COVID-19 Prevention

**Flyers**
- NCRN Resource Links
- NCRN Resource Links - Spanish
- As Essential As You Are
- For Your Health, Your Loved Ones and Your Community

**Video**
- What is Your Choice?
- Healthy Families

Mental Wellness

**Flyers**
- Keep Your Mind Grounded
- Mindfulness Moments
- Practice the Pause
- It’s OK to Ask for Help
- Self-Management for Depression - English
- Self-Management for Depression - Spanish
- Relax, Refresh, Reset - English
- Relax, Refresh, Reset - Spanish
- Behavioral Health Screening (PHQ-9) - Workflow for Dialysis Centers
- De-Escalation Toolkit

**Videos**
- Toolbox of T’s
- Managing Psychological Stress During COVID
- 4-7-8 Breathing
- How to Prioritize Self-Care
- Equity In Vaccine Access - English
- Equity In Vaccine Access - Spanish
- Equity In Vaccine Access - Samoan
- Counseling and Telehealth - Series
- Effective Methods to Manage the Traumatic Experience of COVID-19
- Grief and Loss
- Schools Engaging Parents in Social Emotional Learning
- Practicing the Pause
- Mindfulness Moments
- It’s OK to Ask for Help
- COVID-19 and Your Resilience

Bureau of Corrections

**Flyer**
- You Are Essential

**Video**
- Let’s Work Together - Vaccination Video

Child and Adolescent - Flyers

**As Essential As You Are - Elementary**
- As Essential As You Are - Middle School
- Be a COVID Warrior
- Be a Super Friend During COVID-19

**Chronic Conditions - Flyer**
- Hypertension on the Body
- Grown Ups Need Shots Too
- Kidney Patients Need Certain Vaccines
- Long COVID on the Body

Presentations and Trainings

- Using Motivational Interviewing to Improve COVID-19 Vaccines: Introduction
- Using Motivational Interviewing to Improve COVID-19 Vaccines: Flyer
- Using Motivational Interviewing to Improve COVID-19 Vaccines: Practical Application
- Using Motivational Interviewing Vignettes
- Psychological First Aid Training

This material was prepared by Alliant Health Solutions, a strategic partner in Morehouse School of Medicine’s National COVID-19 Resiliency Network (NCRN). The funding was made possible through a grant from the US Department of Health and Human Services Office of Minority Health. The National COVID-19 Resiliency Network logo are service marks of Morehouse School of Medicine.