

Annual Wellness Visit (AWV) Guide

Implementing Medicare's Annual Wellness Visit
A Reference Guide for Practices



TABLE OF CONTENTS

Introduction to the Annual Wellness Visit	3
What is the Annual Wellness Visit?	3
Why Wellness Care?	3
Alignment with Other Key Initiatives or Reporting Requirements	4
CMS Guidelines	5
Suggested Workflow	6
Process Flow	8
Billing and Reimbursement of the Annual Wellness Visit	9
Evaluation and Management Services	9
Patient Information	11
Online Tools and Resources	.12



INTRODUCTION TO THE ANNUAL WELLNESS VISIT

What is the Annual Wellness Visit?

Medicare's Annual Wellness Visit (AWV) is not a typical physical exam; instead, it is an opportunity for patients and providers to review medical history and identify emerging health risks.

One of the most valuable elements of the AWV is the creation of a long-term preventive care plan based on the information a patient shares with their provider including:

- ✓ A Health Risk Assessment (HRA)
- ✓ Family history
- ✓ A current list of medical providers and medications

✓ Screening for cognition, depression, alcohol misuse, hearing, functional status and fall risk



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Initial Preventive Physical Examination

- Medicare pays for one per lifetime
- Must be completed within first 12 months of Part B coverage
- Also known as "Welcome to Medicare Visit"



Initial AWV

Initial Annual Wellness Visit

- Applies the first time a beneficiary receives AWV
- Completed after first 12 months of Part B coverage
- No IPPE or AWV within the past 12 months



Subsequent AWV

Subsequent Annual Wellness Visit

- Applies to all AWVs after a beneficiary's first AWV
- No IPPE or AWV within the past 12 months

Why Wellness Care?

Wellness Care benefits providers and meets patients' immediate needs while helping both prepare for the future. Refer to Table 1 for a summary of these benefits.

Table 1: Summary of Benefits

The Clinic Today	The Patient	The Clinic Tomorrow	Control Your Future
Clinics can use Wellness Care services and revenues to strengthen their infrastructure for providing comprehensive and coordinated care.	The Medicare (AWV) is designed to encourage and support individuals in taking an active role in accurately assessing and managing their health, and improving their wellbeing and quality of life.	Changes in payment models, like CMS' Medicare Access and CHIP Reauthorization Act (MACRA) - also known as the Quality Payment Program (QPP), make it imperative for primary care providers and geriatricians to be proactively identifying, documenting, and managing their patients' health risks.	While it requires some effort to implement and refine processes to deliver AWV effectively and efficiently, with help and guidance, we expect that almost every clinic will be able to find a way that works for them.

Alignment with Other Key Initiatives or Reporting Requirements

Medicare's Quality Payment Program (QPP)

An effective AWV program implementation may also support much of the reporting and improvement requirements in QPP for both the Merit-based Incentive Payment System (MIPS) and the Advanced Alternative Payment Models (AAPMs) pathways.

Here are a few examples:

Quality	Improvement Activities	Promoting Interoperability	Cost
 Preventive care such as immunizations, body mass index (BMI), high blood pressure screenings and tobacco cessation intervention Medication documentation in medical records and risk assessments (e.g., risk for falls) 	 Evidence-based techniques to promote self-management into usual care (IA_BE_16 - Medium) Implementation of fall screening and assessment programs (IA_PSPA_21 - Medium) 	 Promoting Interoperability Immunization registry reporting (PI_PHCDRR_1) Support Electronic Referral Loops By Receiving and Reconciling Health Information (PI_HIE_4) 	AWV is seen as an effective way to engage in preventive health while containing or decreasing overall costs through: • Reducing emergency room (ER) utilization and hospital readmissions • Coordinating care with specialty providers to reduce duplication and unnecessary care • Increasing patient engagement and patient attribution

CMS GUIDELINES

The table below compares the guidelines for the initial and subsequent visits.

