



Physician Resources FOR OPIOID TAPERING

Want to taper your patient's opioids and not sure where to start?

Consider the following resources:

- 1. HHA Guide for Clinicians on the Appropriate Dosage Reduction or Discontinuation of Long-Term Opioid Analgesics**
 - Includes an Opioid Tapering Flowchart
 - Identifies risks of rapid opioid tapers
- 2. VA Clinician's Guide: Pain Management Opioid Taper Decision Tool**
 - Includes Example Tapers
 - Includes chart of short-term oral medications that can be used to assist with withdrawal symptoms
- 3. National Clinician Consultation Center**
 - Free and confidential clinician-to-clinician telephone consultation focusing on substance use evaluation and management for primary care clinicians
 - Substance Use Warmline at (855) 300-3595.**
 - Consultation is available Monday through Friday, between 9 a.m. and 8 p.m ET, from addiction medicine-certified physicians, clinical pharmacists, and nurses with special expertise in pharmacotherapy options for opioid use.
 - Voicemail is available 24-hours a day.
- 4. Stanford Center for Continuing Medical Education: How to Taper Patients off of Chronic Opioid Therapy**
 - FREE Online Course, 1.25 AMA PRA Category 1 credits
 - Learn to recognize when risks of chronic opioid therapy outweigh benefits and how to safely and compassionately taper patients off of chronic opioid therapy.
 - Uses real life patient case scenarios.