

# RESIDENT, FAMILY, AND VISITORS

## Contact Enteric Precautions



You or your loved one is in Contact Enteric Precautions. These precautions prevent spread of infection between residents in LTCFs. This type of infection is spread by directly touching the resident or something they have touched.

A light brown sign saying “Contact Enteric Precautions” is outside the room letting staff, families, and visitors know what they can do to help keep safe.

### As a resident, family, or visitor you must help by:

- Cleaning hands with soap and water when you enter and leave the room.
- Family and visitors should not eat in room.
- Limiting where you go outside the room unless given permission by the nurse so that germs are not spread to other residents, visitors, and staff.
- Asking doctors and staff to wash their hands as they enter and leave the room even if they are using gloves.
- Limiting visitors to close contacts only.

### You will see doctors and staff doing the following:

#### Hand Hygiene

- Cleaning hands before and after caring for the resident.

#### Gloves, Gowns, Masks, Goggles

- They must wear gloves and gown while in the room and remove them before leaving.
- They might also wear mask and goggles.

#### Transportation

- If the resident needs to go out of the room, staff will help resident to wear a clean gown.
- Staff will clean their hands.

If you have additional questions about Contact Enteric Precautions, ask your nurse.