



# COVID-19 and Wellness Control Panel

BUREAU OF CORRECTIONS

April 2022



## COVID-19 Information and Resources

[National COVID-19 Resiliency Network Resource Links \(English\)](#)

[National COVID-19 Resiliency Network Resource Links \(Spanish\)](#)

[Updated CDC Guidance Correctional Facilities](#)

[Alcohol and COVID-19 \(Alcohol Awareness Month\)](#)

[Coping with Stress during COVID-19](#)

[Tips for Survivors of a Pandemic](#)

[CDC Community Levels Tool](#)

## Health and Wellness

[National Minority Health Month](#)

[Hypertension in the Body](#)

[Psychological First Aid Mobile App](#)

[Ways to Help Elderly with Underlying Conditions](#)

## Videos

[What is Counseling and Telehealth?](#)

[USVI Vaccination Video](#)

[Managing Psychological Distress During COVID-19](#)