Worried about your Medicare patients taking opioids?

For adults aged 65 and older, opioid-related hospitalizations increased by 34% and emergency department visits increased by 74% between 2010 and 2015.

Even at therapeutic and appropriate doses, risks of opioid therapy include:

- Increased rate of falls
- Fractures
- All-cause mortality
- Cognitive impairment
- Altered drug metabolism
- Compromised respiration

The risks of harm may also be exacerbated by the high frequency at which older adults see multiple providers and specialists who often do not coordinate their care.

A 2016-2017 Alliant Health Solutions intervention including over 11,000 Medicare beneficiaries in GA and NC showed that when these materials were distributed to high risk Medicare beneficiaries who are taking opioids, the relative reduction in opioid related adverse drug events was greater than 65%.

Learn more about My Med Bags and order yours today!

Click here to educate medical staff on proper Medication Reconciliation.


Prevent adverse drug events by using Alliant Health Solutions resources:
- Do's and Don’ts of Pain Medicines
- My Medication Bags
- Medicine Review Tip Sheet

DO’S AND DON’TS OF PAIN MEDICINES

- Take only what is prescribed
- Don’t take drugs prescribed for someone else
- Don’t mix non-prescription drugs
- Don’t take pain medicines with alcohol or other drugs
- Don’t change the dose or how often you take your medicines
- Don’t share your medicines
- Don’t take your medicines without talking to your doctor

MEDICINE REVIEW: TIPS FOR YOU

- Bring all of your medications to doctor visits, including:
  - All prescriptions
  - Over-the-counter medicines
  - Testing or self-monitoring supplies
  - Vitamins, eye drops, creams, patches and inhalers
  - ANY medicines you no longer take
  - Medicines prescribed for family members

- Ask others in your home to help you watch out for:
  - Food Interactions
  - Drug Interactions
  - Incorrect Time or Frequency
  - Incorrect Dose
  - Duplicate Medications
  - Missing Medications

- Ask your doctor or pharmacist about HOW and WHY you take your medicines
- Ask your doctor or pharmacist about testing or self-monitoring supplies

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