



## QUICK GUIDE TO STANDARDS OF CARE FOR CHRONIC DISEASE SCREENING

# Blood Pressure Screening Recommendations for Hypertension (HTN)

### Screening Criteria and Frequency:

- Yearly for adults 40 years of age or older
- Yearly for adults at risk for hypertension, including those with genetic and physical risk factors such as:
  - Elevated blood pressure (BP) between 120/80 mmHg and 129/80 mmHg
  - History of cardiovascular disease (heart attack, heart failure, stroke, or transient ischemic attacks)
  - Diagnosis of diabetes
  - Diagnosis of chronic kidney disease (CKD)
  - Diagnosis of sleep apnea
  - Overweight or obesity
  - Tobacco use
  - Overconsumption of alcohol
  - Physical inactivity
  - Unhealthy diet
  - African and/or Asian descent
  - History of depression
  - Family history of hypertension, premature cardiovascular disease (CVD), familial hypercholesterolemia, diabetes

### Screening Procedures:

1. Evaluate BP measurements throughout two or three in-office visits within one- to four-week intervals. Only one in-office visit is necessary for a hypertension diagnosis if blood pressure is  $\geq 180/110$  mm Hg and there is evidence of CVD.
2. Confirm hypertension diagnosis with a 24-hour Ambulatory Blood Pressure Monitoring (ABPM) test or patient Self-Measured Blood Pressure (SMBP) monitoring if the patient's BP classifies as high-normal BP or grade 1 hypertension (systolic 130 - 159 mm Hg and/or diastolic 85–99 mm Hg).
3. Complete a physical examination and laboratory analysis to conclude the determination of hypertensive condition including sodium, potassium, serum creatinine, and estimated glomerular filtration rate (eGFR), lipid profile, fasting glucose blood tests, dipstick urine test, and 12-lead electrocardiogram (ECG).

<b>Coding and Billing Codes Related to Hypertension (HTN) Screening</b> <b>Healthcare Procedure Coding System (HCPCS)   Healthcare Effectiveness Data and Information Set (HEDIS)</b> <b>Current Procedural Terminology® (CPT)</b>	
<b>Merit-based Incentive Payment System (MIPS) documentation of blood pressure</b>	<b>HCPCS:</b> G8752 or G8753 or <b>HEDIS CPT/CPT II:</b> 3074F or 3075F or 3077F <b>AND HCPCS:</b> G8754 or G8755 or <b>HEDIS CPT/CPT II:</b> 3078F or 3079F or 3080F <b>OR</b> <b>HCPCS:</b> G8756
<b>HTN Diagnosis and Adequate Control (140/90 mmHg)</b>	<b>HCPCS:</b> G8752 or <b>HEDIS CPT/CPT II:</b> 3074F or 3075F <b>AND HCPCS:</b> G8754 or <b>HEDIS CPT/CPT II:</b> 3078F or 3079F
<b>CPT codes</b>	<b>Ambulatory blood pressure monitoring:</b> 93784, 93786, 93788, 93790
	<b>Self-measured blood pressure monitoring:</b> 99473, 99474
<b>2022 MIPS Quality ID #317: Preventive Care and Screening: Screening for High Blood Pressure and Follow-Up Measure Description:</b> Percent of patient visits for patients aged 18 years and older seen during the measurement period who were screened for high blood pressure AND a recommended follow-up plan is documented, as indicated, if blood pressure is elevated or hypertensive.  <b>Performance Met:</b> HCPCS <b>G8950</b>	<b>Patient encounter criteria (CPT or HCPCS) codes:</b>  <b>Psychiatric diagnostic evaluation services:</b> 90791, 90792 <b>General ophthalmological services and procedures:</b> 92002, 92004, 92012, 92014 <b>New patient evaluation and management (E/M):</b> 99202, 99203, 99204, 99205 <b>Established patient office or other outpatient services:</b> 99212, 99213, 99214, 9921 <b>Observation or inpatient care services:</b> 99236 <b>New or established patient emergency department services:</b> 99281, 99282, 99283, 99284, 99285 <b>New or established patient comprehensive nursing facility assessments:</b> 99304, 99305, 99306 <b>Subsequent nursing facility care:</b> 99307, 99308, 99309, 99310 <b>Nursing facility discharge services:</b> 99315, 99316 <b>Other nursing facility services:</b> 99318 <b>New patient domiciliary, rest home, or custodial care services:</b> 99324, 99325, 99326, 99327, 99328, 99334, 99335, 99336, 99337, 99339, 99340 <b>New patient home services:</b> 99341, 99342, 99343, 99344, 99345 <b>Established patient home services:</b> 99347, 99348, 99349, 99350H

