Nursing Home Readmissions Affinity Group Session #8: Leveraging Nurse-Medical Provider Communication To Reduce Avoidable Rehospitalization and ED Visits



Presented by:

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Danyce Seney, RN, BSN, IP, RAC-CTA, CPHQ

QUALITY IMPROVEMENT SPECIALIST

Danyce Seney is a quality improvement specialist and registered nurse with certifications in Lean, Infection Control Preventionist and Educator for Adult Learners.

Danyce supports skilled nursing facilities in utilizing a quality improvement framework to implement evidence-based interventions and strategies to improve patient safety and immunization rates and reduce avoidable readmissions.

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Amy Daly, MA, NHA

SENIOR QUALITY IMPROVEMENT SPECIALIST

Amy Daly is a licensed nursing home administrator with over 20 years of leadership and long-term care management experience. In addition to her prior work as a vice president of long-term care and facility administrator, Amy has served on the boards of the Genesee Health Facilities Association (as treasurer and education committee member) and the Genesee Health Facilities Foundation. Amy serves as a New York State Department of Health Informal Dispute Resolution (IDR) panel member and has been an adjunct clinical instructor of dental hygiene at Monroe Community College. Amy has a master's in health promotion and a bachelor's in health sciences.

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Julie Clark, BS, LPTA

TENNESSEE STATE QUALITY MANAGER

Julie is a licensed physical therapist assistant with more than eight years of experience managing rehab departments while treating patients in long-term care, hospital, outpatient, home health, and inpatient hospital settings. She has a bachelor's degree in healthcare leadership. Julie has served as a state quality improvement manager in Tennessee since 2012, collaborating with long-term care, hospitals, community coalitions, families, and Medicare beneficiaries as they work to make health care better. Julie's areas of expertise include geriatric seating and positioning, QAPI, NHSN, MDS quality measure review, falls reductions, community coalition development and process improvement in varied topics, including infection control, vaccines and COVID-19.

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Prior Sessions

Session	Focus Area	Recording and Materials
1	Facility Capabilities and Impact on Admissions, Re-Admissions, ED Visits	A Fresh Look at Best Practices to Reduce Readmissions: Facility Capabilities and Impact on Admissions, Re- Admissions and ED Visits - Session 1 - NQIIC (allianthealth.org)
2	Detecting and Communicating Changes in the Condition	<u>Detecting and Communicating Change of Condition - Session 2 - NQIIC (allianthealth.org)</u>
3	Clinical Decision Support Tools and Advanced Care Planning	Clinical Decision Support Tools and Advance Planning: Engaging the Patient and Care Partner - Session 3 - NQIIC (allianthealth.org)
4	Assessing Readmission Risk	Nursing Home Readmission Affinity Group Session 4: Managing Readmission Risk - NQIIC (allianthealth.org)
5	Engaging the Interdisciplinary Team	Nursing Home Readmission Affinity Group Session 5: Engaging the Interdisciplinary Team - NQIIC (allianthealth.org)
6	Engaging Patients and Care Partners	Nursing Home Readmission Affinity Group Session 6: Engaging the Patient and Care Partner - NQIIC (allianthealth.org)
7	Communicating Across the Care Continuum	Nursing Home Readmissions Affinity Group Session 7: Communicating Across the Care Continuum - NQIIC (allianthealth.org)

https://pathway-interact.com/decisionguide.org



Learning Objectives

- Learn from one facility's team how engaging providers and establishing a culture of continual communication impacts transfer decisions and readmissions.
- Identify strategies to strengthen telephone communication with providers.
- Understand how to leverage evidenced-based tools to improve communication with providers and decrease avoidable rehospitalizations and ED visits.



Nurse-Physician Communication in the Long-Term Care Setting: Perceived Barriers and Impact on Patient Safety (Tjia et al., 2009)

Physician (Receiver)

Nurse (Sender)

Ideal situation: The nurse is prepared with all relevant information at hand.

Challenges: Patient information may be hard to gather; patient assessment prior to call may be incomplete; delays in physician call back may prevent nurse from having chart available when call is returned. Recommendation: Be prepared.

Channel (Telephone)

Challenges: Communication often requires timely callback; calls often reach a covering physician unfamiliar with the patient.

Physician (Sender)

Ideal situation: The physician speaks at an understandable pace and clearly; repeats as needed. Explains reasoning if needed. Challenges: The physician often rushed, speaks quickly, and may be difficult to understand.

Ideal situation: The physician (who knows the

patient) is available when the nurse calls or

listens to the nurse without interruption.

Challenges: The physician does not call

back; physician interrupts nurse during the

Recommendation: Return calls in a timely manner; listen without unnecessary

calls back in a timely manner. The physician

Recommendation: Speak clearly and slowly; be willing to repeat self if requested. Be open to requests for clarification.

Nurse (Receiver)

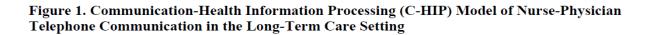
Ideal situation: Nurse understands orders. confirms and clarifies treatment plan. Nurse open to collaborative patient management and points out any safety issues when necessary.

Challenges: Nurse does not understand physician and unable to request clarification from the physician.

Recommendation: Request clarification when necessary; be persistent when necessary.

call.

interruption.





NHC Johnson City's Readmissions Journey

- NHC Johnson City's Readmission Rate: 9.160%
- National Average Readmission Rate: 20.07%.

Reporting period: Oct 1, 2021 - Sept 30, 2022



NHC Health Care Johnson City Team

Tyler Williams - Administrator Charity Vogt - DON Don E. Adams III, M.D. - Medical Director Scott Flemmer - Regional Nurse Jay Nason - Regional Vice President

Improving Communication

Learning from NHC
Johnson City



Culture change. Reviewing hospital transfers and trends as an embedded practice.

