

# RESIDENT, FAMILY, AND VISITORS

## Enhanced Barrier Precautions



You or your loved one is in Enhanced Barrier Precautions. These precautions prevent spread of infection between residents in Long Term Care Facilities (LTCFs). This type of infection is spread by directly touching the resident or something they have touched.

An orange sign saying “Enhanced Barrier Precautions” is outside the room letting staff, families, and visitors know what they can do to help keep resident safe.

### As a resident, family, or visitor you must help by:

- Cleaning hands when you enter and leave the room.
- Limit where you go outside the room unless given permission by the nurse so that germs are not spread to other residents, visitors, and staff.
- Asking doctors and staff to wash their hands as they enter and leave the room even if they are using gloves.

### You will see doctors and staff doing the following:

#### Hand Hygiene

- Cleaning hands before and after caring for the resident.

#### Group Activities

- Does not require a private room and they may continue with group activities

#### Gloves, Gowns, Masks, Goggles

- They will wear gloves and gown when providing high contact activities and remove them before leaving. They might also wear mask and goggles.

**If you have additional questions about Enhanced Barrier Precautions, ask your nurse.**