

# ATTENTION VISITORS

## We are Happy to Welcome Visitors Back to our Facility!

### HELP US PROTECT OUR RESIDENTS WHILE YOU ARE VISITING

#### CORE PRINCIPLES TO FOLLOW WHILE IN THE FACILITY



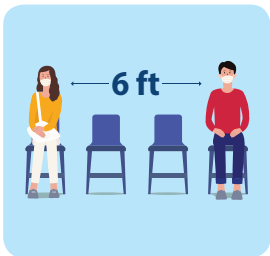
#### GET A COVID-19 VACCINE

- The most effective tool to protect anyone from the COVID-19 Omicron variant (or any version of COVID-19) is to become fully vaccinated AND receive booster shots per CDC recommendations.
- For more information on booster eligibility see the [CDC COVID-19 Vaccine Booster Shots](#).



#### WEAR A MASK (Per CMS)

- Visitors, regardless of vaccination status, must wear masks and physically distance themselves from other residents and staff when in a communal area in the facility.
- Separately, while we strongly recommend that visitors wear masks when visiting residents in a private setting, such as a resident's room when the roommate isn't present, they may choose not to.



#### STAY 6 FEET FROM OTHERS

- Ideally an in-room visit would be conducted when the roommate is not present, however if that is not an option and as long as physical distancing can be maintained, then a visit may be conducted in the resident's room with their roommate present.
- If physical distancing cannot be maintained, the visit should occur in a different area of the facility, or the visit should occur at a time when the roommate is not in the room, or the visitors should be asked to limit the number of visitors that are in the room at one time.
- Visitors may share eat with a resident if the resident (and/or responsible party) are aware of the risks and regardless of vaccination status, must wear a mask (except while eat and drinking) and physically distance from other residents and staff when in a communal are of the facility.

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## WASH YOUR HANDS OFTEN

- Wash your hands often with soap and water, especially after you have been in a public place.
- If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Avoid touching your eyes, nose, and mouth with unwashed hands.



## COVER COUGHS AND SNEEZES

- Always cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow. Do not spit.
- Throw used tissues in the trash.
- Immediately wash your hands with soap and water or use hand sanitizer that contains at least 60% alcohol.

Source: [CMS 2.2.2022 Nursing Home Visitation FAQ's](#) and <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention-H.pdf>



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