Table 2: CMS Guidelines for Wellness Visits

Section	Initial AWV Components	Subsequent AWV Components
Acquire Beneficiary Information	 Administer Health Risk Assessment (HRA) Establish a list of current providers and suppliers Establish the beneficiary's medical/ family history Review the beneficiary's potential risk factors for depression Review the beneficiary's functional ability and level of safety 	 Update HRA Update the list of current providers and suppliers Update the beneficiary's medical/family history
Begin Assessment	Obtain patient measurements (4 required) Detect any cognitive impairment	Obtain patient measurements (2 required) Detect any cognitive impairment
Counsel Beneficiary	 Establish a written screening schedule Establish a list of risk factors and conditions for which interventions are recommended or underway Furnish personalized health advice and appropriate referrals Furnish, at the discretion of the beneficiary, advance care planning services 	 Update the written screening schedule Update the list of risk factors and conditions for which interventions are recommended or underway Furnish personalized health advice and appropriate referrals Furnish, at the discretion of the beneficiary, advance care planning services

As noted in Table 2, the initial and subsequent AWVs are identical with two exceptions: 1) the subsequent AWV does not include bullets four and five in the "Acquire Beneficiary Information" section and 2) the subsequent AWV only specifies two patient measurements in the "Begin Assessment" section.

For more details about the components of the Initial Preventive Physical Examination (IPPE), refer to <u>The ABCs of the Initial Preventive Physical Examination</u>.

If you would like to know more about implementing the AWV into your practice, please contact the IPRO QIN-QIO.

SUGGESTED WORKFLOW

Implementing a new process requires consideration of the workflow. See Table 3 for a suggested workflow by role and Figure 2 for the process flow.

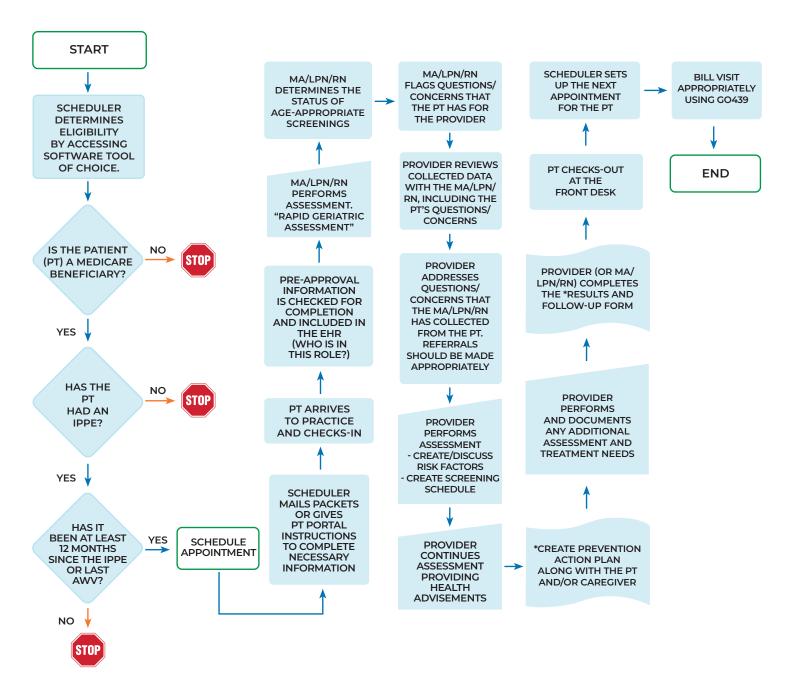
Table 3: Suggested Workflow by Role

Roie	Activity	Elements
Scheduler	Scheduling	Goal: Verify eligibility
		 Is the patient a Medicare beneficiary? ✓ Determine eligibility using practice management software or use Novitasphere
		 2. Has the patient had their Initial Preventive Physical Examination (IPPE)? ✓ If the patient has received their IPPE during their Welcome to Medicare visit, then schedule an AWV ✓ If the patient is within their first 12 months of Medicare and has not received an IPPE, schedule a Welcome to Medicare visit
		 3. Has the patient been enrolled in Medicare for over 12 months? ✓ If the patient has been enrolled in Medicare for over 12 months, and 12 months have elapsed since their IPPE, schedule an AWV
		 4. Decide on the type of appointment to schedule: ✓ Welcome to Medicare (within the first 12 months of coverage) ✓ AWV (annual, recurring benefit after the first 12 months of coverage) ✓ Evaluation and Management visit for emerging illness or follow up
		 5. Determine if you will send the HRA to the patient's home before the scheduled AWV, or if they need to arrive early to fill out paperwork. The paperwork may include a reminder for the patient to bring: ✓ A complete list of current medical providers ✓ A complete list of all prescribed medications, over the counter medications and supplements ✓ Complete medical, family and social history

