

RESIDENT, FAMILY, AND VISITORS

Aerosol Contact Precautions



You or your loved one is in “Aerosol Contact Precautions”. These precautions prevent spread of infection between residents in LTCFs. This type of infection is spread by breathing any droplets in the air that carry germs.

A pink sign saying “Aerosol Contact Precautions” is outside the room letting staff, family, and visitors know what they can do to help keep residents safe.

As a resident, family, or visitor you must help by:

- **Checking with the nurse before entering the room for the first time.**
- Keeping the door to the room closed.
- Limiting where you go outside the room.
- Cleaning hands when you enter and leave the room.
- Asking doctors and staff to wash or sanitize their hands as they enter and leave the room even if they are using gloves.
- Limiting visitors to close contacts only.

You will see doctors and staff doing the following:

Hand Hygiene

- Cleaning hands before and after caring for the resident.

Gloves, Gowns, Masks, Goggles

- They must wear gown, gloves, mask, and eye protection while in the room and will remove them on leaving.

Transportation

- If the resident needs to go out of the room, staff will clean their hands and help the resident put on a surgical mask.

If you have additional questions about Aerosol Contact Precautions, ask your nurse.