

Making Health Care Better Together

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READMISSIONS

COACHING PACKAGE

Purpose: Use the evidence-based best practices and resources to create quality improvement action plans.

| Category | Best Practice/Interventions | Links to Resources, Toolkits, Webinars, Etc. |
|-------------------------------|--|---|
| Care Coordination | Navigator role utilized | Patient Navigator Program Leads to Better Understanding of Medications (American College of Cardiology, 2019) |
| Care Coordination | Transitional care program or department assists with post discharge needs | Transition Coaches® Reduce Readmissions for Medicare Patients With Complex Postdischarge Needs Transitional Care Department (SUNY Upstate) |
| Care Coordination | Utilize palliative care for non-hospice/end of life follow-up and care | Minimizing Readmission Penalties with Palliative Care (HFMA) Five Key Insights on Hospital Palliative Care Programs (CAPC, 2020) What are Palliative Care and Hospice Care? (NIH) |
| Care Coordination | Discharge follow up appointment with PCP within seven days & specialty care within 14 days | Improving Follow-Up Appointments Post Hospital Discharge (University of Kansas Health System) |
| Care Coordination | Conduct discharge follow-up calls within 48 hours of patient discharge, including ED | Re-Engineered Discharge (RED) Toolkit, How to Conduct a Post-Discharge Follow Up Call (AHRQ) |
| Leadership/Culture | Leadership engaged in meetings/teams to review data and identify improvement opportunities | Health Care Leader Action Guide to Reduce Avoidable Readmissions (AHA) |
| Monitor/Assess | Medication reconciliation for patients with high readmission risk | Medications at Transitions and Clinical Handoffs (MATCH) Toolkit for Medication Reconciliation (AHRQ) Medication Reconciliation Improvement Stories (IHI) |
| Monitor/Assess | Risk assessment conducted properly upon admission | The 8P Screening Tool LACE Scoring Tool |
| Patient and Family Engagement | Engage patient and family in discharge planning | IDEAL Discharge Planning Tool 7: Understanding and Enhancing the Role of Family Caregivers in the ReEngineered Discharge |

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| Process Optimization | Meds to Bed Program | Meds to Beds Program video Meds to Beds Program (Journal of the American Pharmacists Association) |
| Health Equity | Assess health-related social needs and provide community resource information | NPSG.16.01.01 Improving health care equity for the hospital's patients is a quality and safety priority PRAPARE (Protocol for Responding to and Assessing Patients' Assets, Risks and Experiences) Screening Tool |
| | Identify disparities by stratifying data using sociodemographic characteristics | NPSG.16.01.01 Improving health care equity for the hospital's patients is a quality and safety priority |
| | Review Alliant Health disparities data by race and ethnicity. | |
| | Review Alliant Health disparities data by dual eligibility. | |

Professional Association/Other Websites

[Guide to Reducing Disparities in Readmissions \(CMS\)](#)

[Caretransitions.org \(Tools\)](#)

[Hospital Discharge and Readmission \(UpToDate\)](#)

[American Hospital Association \(AHA\)](#)

[AHRQ](#)

[Institute for Healthcare Improvement \(IHI\)](#)

Visit the Alliant HQIC Website for More Resources, Webinars, and Success Stories

[Alliant HQIC website](#)

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