and your residents healthy  
during the holiday season.**

To **learn more** about good hand hygiene practices,  
visit the [CDC website](https://www.cdc.gov) and [quality.allianthealth.org](https://www.quality.allianthealth.org).