



A GUIDE TO SELECTING THE BEST NURSING FACILITY FOR YOUR NEEDS

Hospitals and nursing facilities work together to meet the needs of your loved ones. The hospital has identified facilities that meet your loved one's needs, accept your insurance, and will likely have an available bed at the time of discharge.

Ultimately, you have the choice of where to place your loved one. This guide will assist you with what to look for during your tour and what questions to ask.

We recommend touring the facilities the hospital has identified. You may also want to make an unscheduled visit to get an authentic experience.



Visit <u>www.medicare.gov</u> for more information on quality star ratings and nursing home comparisons published by Medicare.

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Facility Names Personal Preferences: Religion, culture, What to Ask... language, activities, hobbies 1. ______ **Visitation:** Are visitors allowed? How 2 □ 1 □ 3 🗆 many at one time? Are there specific visitation hours? **Additional Notes:** 3. _____ 3 🗆 **1** □ $2 \square$ What to Look For... **Therapy Services:** How often is therapy provided? Can I observe the sessions? **Cleanliness:** I ook at the common areas. Will they teach me what to do before floors, windows, nursing stations, therapy discharge? gym, dining areas and inside the resident 3 🗆 1□ 2 🗆 rooms and bath-rooms. 2 □ 3 🗆 1□ Clinical: How often does the doctor round? How many patients do the Services: Look for physicians, nurses, nurses have? Do patients have the same caregivers and therapy personnel; nurse each day? When are showers observe meal service, laundry facilities, offered? shower room and ongoing activities. 2. 1 □ 2 □ 3 🗆 2 □ 3 🗌 1 □ **Interactions:** Observe the interactions Meals: When are meal times? Are between staff, staff and residents, and multiple food options available? Can residents. Do staff acknowledge you I bring in outside food? Are patients during the tour? required to go to the dining room? Is assistance provided if needed? 3 🗆 2 □ 1 □ 1 🗆 2 □ 3 🗆 **Expenses:** Does insurance cover everything, or are there out-of-pocket costs? 3. _____ Are there any additional charges (beauty/ barber, etc.)? How do the expenses work if I'm unavailable? 1□ 2 🗆 3 🗆 Items to Bring: Insurance cards, clothing/shoes, food, personal items. laundry basket (who does the laundry?), bedding, recliner/small furniture, etc. 2 □ 3 🗆