

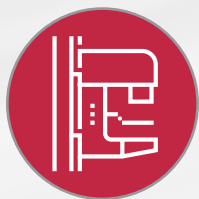


How to Avoid Transplant Waitlisting Delays

The kidney transplant waitlist process can take a long time. To make the process go faster, get your health maintenance exam and cancer screenings done early.

A health maintenance exam is done by your primary care provider (PCP) to check your health. Your PCP manages your health care and can also schedule your cancer screenings. Your PCP will help you stay healthy and give you the best chance of getting on the transplant waitlist.

AGE-APPROPRIATE CANCER SCREENINGS INCLUDE:



Mammogram



Pap Test



Colonoscopy

The American Cancer Society Guidelines Recommend:

SCREENING	AGE RECOMMENDATIONS
Mammograms	Annually for all women starting at 45
Pap Test	Women starting at 22
Colonoscopy	Starting at 45

Getting your health maintenance exam and cancer screenings will help you avoid delays. To move through the transplant process faster, talk to your PCP and your health care team about the screenings you need to complete.

