

JOIN OUR UPCOMING TRAINING EVENT

**Question, Persuade, Refer (QPR)
Suicide Prevention Virtual Training
- THIS TRAINING IS OFFERED AT NO COST -**

TRAINING DATES (SELECT ONE)

Monday, June 13, 2022 - OR - Monday, June 20, 2022
2 - 2:30 p.m. EST 3 - 4:30 p.m. EST

Select ONE (1) training and register by emailing

MARTI.VOGT@YAHOO.COM

Registration is required. Space is limited to 35 participants. Upon registering, you will receive an email confirmation and the training link.

Classes fill quickly. Early registration is recommended.

About this Event

This 1.5 hour on-line interactive instructor led training will provide a comprehensive three-step approach everyone can learn to help save a life from suicide.

The three steps include:

1. Questioning the individual's desire or intent regarding suicide
2. Persuading the person to seek and accept help
3. Referring the person to appropriate resources.

Just as people learn CPR and the Heimlich maneuver which helps save thousands of lives each year, people trained in QPR can do the same by learning how to recognize the warning signs of a suicide crisis and how to respond.

Trainees will receive a digital QPR booklet and the training is delivered by a certified QPR gatekeeper instructors.

One (1) continuing education unit (CEU) through the National Board for Certified Counselors (NBCC) will be available for attending the session. You must attend the entire session to receive the CEU. Email QPRTraining@allianthealth.org if you have any questions.