



CHECKPOINT D: Evaluation Tests Completed at Transplant Center

Below are the types of tests you may need to complete during your evaluation appointment at the transplant center. If you had any of these tests in the past year, ask your doctor to send those records to the transplant center. Also, bring your support person to your transplant appointments to help you remember to ask questions and ensure everyone understands the transplant process.

Physical work-up includes:

- An **EKG or Echocardiogram** checks the health of your heart.
- A chest X-ray examines the health of your lungs.
- A **kidney ultrasound** checks the size, shape and location of the kidneys to identify potential problems that increase the risk of kidney rejection.
- A **mobility/functional status assessment** assesses your ability to maintain the physical activity needed for success post-surgery. Patients are usually asked to walk or be physically active for at least 20 minutes.
- A **body composition test** determines how much fat or muscle you have in your body. Patients with more fat tissue are at greater risk of complications during and after surgery.

Lab Work: Some lab tests are completed through the dialysis center. Ask your transplant center which tests will be done during your evaluation.

- **Urine test**
- **Blood testing** such as your blood type, antibodies, and HIV and hepatitis will be used for organ matching that can increase the likelihood of getting an organ offer sooner. These tests also identify potential risk factors for kidney rejection.
- **Additional tests** may be required by transplant centers.

Psychosocial Evaluation: Some patients experience increased stress or various emotions before and after the transplant. This mental, emotional, and social health exam will assess factors that may impact your recovery. If the transplant center recommends you have mental health support, scan the QR CODE.

Not everyone makes it onto the transplant waitlist right away. Many people have other things to do to be transplant-ready. Make a plan with your care team to address possible challenges.

Scan the QR code to find a mental health provider.



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To file a grievance, contact the following agencies:
 ESRD Network 8 - Phone: 1-877-936-9260; Email: nw8info@allianthealth.org; Mail: 775 Woodlands Pkwy, Suite 310, Ridgeland, MS 39157; Website: <https://quality.allianthealth.org/topic/esrd-nw8/> - For patients and facilities in AL, MS, TN. Produced under contract numbers: ESRD Network 8: 75FCMC19D0005-75FCMC21F0001
 ESRD Network 14 - Office: 972-503-3215; fax: 972-503-3219; Toll-free: 877-886-4435; Email: nw14info@allianthealth.org; Mail: 4099 McEwen Rd, Suite 820 Dallas, TX 75244; Website: <https://quality.allianthealth.org/topic/esrd-nw14/> - For patients and facilities in TX. Produced under contract numbers: ESRD Network 14: 75FCMC19D0005-75FCMC21F0002
 Comagine Health ESRD Network 16 at: 800-262-1514 | P.O. Box 33400, Seattle WA 98133-0400. Produced under contract numbers: ESRD Network 16: 75FCMC19D0005