# HQIC Community of Practice Call

Rural Governance: Activating Your Hospital Board as Partners in Improving Outcomes

October 12, 2023





## Introduction



Welcome!

# Shaterra Smith Social Science Research Analyst Division of Quality Improvement Innovation Models Testing iQuality Improvement and Innovations Group Center for Clinical Standards and Quality Centers for Medicare & Medicaid Services





## Agenda

- Introduction
- Today's topic: Rural Governance: Activating Your Hospital Board as Partners in Improving Outcomes
- Presenters:
  - Cynosure Health
    - Kim Werkmeister, Senior Vice President
  - Coryell Health
    - Lauren Shelton, Chief Quality Officer
- Open discussion
- Closing remarks



## As You Listen, Ponder...

- What impactful actions can you take as a result of the information shared today?
- How are you able to increase engagement within your facilities to ensure a true change in patient safety?
- Based on what you heard today, what activities do you currently have underway that can leverage immediate action over the next 30, 60 or 90 days?





# Meet Your Speakers



Kim Werkmeister, MS, RN, CPHQ, CPPS Senior Vice President Cynosure Health



Lauren Shelton, MSN, RN

Chief Quality Officer

Coryell Health



# Convergence HQIC

# Activating Rural Hospital Boards in Quality and Patient Safety



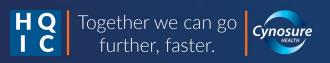
HQ Together we can go further, faster.





# The Role of the Governing Board in All Hospitals





# Differences Between Governing Boards in Rural vs Urban Settings







# Differences Between Governing Boards in Rural vs Urban Settings

#### Who Serves on the Board?

#### Rural

Local business owners

Local residents

More likely than not to have a finance
background or focus\*

Likely to have personal connections to the
patient population served by the hospital

#### **Urban**

Relatively "local" business owners

May not be a local resident

More likely than not to have a finance
background or focus\*

Not likely to have as many personal
connections to the patient population served
by the hospital

\* About 1 in 7 hospital board members works in healthcare (chiefhealthcareexecutive.com)

Healthcare News of Note: Most board members of the nation's top hospitals work in finance or business | HFMA



# Differences Between Governing Boards in Rural vs Urban Settings

#### Goals for the Board?

Rural Urban

Ensuring the hospital is well-run and provides the best care possible

Ensuring the hospital is well-run and provides the best care possible

# **Board Responsibilities**

- 1. Selecting, working with, and evaluating the CEO
- 2. Mission, Vision, and Values Champions
- 3. Approving strategies and annual budget necessary for the organization to implement the mission
- 4. Ensure Quality and Safety of Care
- 5. Monitoring results for compliance to goals, laws, and regulations



# **Board Responsibilities**

- 1. Adequately monitor the delivery of care and services so activities that could create risk or harm are easily identifiable
- 2. Easily identify opportunities to drive improvement into existing systems and activities
- 3. Assure effective linkages between different activities in an organization are designed to protect patients from harm and assure compliance with current standards of care
- 4. Assure that changes for improvement remain in place over time



# Vision of Effective Board Governance of Health System Quality



I understand the domains of and key concepts underlying quality care. I understand the process to assess, prioritize, and improve care. Our board culture demonstrates a commitment to delivering quality for all patients.

Daley Ullem E, Gandhi TK, Mate K, Whittington J, Renton M, Huebner J. Framework for Effective Board Governance of Health System Quality. IHI White Paper. Boston, Massachusetts: Institute for Healthcare Improvement; 2018. (Available on ihi.org)





# Framework for Governance of Health System Quality

#### Core Knowledge Areas

Core Quality Knowledge

Core Improvement System Knowledge

Board Culture and Commitment to Quality

#### Core Board Processes

Governance of Quality Assessment

- Key processes to oversee all dimensions of quality
- Assessment of progress over time

