



COVID-19 and Wellness Control Panel

END STAGE RENAL DISEASE (ESRD)

March 2022

COVID-19 Information and Resources

[COVID-19 Vaccine Older Adult Talking Points](#)



Videos and Flyers

[Relax, Refresh, Reset \(English\)](#)

[Relax, Refresh, Reset \(Spanish\)](#)

ESRD Resources

[National Kidney Month](#)

[CMS Achieving Health Equity Learning Course](#)

[What is Health Equity?](#)

Mental Wellness Resources

[A CDC Tool for Older Adults: Care for Yourself](#)

[My Mental Health: Do I Need Help?](#)

[Compassion Fatigue, Empathy Burnout for Health Care Workers: Which is it?](#)

