

# Am I Up to Date?



Anyone 6 years and older is considered “Up to Date” with COVID-19 vaccinations if they have received one updated Pfizer-BioNTech or Moderna COVID-19 **bivalent mRNA vaccine**.



**Those over age 65 or moderately or severely immunocompromised may get additional bivalent vaccines for additional protection.**

**The bivalent mRNA vaccine was introduced Aug. 31, 2022.** If you have not received the bivalent vaccine since then, you are **NOT** “Up to Date.”

**NOTE:** The updated bivalent mRNA vaccine protects against both the original virus that causes COVID-19 and the Omicron variants BA.4 and BA.5.



**Please talk to a nurse about vaccinations if you are unsure of your status.**

**Source:** [Stay Up to Date with COVID-19 Vaccines](#), Centers for Disease Control and Prevention (CDC)

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