#### Vision of Effective Board Governance of Quality

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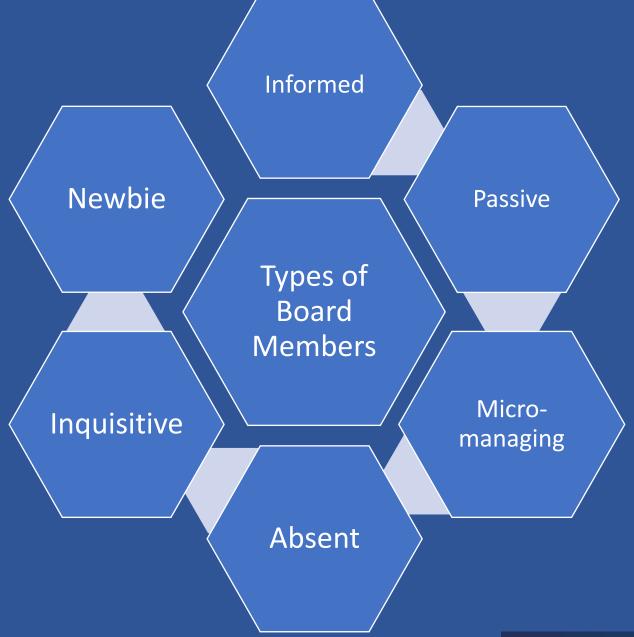
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# What Can You Do To Help Your Board Effectively Govern?

- Provide education
- Provide actionable information
- Provide an opportunity for constructive self reflection



# What Education Is Needed To Help Your Board Effectively Govern?

- Responsibility for Governance
- Quality and Patient Safety Principles
- Operational, Accreditation, Licensing Requirements
- Healthcare Finance Principles

# How Can Information Be Shared To Help Your Board Effectively Govern?

- Benchmark information
- Relate it to other organizations
- Keep information short and smart
- Leverage technology

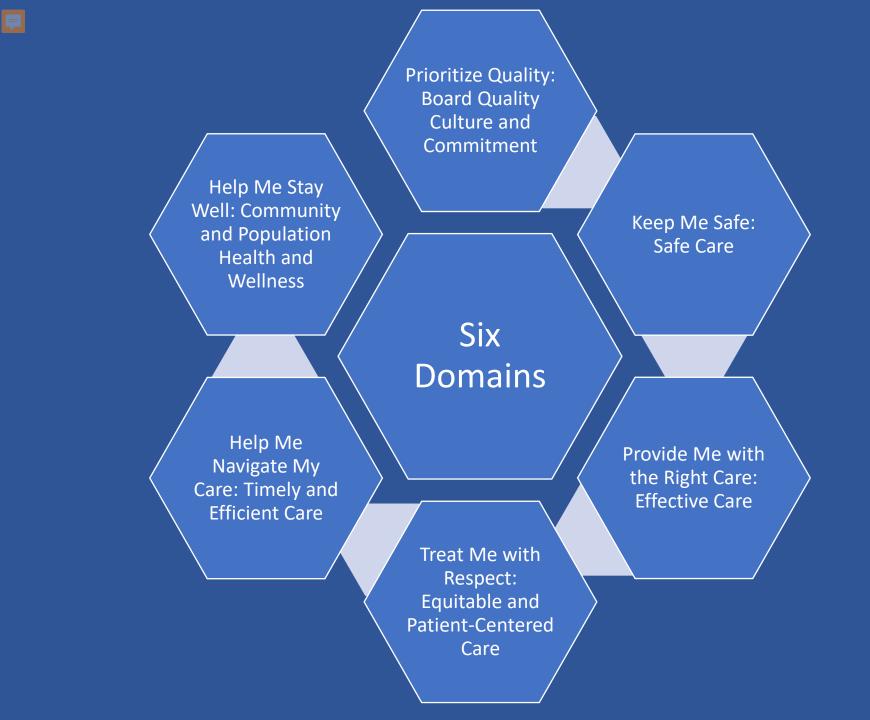


# How Can We Provide An Opportunity for Constructive Self-Reflection?



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# Thank You!

Kim Werkmeister **Convergence HQIC** kwerkmeister@cynosurehealth.org



HQ Together we can go further, faster.



