



COVID-19 and Wellness Control Panel

END STAGE RENAL DISEASE (ESRD)

May 2022

COVID-19 Information and Resources

[NCRN Resource Links-English](#)

[NCRN Resource Links-Spanish](#)

[CDC Already had COVID-19?](#)

[COVID-19 Community Guidance](#)

Kidney Disease

[Family Reunion Kidney Health Guide](#)

Health and Wellness

[De-Escalation Toolkit](#)

[Its Ok to Ask for Help](#)

[Practice the Pause](#)

[Mindfulness Moment](#)

[Mental Health Month 2022: Maintaining Good Mental Health](#)

[Mental Health Month 2022: Mental Health Terms to Know](#)

Videos

[Its Ok to Ask for Help](#)

[Practice the Pause](#)

[Mindfulness Moment](#)

[COVID-19 and Your Resilience](#)

