

CHECKPOINT H: Types of Kidneys and Living Donor Campaign

There are different types of kidneys for transplant. Learn about the types available. Key facts about the options available to you are:

- Deceased Donor Kidneys:** A kidney from a person who has passed away. These kidneys need to be transplanted soon after the donor has died. A transplant of this type can happen at any time.
- Living Donor Kidneys:** A kidney given to a family member or friend. The donor can live a healthy life with one kidney. Sometimes, people donate a kidney out of the kindness of their heart without knowing the recipient. A Living Donor kidney is the best choice for all patients and will help you get a transplant sooner.
 - **Paired Exchange:** This is when a donor has someone willing to give a kidney but is not a good match for the recipient. They can swap with another donor and recipient to get a good match.
- High KDPI Kidneys:** This is a “better than dialysis kidney” that is a great option for older patients or patients with multiple health problems.
- Extended Criteria Kidneys:** A kidney from a donor who may have additional health risks, such as Hepatitis C. Even this type of kidney is better than dialysis. If you are interested in this option, talk to your transplant team about the risks and treatments available to keep you healthy.
- Living Donor Campaign:** You can create a living donor campaign if you don’t have a living donor. Creating a campaign is easier when you partner with someone who knows how to do it, like the National Kidney Foundation’s Patient Navigator program.

Scan the QR code to learn more about the NKF Patient Navigator program to start your living donor campaign.



This material was created in collaboration with ESRD Networks 8, 14 and 16 and developed by Alliant Health Solutions, an End Stage Renal Disease (ESRD) Network under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services (HHS). Views expressed in this material do not necessarily reflect the official views or policy of CMS or HHS, and any reference to a specific product or entity herein does not constitute endorsement of that product or entity by CMS or HHS. Produced under contract numbers: ESRD Network 8: 75FCMC19D0005-75FCMC21F0001, ESRD Network 14: 75FCMC19D0005-75FCMC21F0002 and ESRD Network 16: 75FCMC19D0005.

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 ESRD Network 8 - Phone: 1-877-936-9260; Email: nw8info@allianthealth.org; Mail: 775 Woodlands Pkwy, Suite 310, Ridgeland, MS 39157; Website: <https://quality.allianthealth.org/topic/esrd-nw8/> - For patients and facilities in AL, MS, TN. Produced under contract numbers: ESRD Network 8: 75FCMC19D0005-75FCMC21F0001
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