# Rural Governance at Coryell Health

Lauren Shelton MSN, RN
Chief Quality Officer-Coryell Health





# **Coryell Health**

Coryell Health is a critical access hospital in Gatesville, Texas that has 25 licensed beds. It is a community-owned healthcare organization that was established in 1942 and has continued to grow. Coryell Health is committed to patient-focused care with the latest medical technology, while providing a place of healing and comfort for our patients, their families and the communities we serve.







# **Coryell Health Services**



Services include our Level IV Trauma Center emergency room with primary and specialty care providers, an advanced wound care center, a state-of-the-art outpatient rehabilitation center, a skilled nursing facility with long-term care and inpatient rehabilitation, and assisted living and independent living apartments. Coryell Dialysis is also conveniently located on our Coryell Health campus.



 Our Governing Board is composed of members that hold various offices and conduct a variety of business in our local community. They include attorneys, bankers, farmers, business owners and physicians.



- Each of our board members is an active community participant that has vested interest in ensuring that we are providing quality care.
- Our Governing Board meets monthly with designated administrative staff
   and external guests.



 Our Board of Directors remains active in all aspects of our daily operations. Our administrative staff provide progress updates, request review of programs, and initiate collaboration and oversight regarding proposed, new and ongoing projects.

- Operations
  - Finance
  - Staffing
- Recruiting
- Community Initiatives
  - Internal Initiatives
  - Patient Experience
- Employee Experience
  - Accreditation



Reports are provided by the following committees:

- Medical Staff Executive Committee
- Surgical Committee
- Special Care Committee
- Quality Improvement Committee
- Infection Prevention
   Committee

- Safety Committee (Employee Health)
- EMS Committee
- Home Health Committee
- ACO Steering Committee



- Each administrator provides updates for their department that may include the following components:
  - Current quality metrics as compared to industry standards
  - Initiatives being implemented to maintain quality
  - Internal and external challenges

- Proposed changes
- Staffing
- Community initiatives
- Equipment needs/Financial requests





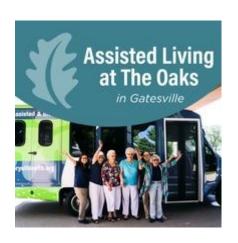




## **Unique Attributes:**

- Our Board of Directors are unique in that they all receive services from Coryell Health.
- Their family members age through our comprehensive system.
- Former board members have aged through our system themselves.
- They are aware of service gaps that are opportunities for growth.
- They have community ties and can help initiate external collaboration to improve services and resources.





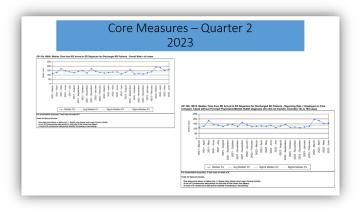


## **Quality Improvement Collaboration**

Our Board of Directors review and collaborate on a variety of quality initiatives.

- > Patient Care Quality
  - Reversal Agent Use
  - Surgical infection
  - CAUTI/CLABSI
  - Health Equity
- > Environment of Care
  - Work-place injury
  - Work-place violence
  - Staff Competence
- Health Quality Measures
- > Patient Experience (HCAHPS)
- Non-Core / Core Measures

SAFETY			MRSA			PRESSURE ULCERS					
Pt Days	falls with injury (mino r+)		Pt Days	MRSA HAI cases		# DC'd, ≥18 yrs	Stage 3+ ulcer s Hosp acq		admi t 18 or older	Stage 2* ulcer hosp acq	
290	0	0.00%	290	0	0.00%	77	0	0.00%	75	0	0.00%
221	1	0.45%	221	0	0.00%	59	0	0.00%	61	1	1.64%
200	0	0.00%	200	0	0.00%	66	0	0.00%	64	0	0.00%
218	0	0.00%	218	0	0.00%	62	0	0.00%	71	1	1.41%
141	0	0.00%	141	0	0.00%	60	0	0.00%	51	0	0.00%
215	1	0.47%	215	0	0.00%	72	0	0.00%	67	0	0.00%





### **COVID-19 Pandemic**

- Coryell Health recognized that a vaccination hub was needed in our rural community and surrounding communities.
- We conducted multiple vaccine clinics throughout the community and in surrounding rural communities.
- A drive-thru vaccine clinic was established on-site and was available during business hours and during set weekends and evenings.
- Over 50,000 vaccines have been administered to our rural communities.

