Transplant Center Tip Sheet

Ascension St. Thomas Hospital





Kidney Transplant Referral Process

- 1. Fax Referral form to 615-222-6074
- 2. Once Referral is received, Referral Coordinator will contact the patient.
- 3. Patients insurance will be verified by a Financial Counselor.
- 4. Patient will then be scheduled for an in person or virtual Evaluation.
- 5. Evaluation Day will be tailored to meet the patient's current needs.

Information to be Faxed with Referral:

- Completed Referral Form
- Copy of Insurance Card/Insurance Information(including information regarding if American Kidney Fund is paying insurance premiums)
- 2728 Form
- Recent History and Physical
- Recent Labs including GFR (if available)

Referral Best Practice

• Please make sure all copies are legible.

Patient Status Reports

Patient updates will be provided via fax to Referring MD and Dialysis Center, including receipt of referral, scheduling updates, Listing notification, post transplant updates.

Kidney Eligibility Criteria

 ESRD/Dialysis - patients may be referred once their GFR is mid to low 20 range or dialysis has been initiated

Kidney Exclusionary Criteria

Absolute contraindications:

- Active malignancy (wait time until transplant eligible is dependent on type of cancer)
- 2. Current infection and active retrovirus infections
- Current substance abuse (random drug screens will be required)
- 4. Acute psychosis and untreated or unmanaged psychiatric disorder
- Chronic open non-healing ulcer or wound

- 6. Obesity- Body Mass Index greater than 45
- 7. Oxalosis
- 8. Inadequate family/ financial/social support
- Significant noncompliance with current medical regimen
- 10. Active Hepatitis B infection
- 11. Home Oxygen dependence
- 12. Current or pending incarceration and current or pending parole

Relative contraindications:

- Severe cardiac disease not amenable to treatment
- Severe peripheral vascular or cerebrovascular disease not amenable to treatment
- 3. Significant cognitive impairment
- 4. Obesity that would preclude safe transplantation
- Advanced Hepatic Disease (Chronic Hepatitis B/ Hepatitis C with Cirrhosis- may require referral to GI for liver biopsy and follow up)
- Severe COPD/pulmonary hypertension or other lung disease
- Current substance use (random drug screens will be required)
- 8. Age greater than 75

- 9. Inadequate bladder/urinary conduit
- 10. Previous organ transplant (other than kidney)
- 11. Inability to perform Activities of Daily Living
- 12. Indicators of malnutrition or Body Mass Index < 18
- 13. HgbA1c > 8.5 with treatment, or > 9 without treatment
- 14. Inability to tolerate or comply with transplant medical regimen
- 15. Inability to meet financial eligibility
- 16. Current tobacco use

Evaluation Process

- Once patient's insurance has been verified, the patient will be scheduled for an Evaluation. This can be done in our transplant clinic or virtually depending on the patient's unique situation.
- Patients will begin Evaluation with Kidney Transplant education class taught by a Pre-Transplant Coordinator. Virtual education is also available.
- **Nephrologist Evaluation**
- **Transplant Surgeon Evaluation**
- **Nutrition Evaluation**
- Social Work Evaluation
- Labs/Testing: Scheduled based on patient's clinical information
- Pharmacy (If applicable)
- **Financial Counseling**
- ***Routine Cancer Screenings are necessary but are not scheduled as part of the evaluation process. Screenings are recommended by American Cancer Society and include testings such as:mammogram, colonoscopy and pap smear. These should be scheduled by the patient as soon as possible, or if already complete a copy of the records should be obtained and provided to the transplant team.
- ***Additionally dental records should also be provided to the transplant team.

Selection Committee:

- Once the patient has completed the Evaluation process and all necessary testing, the patient will be presented to the Selection Committee. This committee meets weekly to determine the patient's next steps in the transplant journey.
- Outcomes for patients from Selection Committee Process: Listed- Made Active on the Transplant Registry List, Deferred pending testing and/or actions (case remains open) or Not a Candidate (case closed)

We make every effort to work with patients to achieve the best possible outcomes with their Kidney Transplant. We closely work with patients to mitigate risks and identify impediments to Transplant including nutrition, financial, weight loss, and psyche/social concerns. Additionally, we educate patients on Living Donation as a best option and provide resources from our partnership with the NKF, Paired Donation Program.

Pre-Kidney Transplant Contact Information			
Name	Phone Number	Patient Alpha Assignment	
Amy Gunter, Referral Coordinator	615-222-6618		
Nicole Ayala, Eval Coordinator	615-222-3483	A-G	
Maureen Allen, Eval Coordinator	615-222-3461	H-O	
Sonya Jackson, Eval Coordinator	615-222-3093	P-Z	
Jennifer Basselen, Eval Transplant Operations Assistant	615-222-3157	A-G	
Kristina Tate, Eval Transplant Operations Assistant	615-222-3447	H-O	
Andrea Cook, Eval Transplant Operations Assistant	615-222-3823	P-Z	
Sarah Adams, Living Donor Coordinator	615-222-3861		
Kidney Transplant Social Worker	·s		
Name	Phone Number	Patient Alpha Assignment	
Paige Harris	615-222-3465		

Name	Phone Number	Patient Alpha Assignment
Paige Harris	615-222-3465	
Rick Hunter	615-222-3461	

Post-Kidney Transplant Contact Information

Name	Phone Number	Patient Alpha Assignment
Kristie Caldwell, Post Coordinator	615-222-4013	
Amanda Venditti, Post Coordinator	615-222-3854	
Eyerusalem Abebe, Post		
Coordinator	615-222-3808	
Ashley Kivi, Post Transplant		
Operations Assistant	615-222-3902	





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