

## **COVID-19 and Wellness Control Panel**

**CHRONIC CONDITIONS** 

May 2022

COVID-19

**NCRN** Resource Links-**English** 

**NCRN** Resource Links-Spanish

COVID 19 **Guidance for Your Community** 

Protect Yourself: Avoid Vaccine Scams

Health and Wellness

**Men Who** Speak UP-**Prostate** Cancer

Community Strategies for Preventing **Chronic Disease** 

10 Ways to Protect **Yourself and Others Against Infections** 

Navigating a **Mental Health** Crisis

**School-based** Clinic

**Mental Health** Resources for K-12 Schools

**DBSA Mood Crew** 



**Videos** 

Practicing the **Pause** 

**Mindfulness** Moments)

It's OK to Ask For Help

**Healthy Families** 

COVID-19 and Your Resilience