International Classification of Diseases, Tenth Revision (ICD-10) Coding for Hypertension	
Code and Name	Description and Code Use
<b>R03.0:</b> Elevated blood pressure reading	This describes a temporary occurrence of high blood pressure in a patient without a diagnosis of hypertension.
<b>I10:</b> Essential (primary) hypertension (HTN)	The patient meets the criteria for hypertension but does not have comorbid cardiac or renal disease.
<b>I15 Secondary hypertension</b>	<b>I15.0</b> Renovascular hypertension <b>I15.1:</b> Hypertension secondary to other renal disorders <b>I15.2:</b> Hypertension secondary to endocrine disorders <b>I15.9:</b> Secondary hypertension, unspecified <b>*Note:</b> You must also code the underlying condition.
<b>I11.9:</b> Hypertensive heart disease	<b>I11.0:</b> Hypertensive Heart Disease <i>with</i> heart failure.
	<b>I11.9:</b> Hypertensive Heart Disease without heart failure
<b>I12:</b> Hypertensive chronic kidney disease (CKD)	<b>I12.9:</b> Hypertensive CKD <i>with</i> stage 1-4 CKD, or unspecified CKD
	<b>I12.0:</b> Hypertensive chronic kidney disease <i>with</i> stage 5 CKD or end-stage renal disease (ESRD)
<b>I13:</b> Hypertensive heart and CKD	<b>I13.0:</b> Hypertensive heart and CKD with heart failure and stage 1-4 CKD, or unspecified CKD
	<b>I13.1:</b> Hypertensive heart and CKD without heart failure
	<b>I13.10:</b> Hypertensive heart and CKD without heart failure, with stage 1-4 CKD or unspecified CKD
	<b>I13.2:</b> Hypertensive heart and CKD without heart failure, with stage 5 CKD or ESRD

CPT/HCPCS Codes for Cardiovascular Disease-Related Preventative Services	
Cardiovascular disease (CVD) screening	80061, 82465, 83718, 84478
Intensive behavioral therapy (IBT) for cardiovascular disease (CVD)	G0446
Intensive behavioral therapy (IBT) for obesity	G0447
Medical nutrition therapy (MNT) services	97802, 97803, 97804, G0270, G0271
Alcohol misuse screening & counseling	G0442, G0443
Counseling to prevent tobacco use	99406, 99407

## References:

1. SMBP CPT® coding: <https://www.ama-assn.org/system/files/2020-06/smbp-cpt-coding.pdf>
2. Take the Guesswork Out of Hypertension Coding: <https://www.aapc.com/blog/52789-take-the-guesswork-out-of-hypertension-coding/>
3. 2020 International Society of Hypertension Global Hypertension Practice Guidelines: [https://www.ahajournals.org/doi/10.1161/HYPERTENSIONAHA.120.15026#:~:text=Hypertension%20Diagnosis%20%E2%80%93%20Office%20BP%20Measurement&text=Usually%20%E2%80%93%20office%20visits,of%20cardiovascular%20disease%20\(CVD\).](https://www.ahajournals.org/doi/10.1161/HYPERTENSIONAHA.120.15026#:~:text=Hypertension%20Diagnosis%20%E2%80%93%20Office%20BP%20Measurement&text=Usually%20%E2%80%93%20office%20visits,of%20cardiovascular%20disease%20(CVD).)
4. MIPS Quality ID #317: Preventive Care and Screening: Screening for High Blood Pressure and Follow-Up Documented: [https://qpp.cms.gov/docs/QPP\\_quality\\_measure\\_specifications/Claims-Registry-Measures/2022\\_Measure\\_317\\_MedicarePartBClaims.pdf](https://qpp.cms.gov/docs/QPP_quality_measure_specifications/Claims-Registry-Measures/2022_Measure_317_MedicarePartBClaims.pdf)