



ALLIANT
HEALTH SOLUTIONS



Take Your Dialysis Home this *Holiday Season!*

DIALYZING AT HOME OFFERS YOU:

- **Freedom & Flexibility!** You can dialyze when it is convenient for you, even while you sleep.
- **Less travel to the clinic!** You don't have to worry about transportation to & from a clinic.
- **Control over your treatment!** You will have more independence.
- **More energy!** Patients who dialyze at home dialyze more often. That's why patients feel better, both physically & mentally.
- **Less diet & fluid restrictions!** As you dialyze more often, your body is in better balance. For many patients that means enjoying a more normal diet.

DIALYZING AT HOME DECREASES:

- Risk for hospitalization
- Recovery time between treatments
- Depression symptoms



**If you have questions about your
Home Dialysis options,
speak to your doctor &
other members of your healthcare team!**