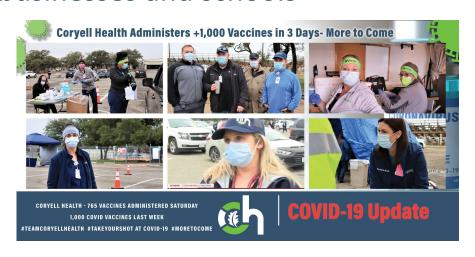




#### **COVID-19 Pandemic**

- Our Board of Directors were actively involved in the development of this community initiative through:
  - Community resources
  - Approval of urgent staffing needs
  - Financial support for equipment needs
  - Collaboration with local businesses and schools
  - Staff support







## Facility Growth / Service-Line Growth

 Our Board of Directors is proactive in the growth of our facility through improved service-lines, state of the art facilities, and evidence-based medicine.



- Advanced Wound Center
- Allergy and Asthma
- Cardiac Rehab
- Ear, Nose & Throat
- Cardiopulmonary
- Diagnostic Imaging
- Hepatology
- General Surgery

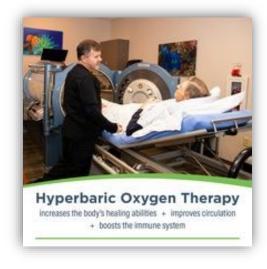




## Facility Growth / Service-Line Growth

- Bariatrics
- Home Health
- EmergencyMedical Services
- Hospital
- Infusion Center
- Laboratory
- Nephrology
- Gynecology
- Orthopedics

- PainManagement
- Physical Therapy
- Podiatry
- Primary Care
- Pulmonary Rehab
- Sleep Lab
- Telehealth
- Quick-Care
- Vein and Vascular
- Cardiology







## **CEO Leadership**



The Texas Organization of Rural & Community Hospitals (TORCH) honors David Byrom with the 2023 Gordon Russell Merit Award Winner.

This award recognizes outstanding achievement by rural and community hospital administrators.



# **Challenges Identified**

- Rural Resources
- Evolving Payment Models
- Recruiting Difficulties

- Technological Advancements
- Maintaining Culture
- Specialty Care Needs





# **Moving Forward**

- Focusing on the Future:
  - Specialty Service Line Growth
  - Build Provider Team
  - Develop Collaborative Relationships
  - Community Service
  - Maintaining Culture
  - Improve Quality / Patient Experience







# **Moving Forward**

- Focusing on the Future:
  - Improve Quality / Patient Experience
    - Health Equity
    - Infection Prevention
      - Education/Training
      - Patient Initiatives
    - Patient Engagement
      - Chronic Management
      - Health Navigators
    - Environment of Care
      - Work-place Violence
      - Patient Communication
      - Patient Safety









#### Discussion

- What impactful actions can you take as a result of the information shared today?
- How are you able to increase engagement within your facilities to ensure a true change in patient safety?
- Based on what you heard today, what activities do you currently have underway that can leverage immediate action over the next 30, 60 or 90 days?





# **Final Thoughts**





# Join Us for the Next Community of Practice Call!

Join us for the next Community of Practice Call on November 9, 2023 from 1:00 – 2:00 p.m. ET

We invite you to register at the following link: <a href="https://zoom.us/webinar/register/WN">https://zoom.us/webinar/register/WN</a> ASI I3p TEyx VY YYFFeA

You will receive a confirmation email with login details.





#### Thank You!



Your opinion is valuable to us. Please take 4 minutes to complete the post assessment.

We will use the information you provide to improve future events.

