

Physician Resources FOR OPIOID TAPERING

Want to taper your patient's opioids and not sure where to start?

Consider the following resources:

- 1. <u>HHA Guide for Clinicians on the Appropriate Dosage Reduction or Discontinuation</u> of Long-Term Opioid Analgesics
 - a. Includes an Opioid Tapering Flowchart
 - b. Identifies risks of rapid opioid tapers

2. VA Clinician's Guide: Pain Management Opioid Taper Decision Tool

- a. Includes Example Tapers
- b. Includes chart of short-term oral medications that can be used to assist with withdrawal symptoms

3. National Clinician Consultation Center

- a. Free and confidential clinician-to-clinician telephone consultation focusing on substance use evaluation and management for primary care clinicians
- b. Substance Use Warmline at (855) 300-3595.
 - Consultation is available Monday through Friday, between 9 a.m. and 8 p.m ET, from addiction medicine-certified physicians, clinical pharmacists, and nurses with special expertise in pharmacotherapy options for opioid use.
- c. Voicemail is available 24-hours a day.

4. <u>Stanford Center for Continuing Medical Education: How to Taper Patients off of</u> <u>Chronic Opioid Therapy</u>

- a. FREE Online Course, 1.25 AMA PRA Category 1 credits
- b. Learn to recognize when risks of chronic opioid therapy outweigh benefits and how to safely and compassionately taper patients off of chronic opioid therapy.
- c. Uses real life patient case scenarios.

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