

CHECKPOINT J: Giving Back

Congratulations! You have completed your transplant journey. Now is a great time to support other patients on their journey. Ways you can help others include:

- Become a peer mentor. A peer mentor can help other patients navigate the transplant process.
 - Sign up for the NKF Peers Peer Mentorship Program to help any patient on their transplant journey. <https://www.kidney.org/peers>
 - Sign up for the NKF Patient Navigator Program to help patients pursuing a Living Donor Transplant. <https://nkf.chronus.com/p/pl>

Call 1-855-653-2273 to learn more about both programs.

- Share your story with friends in your former dialysis clinic. Become an advocate for others, help educate, explore employment options, and become part of larger communities.
- Ask your transplant center how you can share your story with other patients.
- Submit your story on Donate Life America's website.

Scan the QR code to share and submit your transplant story on Donate Life America.



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To file a grievance, contact the following agencies:
 ESRD Network 8 - Phone: 1-877-936-9260; Email: nw8info@allianthealth.org; Mail: 775 Woodlands Pkwy, Suite 310, Ridgeland, MS 39157; Website: <https://quality.allianthealth.org/topic/esrd-nw8/> - For patients and facilities in AL, MS, TN. Produced under contract numbers: ESRD Network 8: 75FCMC19D0005-75FCMC21F0001
 ESRD Network 14 - Office: 972-503-3215; fax: 972-503-3219; Toll-free: 877-886-4435; Email: nw14info@allianthealth.org; Mail: 4099 McEwen Rd, Suite 820 Dallas, TX 75244; Website: <https://quality.allianthealth.org/topic/esrd-nw14/> - For patients and facilities in TX. Produced under contract numbers: ESRD Network 14: 75FCMC19D0005-75FCMC21F0002
 Comagine Health ESRD Network 16 at: 800-262-1514 | P.O. Box 33400, Seattle WA 98133-0400. Produced under contract numbers: ESRD Network 16: 75FCMC19D0005