

# EASY TIPS FOR DOING DIALYSIS AT HOME IN SMALL SPACES

Here are some easy ways to make space for dialysis at home, even if your home is small.

## PICK A SPOT

- Choose a corner or room just for dialysis. It could be part of your bedroom or dining room. Make sure there is water, power, and space for your chair and machine.
- Use curtains or dividers to make the dialysis area feel separate from the rest of your home.

## PLAN YOUR ROOM

- Draw your room on paper and use cutouts to see where things will go. This helps you fit your machine and supplies with your furniture.

## SMART STORAGE

- Take supplies out of big boxes and put them in drawers or bins.
- Use shelves and under-bed boxes to save space.
- Reuse old dressers or cabinets that can hide supplies and look nice.
- Use carts with wheels to move supplies easily.
- Pack daily kits in zip-lock bags to make setup faster.
- Ask your provider for smaller deliveries more often to avoid clutter.

## SMALLER MACHINES

- Some dialysis machines are small and easy to move. They use regular outlets and plumbing.
- Peritoneal dialysis uses a small tabletop machine.

## MAKE IT COZY

- Use baskets and soft lights to make the room feel warm.
- Add a blanket, pillow, plants, and pictures to make it comfy.
- Have a comfy chair and a small table for books or a tablet.

## HELPFUL TOOLS

- Use Planner 5D to design your dialysis space: <https://planner5d.com>

## LEARN MORE TIPS HERE:

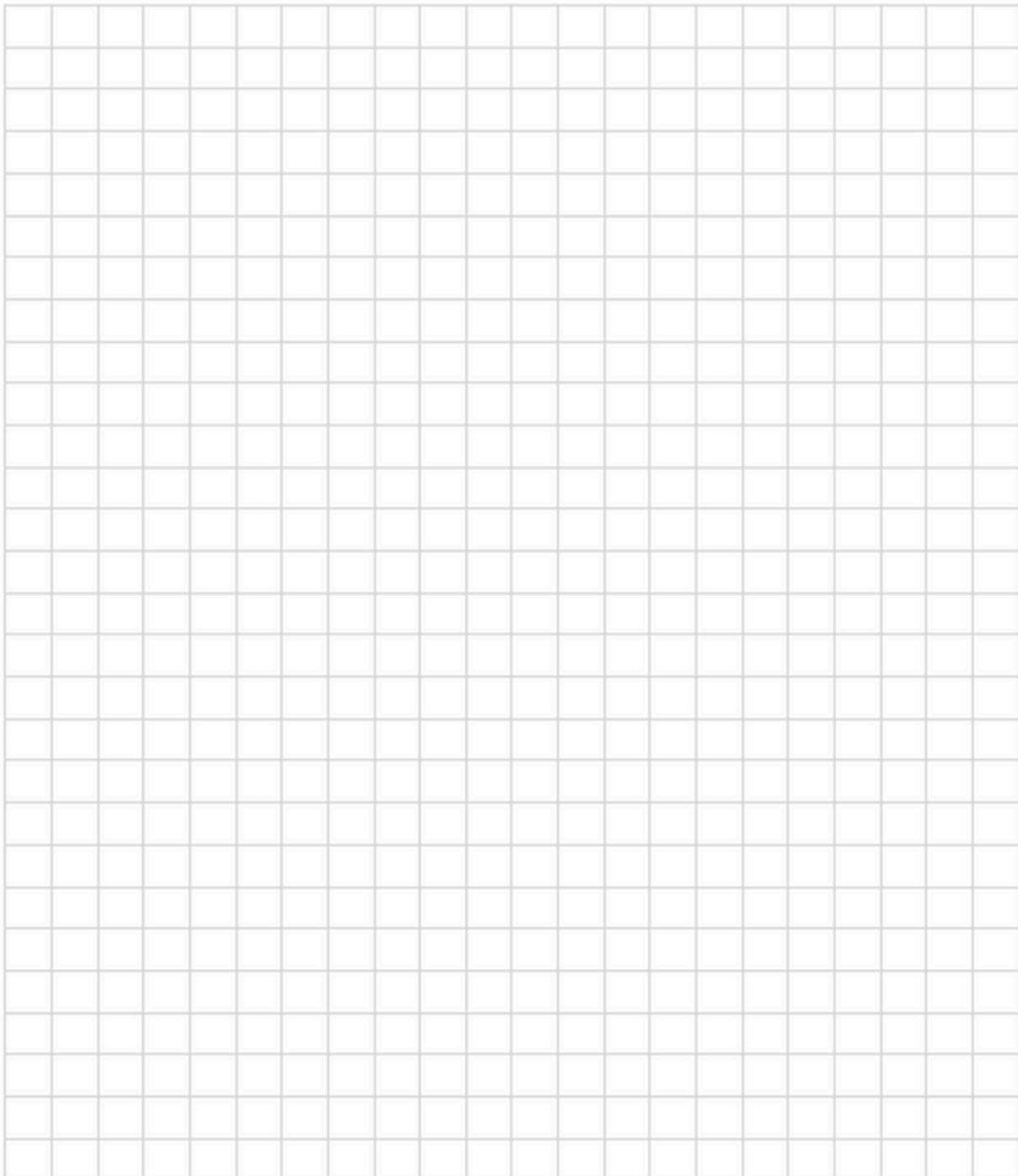
1. <https://homedialysis.org/life-at-home/articles/making-the-most-of-your-square-footage>
2. <https://www.dpcedcenter.org/news-events/news/setting-up-your-home-dialysis-unit-without-feeling-like-youre-living-in-an-icu-top-ten-considerations-to-get-you-started/>
3. <https://www.rsnhope.org/dialysisroom/>



# HOME DIALYSIS ROOM LAYOUT TEMPLATE

Use this template to design your room layout for home dialysis. Ask your dialysis facility to print the [Renal Support Network's Home Dialysis Room Designer Tool](#) so you can place furniture and dialysis equipment in your home.

## ROOM PLANNING GRID 1 SQ. = 6"



14'

11'