

Transplant Center Tip Sheet

University of MS Medical Center



TRANSPLANT COORDINATION
— STEPS TO SUCCESS —

Kidney Eligibility Criteria

- Advanced chronic Kidney Disease

Patients should have GFR < 25 ml/min prior to beginning evaluation

- End Stage Kidney Disease

Referral Process

UMMC accepts referrals from the dialysis social worker (IDT) on behalf of the patient's physician, from the physician directly and/or the patient.

Referrals are accepted via fax.

Once referral received, patient, specialist, and dialysis center are notified.

Required items for referral:

- Legible referral form filled out in it's entirety
- Form 2728 (if the patient has started dialysis)
- History and Physical (within the last 12 months)
- Copies of insurance cards (front and back)
- Current demographic information
- Covid-19 Vaccination Card (includes booster)

Referral Best Practices

- Please provide five items noted above and limit clinical information to most recent only .

Kidney Exclusionary Criteria

Absolute contraindications:

- Malignancy
 - Untreated non-cutaneous
 - Treated, with high or undetermined risk of recurrence
- Cardiac
 - Uncorrectable severe coronary, cerebrovascular or peripheral arterial disease
 - Chronic LV failure with EF \leq 25%
- Pulmonary
 - Severe COPD (e.g., FEV $<$ 1.25L)
 - Severe pulmonary hypertension (PA pressure >60mmHg)
- Other Medical
 - Significant active infection or chronic non-healing wound
 - Advanced cirrhosis with portal hypertension

Relative contraindications:

- Medical
 - BMI >39.5
 - Unacceptable diabetes control
BMI <35; HBA1c >9
BMI >35; HBA1c >8
 - Moderate pulmonary hypertension (RSVP 45-60mmHg)
 - PTH > 1000pg/mL
 - Presence of multiple comorbid conditions that, in combination, severely limit the benefit of kidney transplantation
 - Advanced frailty
- Infection
 - Untreated latent TB infection
 - HIV infection with detectable viral load

- Financial / Social

-Inadequate insurance coverage

-Inadequate post-transplant medication coverage
(VA Rx coverage not acceptable)

-Inability to develop and commit to an acceptable plan for post-transplant transportation and care

-Severe psychiatric illness

-Active tobacco smoking with diabetes, coronary artery diseases, carotid artery stenosis, peripheral arterial disease or moderate-severe chronic lung disease

-Incarceration or home arrest

- Vaccinations

-Not being up to date with COVID-19 immunization

- Psychosocial

-Active illegal drug use within past 6 months
(exception for social marijuana use)

-Active marijuana or alcohol abuse

-Non-compliance with dialysis, prescriptions, medications, appointments

-Inability to perform activities of daily living or need for chronic custodial care

-Currently serving parole or on probation

Kidney Transplant Evaluation

- One or two day evaluation with the participation of the patient's dedicated support person
- Evals begin with an education video, and a visit with a transplant coordinator, social worker, dietitian, and pharmacist
- Nephrologist evaluation
- Labs
- Radiology: chest x-ray, kidney ultrasound and CT scan of the abdomen and pelvis

Additional testing requirements:

- Cardiac testing: stress test, echocardiogram & cardiac catheterization
- Colonoscopy
- Biopsy reports
- Vascular reports
- Mammogram and pap smear

Financial evaluation:

- Income
- Insurance
- Citizenship
- Connection to state and federal benefits
- Post-transplant medication costs
- Travel/lodging costs (if applicable)

Selection Committee

- Each patient is presented to the Selection Committee ~ 1 week after evaluation completed.
- Candidacy and further testing determined
- Patient has 90 days to initiate testing, they may take > 90 days to complete. If the patient has not started transplant testing in three months we assume they are not interested in transplant listing and close their file.
- Patient will work with coordinator to complete additional items required for listing.

Post Referral

- UMMC Transplant locations for evaluation testing; Jackson, Grenada, and Hattiesburg
- Patient, referring MD, and dialysis center receive follow up letter with instructions.
- Patient follows up with coordinator on next steps. (Clearance letters, pathology reports, and testing)

Patient Status Reports

UMMC sends monthly update letters to all dialysis centers regarding status on the waitlist and reminder for monthly lab samples.

UMMC will provide updates to physicians and physician practices on the status of patients referred, evaluated, waitlisted and transplanted. These reports can be individually produced upon request by referring providers.

All coordinator contact info is also listed on these reports.

Please review the reports and contact the transplant center if you notice any discrepancies.

Facility Best Practices

- Maintain a Transplant binder to include a tracking sheet to track each patient through the referral process including appointment dates and reasons for denial or hold. Create a tab for each patient to include their referral and appointment letters as well as any other pertinent information. Templates are available from Network 8 if needed.
- Ensure that you have a back-up person at each facility who is familiar with the transplant tracking process and the location of your transplant binder and can communicate with the transplant centers in your absence.

Kidney Transplant Coordinators:

Central and South MS:

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If you need more information or have questions, please contact:

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