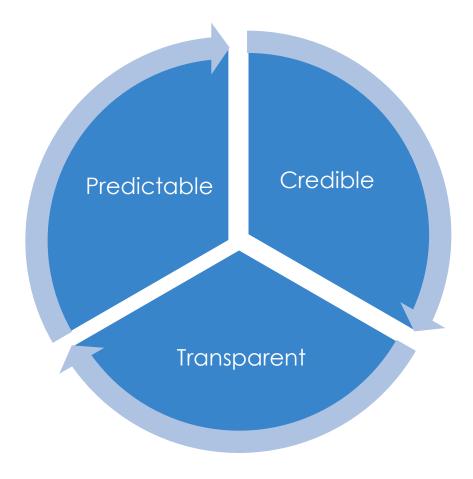


On-call system and engaged providers.



Capabilities and skills to take action. Responding to changes and concerns.

Creating A Culture of Trust - Leslie Eber, MD, CMD



Building Trust in Nursing Home Communities with Leslie Eber

Use Tomorrow

Share key takeaways from today with your team and discuss one strategy to improve communication with your medical team.

Questions?





Nursing Home and Partnership for Community Health:

CMS 12th SOW GOALS



OPIOID UTILIZATION AND MISUSE

Promote opioid best practices

Reduce opioid adverse drug events in all settings



PATIENT SAFETY

Reduce hospitalizations due to c. diff

Reduce adverse drug events

Reduce facility acquired infections



CHRONIC DISEASE SELF-MANAGEMENT

Increase instances of adequately diagnosed and controlled hypertension

Increase use of cardiac rehabilitation programs

Reduce instances of uncontrolled diabetes

Identify patients at highrisk for kidney disease and improve outcomes



CARE COORDINATION

Convene community coalitions

Reduce avoidable readmissions, admissions to hospitals and preventable emergency department visits

Identify and promote optimal care for super utilizers



COVID-19

Support nursing homes by establishing a safe visitor policy and cohort plan

Provide virtual events to support infection control and prevention

Support nursing homes and community coalitions with emergency preparedness plans



IMMUNIZATION

Increase influenza, pneumococcal, and COVID-19 vaccination rates



TRAINING

Encourage completion of infection control and prevention trainings by front line clinical and management staff



Scan the QR codes or Click the Links to Complete the Assessments!

CMS requested Alliant Health Solutions, your QIN-QIO, to work with select nursing homes to understand emerging healthcare needs in nursing homes. Alliant Health Solutions is engaging nursing home leadership in this key area to ensure plans are in place to achieve and maintain health quality and equity!

Please scan the QR code below and complete the assessment.

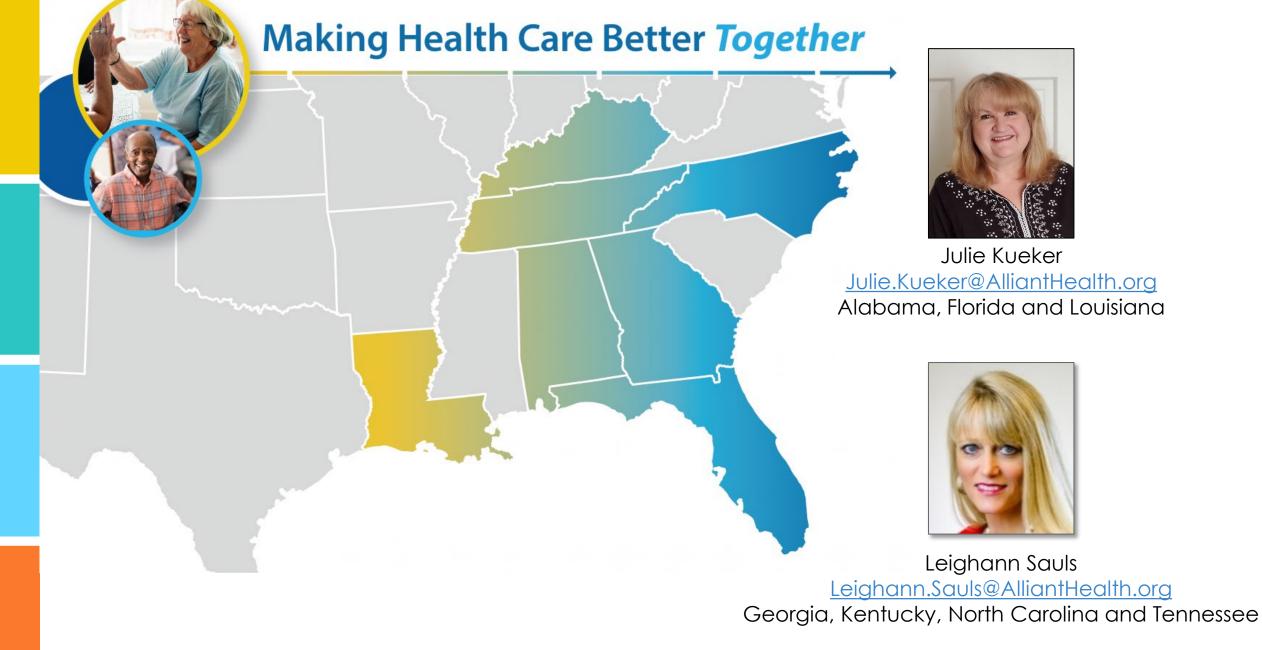


Nursing Home
Infection
Prevention (NHIP)
Initiative Training
Assessment



https://bit.ly/NHIPAssessment











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