



# Delirium Toolkit: RESOURCES FOR THE PREVENTION, IDENTIFICATION AND MANAGEMENT OF DELIRIUM

## WHO IS THIS TOOLKIT FOR AND WHAT IS ITS PURPOSE?

Alliant Health Solutions has partnered with Delirium subject matter experts to create a library of resources ([Delirium Tools and Resources](#)) for organizations such as hospitals, nursing homes and home health agencies caring for patients with signs and symptoms of delirium.

Elements in the toolkit can also be utilized to help providers and Community-Based Organizations (CBOs) educate community members and engage care partners.

## WHAT IS IN THE TOOLKIT?

### YouTube Bite-Size Learning Videos and Webinar Events

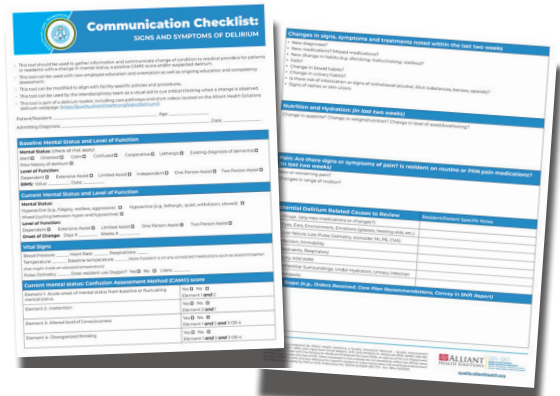
- Delirium Web-based Interactive Flowchart (GeriGuide) Tutorial (length: 5.14)
- Post-Acute Care Delirium & Acute Encephalopathy Pathway (23.03)
- Acute Care Delirium & Acute Encephalopathy Pathway (26.16)
- 4 Part Series of 30-minute webinars on Prevention, Identification and Management of Delirium:



- Identification, Outcomes and Recognizing Missed Steps
- Screening for Early Recognition and Management for Patient Safety
- Medication Management, Deprescribing and Pharmacologic Strategies
- Non-Pharmacological, Person-Centered Interventions

### Clinical and Staff Education Resources

- Communication Checklist: Signs and Symptoms of Delirium
- Comparison of Delirium, Dementia and Depression
- Delirium Quick Reference Guide
- Delirium GeriGuide with Pre and Post Learning Assessment
- Delirium Care Pathway Implementation Resource Guide



### Patient and Care Partner Resources – coming soon

#### Recognizing Delirium:

- Information for Patients, Families and Care Partners (a brief video suitable for lobbies, waiting rooms and patient TV stations)
- Is Someone You Know Confused? (brochure)
- Is Someone You Know Confused? (poster)



## Implementation Tips

The following tips can help your community coalition or nursing home partners move forward in action to meet or exceed your goals to reduce delirium associated readmissions and emergency department visits and/or improve your prevention, identification or management of delirium. Revisit the toolkit on the Alliant Health Solutions website regularly as the toolkit may be updated with additional resources.

<https://quality.allianthealth.org/topic/delirium/>

- Identify at least one clinical and one operational champion to initiate implementation in your facility or health system.
- Charter a team to establish a timeline for implementation. Establish realistic and stretch goals that align with your organization's priorities. Alliant Health Solutions Senior Quality Advisors are available to provide guidance and coaching throughout your planning, implementation, and evaluation processes and work with you to design any additional resources you identify as helpful to your delirium quality improvement project.
- Consider having your Patient and Family Advisors or Resident Council review the patient and family/care-partner brochures and flyers to ensure the message resonates with the populations and cultures in your service area.
- Adapt materials to address priorities or current gaps in your delirium processes.
- Add your logo to materials and consider posting on your facility website.
- Incorporate into all components of your staff education program including on-boarding, annual competency review and performance improvement plans.
- Develop a community education campaign to include articles, blog posts and social media posts.

### **For guidance implementing in your community, contact:**

Carolyn Kazdan, MHSA, NHA  
Alliant Health Solutions Community Coalition and Nursing Home Lead  
ckazdan@ipro.org