



**ALLIANT**  
HEALTH SOLUTIONS



END STAGE RENAL DISEASE  
NETWORKS 8 & 14

# Get Engaged! It's **YOUR** Life!



## PATIENT ENGAGEMENT QUESTION #1

Are you interested  
in becoming a  
peer mentor or mentee?



## PATIENT ENGAGEMENT QUESTION #2

Did your Social Worker  
go over your Life Plan  
and attend your Plan of  
Care meeting?



## PATIENT ENGAGEMENT QUESTION #3

Did you attend a QAPI  
meeting this year?



## PATIENT ENGAGEMENT QUESTION #4

Are you interested in  
joining the ESRD Network  
14 Patient Advisory  
Committee?

## PATIENT ENGAGEMENT CALENDAR

### JANUARY

What You Need to  
Know When  
Shorting Treatments

### FEBRUARY

Take Care of  
Your Heart

### MARCH

Plan Ahead for  
Emergencies

### APRIL

Transplant  
Need a donor?  
Find a Spare!

### MAY

PTSD awareness  
Mental Wellness

### JUNE

Hospitalizations—Reduce  
Your Trips to the  
Emergency Room

### JULY

Patient Rights &  
Responsibilities: staying  
cool physically and  
emotionally

### AUGUST

Winter is Coming!  
Get Your Vaccines

### SEPTEMBER

Take Your  
Dialysis Home this  
Holiday Season!

### OCTOBER

Infection  
Awareness

### NOVEMBER

Food Safety  
Tips

### DECEMBER

Puzzle  
Potpourri

**Did you get your patient engagement handout this month?**

If not, ask your facility staff or Facility Patient Representative (s) for more information on this month's topic!

This Calendar was created by Alliant Networks 8 and 14 for ESRD patients!