Hospitals and nursing facilities work together to meet the needs of your loved ones. The hospital has identified facilities that meet your loved one’s needs, accept your insurance, and will likely have an available bed at the time of discharge.

Ultimately, you have the choice of where to place your loved one. This guide will assist you with what to look for during your tour and what questions to ask.

We recommend touring the facilities the hospital has identified. You may also want to make an unscheduled visit to get an authentic experience.

Visit [www.medicare.gov](http://www.medicare.gov) for more information on quality star ratings and nursing home comparisons published by Medicare.

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quality.allianthealth.org
Facility Names
1. ______________________________________
2. ______________________________________
3. ______________________________________

What to Look For...

Cleanliness: Look at the common areas, floors, windows, nursing stations, therapy gym, dining areas and inside the resident rooms and bath-rooms.
1 2 3

Services: Look for physicians, nurses, caregivers and therapy personnel; observe meal service, laundry facilities, shower room and ongoing activities.
1 2 3

Interactions: Observe the interactions between staff, staff and residents, and residents. Do staff acknowledge you during the tour?
1 2 3

What to Ask...

Visitation: Are visitors allowed? How many at one time? Are there specific visitation hours?
1 2 3

Therapy Services: How often is therapy provided? Can I observe the sessions? Will they teach me what to do before discharge?
1 2 3

Clinical: How often does the doctor round? How many patients do the nurses have? Do patients have the same nurse each day? When are showers offered?
1 2 3

Meals: When are meal times? Are multiple food options available? Can I bring in outside food? Are patients required to go to the dining room? Is assistance provided if needed?
1 2 3

Expenses: Does insurance cover everything, or are there out-of-pocket costs? Are there any additional charges (beauty/barber, etc.)? How do the expenses work if I’m unavailable?
1 2 3

Items to Bring: Insurance cards, clothing/shoes, food, personal items, laundry basket (who does the laundry?), bedding, recliner/small furniture, etc.
1 2 3

Personal Preferences: Religion, culture, language, activities, hobbies
1 2 3

Additional Notes:
1. ______________________________________
2. ______________________________________
3. ______________________________________
4. ______________________________________
5. ______________________________________
6. ______________________________________