Table 3 continued

Roie	Activity	Elements
Medical Assistant, Licensed Practical Nurse or Registered Nurse	Triage Process	Goal: Collect required information, including the following Height, weight, BMI, and blood pressure Functional Status Evaluation Fall Risk Screening Cognition Screening Depression Screening (PHQ-2, PHQ-9) Alcohol Misuse Screening (Audit, Audit-C, CAGE)
Provider (i.e., Physician, Physician Assistant, Nurse Practitioner, Clinical Nurse Specialist, or other licensed provider or medical professional working under the direct supervision of a physician)	Visit	 Review Health Risk Assessment (HRA) with the patient and address concerns Establish a written screening schedule for the beneficiary, including any age or gender-appropriate screenings such as Colorectal cancer screening Mammography Annual Pap screening Bone Density Testing Ultrasound screening for Abdominal Aortic Aneurysm (AAA) Prostate cancer screening Hepatitis C and HIV Influenza, Pneumococcal and Hepatitis B vaccinations Create a list of risk factors and conditions, including recommended interventions Share personalized health advice to the beneficiary and provide referrals to specialists, health education or preventive counseling services or programs, including: Tobacco cessation Nutrition Weight loss Fall prevention

Figure 2: Process Flow



BILLING AND REIMBURSEMENT OF THE ANNUAL WELLNESS VISIT

The AWV may be administered by a:

- ✓ Physician
- ✓ Physician Assistant
- ✓ Nurse Practitioner
- ✓ Clinical Nurse Specialist
- ✓ Other licensed provider or medical professional working under the direct supervision of a physician.

Evaluation and Management Services

Medicare will pay for a medically necessary E/M service (99201-99215) billed on the same date of service as the AWV. The E/M code must be billed with modifier -25. If a separate service is provided on the same day as the AWV, the beneficiary needs to be notified that a copay or coinsurance may be required for the additional service.

Table 4: Frequently Used Codes for the AWV

Frequently Used Codes for the AWV with Estimated Payments			
HCPCS Code	Description	National Payment Amount	
G0402	Initial Preventive Exam "Welcome to Medicare Visit" (IPPE)	\$169.57	
G0438	Initial Annual Wellness Visit (AWV)	\$169.57	
G0439	Subsequent Annual Wellness Visit	\$144.80	
G0442	Alcohol Misuse Screening	\$19.03	
G0443	Annual Depression Screening	\$18.69	
G0513	Prolonged Preventive Service (1st 30 min.)	\$65.75	
G0514	Prolonged Preventive Service (additional 30 min.)	\$65.75	
99213	Office Visit-Established Patient	\$92.05	
99214	Office Visit-Established Patient (moderate decision making)	\$129.77	
99497	Advanced Care Planning (30 min.)	\$85.48	
99498	Advanced Care Planning (additional 30 min.)	\$74.06	

G0402: Initial Preventive Physical Examination (IPPE) "Welcome to Medicare Visit"

✓ G0402 is a once-in-a-lifetime benefit for beneficiaries within the first 12 months of Part B coverage

G0438: Annual Wellness Visit-Initial Visit

✓ G0438 may be administered to beneficiaries who are no longer in the first 12 months of Medicare Part B coverage and who have not received an IPPE or AWV within the past 12 months

G0439: Annual Wellness Visit-Subsequent Visit

✓ G0439 is an annual benefit for beneficiaries

BILLING AND REIMBURSEMENT OF THE ANNUAL WELLNESS VISIT (continued)

Cardiovascular Screening Blood Tests

- 80061 Lipid Panel
- 82465 Cholesterol
- 83718 Lipoprotein
- 84478 Triglycerides
- Cardiovascular screenings may be used every 5
 years for all beneficiaries with or without apparent
 signs or symptoms of cardiovascular disease

