

RESIDENT, FAMILY, AND VISITORS

Contact Precautions



You or your loved one is in Contact Precautions. These precautions prevent spread of infection between Residents in hospitals. This type of infection is spread by directly touching the resident or something they have touched.

An orange sign saying “Contact Precautions” is outside the room letting staff, families, and visitors know what they can do to help keep residents safe.

As a resident, family, or visitor you must help by:

- Cleaning hands when you enter and leave the room.
- Limiting where you go outside the room unless given permission by the nurse so that germs are not spread to other residents, visitors, and staff.
- Asking physicians and staff to wash or sanitize their hands as they enter and leave the room even if they are using gloves.
- Limiting visitors to close contacts only.

You will see doctors and staff doing the following:

Hand Hygiene

- Cleaning hands before and after caring for the resident.

Gloves, Gowns, Masks, Goggles

- They must wear gown, gloves, mask, and eye protection while in the room and will remove them on leaving.

Transportation

- If the resident needs to go out of the room, staff will clean their hands and help the resident put on a surgical mask.

If you have additional questions about Contact Precautions, ask your nurse.