

IMMUNIZATION

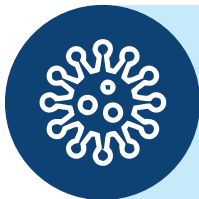


# Adults Need Shots Too

- Are you over 18 years old?
- Are you over 65 years old?
- Do you spend time with young children, babies or anyone in poor health?
- Do you take one or more medicines regularly or have a long-lasting health condition such as diabetes, hypertension, or heart disease?
- Do you have a weakened immune system?
- Do you live or work in a healthcare, correctional or congregated living setting?
- Will you be traveling outside of the United States?

*If you answered "Yes" to any of these questions, you are probably due for one or more vaccines.*

**To protect yourself and the people around you, ask your health provider about the vaccines you may need.**



## COVID-19

If you get COVID-19 disease, you will be much less likely to get very sick, be hospitalized or die.



## FLU

Everyone over 6 months needs this yearly. For older adults, getting the flu increases your chances of having a heart attack.



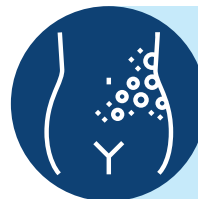
## TETANUS, DIPHTHERIA & PERTUSSIS

This combo vaccine protects you and young children around you from pertussis (whooping cough). It also has the tetanus booster needed every ten years.



## PNEUMONIA

People with long lasting health conditions or anyone over 65 need protection against pneumonia, one of the top causes of death in the United States.



## SHINGLES

Shingles causes lasting and painful nerve damage. The vaccine is recommended for everyone over 50.

References: CDC Immunization Guidelines - Immunizations & Heart Attacks