Prolonged Service Codes

- G0513 1st 30 minutes
- G0514 additional 30 minutes

Advanced Care Planning

- 99497 16–30 minutes
- 99498 additional 30 minutes

Diabetes Screening Tests

- 82947 Glucose, quantitative blood (except reagent strip)
- 82650 Glucose, post-glucose dose (includes glucose)
- 82951 Glucose, tolerance test (GTT) 3 specimens (includes glucose)
- Diabetes tests are for beneficiaries with certain risk factors for diabetes, or have been diagnosed with pre-diabetes
- Beneficiaries previously diagnosed with diabetes are not eligible for this benefit

Seasonal Influenza Virus Vaccine and Administration

- Q2035, Q2036, Q2037, Q2038, Q2039
- G0008 Administration
- All beneficiaries are eligible for an influenza vaccination once per influenza season

Pneumococcal Vaccine and Administration

- 90669, 90670 Pneumococcal Conjugate Vaccine
- 90732 Pneumococcal Polysaccharide Vaccine
- G0009 Administration

Screening and Behavioral Counseling Interventions in Primary Care

- G0442 Annual Alcohol Misuse Screening (up to 15 minutes)
- G0443 Brief Face-to-Face Behavioral Counseling for Alcohol Misuse (15 minutes [four times a year])
- G0444 Annual Depression Screening (up to 15 minutes)

PATIENT INFORMATION

Attention Patients with Medicare:

Medicare has a free benefit called the Annual Wellness Visit that will help you make a plan with your health care team for how to stay healthy.

What is the Annual Wellness Visit?

• The Annual Wellness Visit is the opportunity to talk with your clinical providers about your medical history and your current health, and create a plan to stay healthy.

What will happen during the Annual Wellness Visit?

- Just like a normal trip to your health care provider, a nurse will take your height, weight and blood pressure.
- The Annual Wellness Visit will allow you to discuss your medical history with your health care team and create long-term screening goals.

When can I get the Annual Wellness Visit?

• You can get the Annual Wellness Visit after you have been enrolled in Medicare for 12 months. After your first Wellness Visit, you may get a follow up Wellness Visit every 12 months.

Who pays for the Annual Wellness Visit?

 Medicare will pay for the Annual Wellness Visit—you may have to pay a copay for any additional services or follow up visits.

Things to bring with you:

- A list of your medicines and dosages (be sure to include any over-the-counter drugs, vitamins, and herbal supplements)
- A list of doctors you are currently seeing
- The names of your pharmacies

How do I schedule my visit?

When you call your healthcare provider, let them know you would like to schedule your Annual Wellness
Visit. The scheduler will help you plan for your visit, and they will send you some forms to fill out before
your appointment.

ONLINE TOOLS AND RESOURCES

Medicare Preventive Services page:

https://www.cms.gov/Medicare/Prevention/PrevntionGenInfo/medicare-preventive-services/MPS-OuickReferenceChart-1.html

IPPE and AWV Frequently Asked Questions (FAQs) from Medicare Preventive Services:

https://www.cms.gov/Medicare/Prevention/PrevntionGenInfo/medicare-preventive-services/MPS-QuickReferenceChart-1.html

IPRO QIN-QIO Social Determinants of Health: A Guide for Getting Started:

https://qi-library.ipro.org/2022/03/22/social-determinants-of-health-sdoh-a-guide-for-getting-started-for-gettingstarted

IPRO QIN-QIO Reimbursement & Resources for Screening & Supporting Patients with Substance Use Disorder:

https://qi-library.ipro.org/2022/01/12/reimbursement-resources-for-screening-supporting-patients-withsubstance-use-disorder

IPRO QIN-QIO Advance Care Planning and End of Life Care: A Guide to Tools and Resources for Patients and Providers:

https://qi-library.ipro.org/2022/04/06/advance-care-planning-and-end-of-life-care-a-guide-to-tools-and-resourcesfor-patients-and-providers

World Health Organization Alcohol Use Screening Tool:

https://pubs.niaaa.nih.gov/publications/Audit.pdf

Centers for Disease Control Check for Safety: A Home Fall Prevention Checklist for Older Adults: https://www.cdc.gov/steadi/pdf/check_for_safety_brochure-a.pdf

Centers for Disease Control Mobility Assessment Tool:

https://www.cdc.gov/steadi/pdf/TUG Test-print.pdf

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