



Delirium Toolkit:

RESOURCES FOR THE PREVENTION, IDENTIFICATION AND MANAGEMENT OF DELIRIUM

WHO IS THIS TOOLKIT FOR AND WHAT IS ITS PURPOSE?

Alliant Health Solutions has partnered with Delirium subject matter experts to create a library of resources ([Delirium Tools and Resources](#)) for organizations such as hospitals, nursing homes and home health agencies caring for patients with signs and symptoms of delirium..

Elements in the toolkit can also be utilized to help providers and Community-Based Organizations (CBOs) educate community members about delirium and how care partners can participate in observing for signs and symptoms or engaging with patients with delirium.

WHAT IS IN THE TOOLKIT?

The toolkit contains a variety of resources that can be used virtually, on provider television channels or downloaded for posting or distribution.

YouTube Bite-Size Learning Videos and Webinar Events

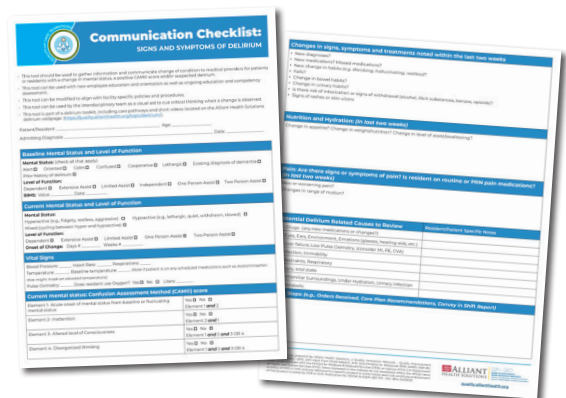
- Delirium Web-based Interactive Flowchart (GeriGuide) Tutorial (length: 5.14)
- Post-Acute Care Delirium & Acute Encephalopathy Pathway (23.03)
- Acute Care Delirium & Acute Encephalopathy Pathway (26.16)
- 4 Part Series of 30-minute webinars on Prevention, Identification and Management of Delirium:



- Identification, Outcomes and Recognizing Missed Steps
- Screening for Early Recognition and Management for Patient Safety
- Medication Management, Deprescribing and Pharmacologic Strategies
- Non-Pharmacological, Person-Centered Interventions

Clinical and Staff Education Resources

- Communication Checklist: Signs and Symptoms of Delirium
- Comparison of Delirium, Dementia and Depression
- Delirium Quick Reference Guide
- Delirium GeriGuide with Pre and Post Learning Assessment
- Delirium Care Pathway Implementation Resource Guide



Patient and Care Partner Resources

Recognizing Delirium: Information for Patients, Families and Care Partners (a brief video suitable for lobbies, waiting rooms and patient TV stations) Is Someone You Know Confused? (brochure) Is Someone You Know Confused? (poster)

**Ready to get started?
See page 2 for tips!**

Implementation Tips

The following tips can help your community coalition or nursing home partners move forward in action to meet or exceed your goals to reduce delirium associated readmissions and emergency department visits and/or improve your prevention, identification or management of delirium. Revisit the toolkit on the Alliant Health Solutions website regularly as the toolkit may be updated frequently.

<https://quality.allianthealth.org/topic/delirium/>

- Identify at least one clinical and one operational champion to initiate implementation in your facility or health system.
- Charter a team to establish a timeline for implementation. Establish realistic and stretch goals that align with your organization's priorities. Alliant Health Solutions Senior Quality Advisors are available to provide guidance and coaching throughout your planning, implementation, and evaluation process and can also work with you to design any additional resources you identify as helpful to your delirium quality improvement project.
- Consider having your Patient and Family Advisors or Resident Council review the patient and family/care-partner brochures and flyers to ensure the message resonates with the populations and cultures in your service area and the materials are available in the appropriate languages.
- Adapt materials to address priorities or current gaps in your delirium processes.
- Your logo can be added to the materials and consider posting on your facility website.
- Identify community partners who would be willing to distribute patient and family/care-partner resources in highly visible places to raise awareness of delirium.
- Print copies of the posters and FAQs and use them as handouts.
- Continue to educate your community via articles, blog posts, and social media posts.

For guidance implementing in your community, contact:
nursinghome@alliantquality.org