



# COVID-19 and Wellness Control Panel

USVI CHILDREN AND YOUTH TASK FORCE

March 2022

## COVID-19 INFORMATION AND RESOURCES

[Updated Vaccine Information for Children](#)

[When You Are Sick](#)

[Recognizing Multisystem Inflammatory Syndrome in Children](#)

[What is COVID-19?](#)

[10 Tips for Youth, COVID-19 Protection](#)

## MENTAL WELLNESS AND RESOURCES

[Emotional Wellness Checklist](#)

[Eight Tips for Managing Children's Anxiety During COVID-19](#)



## SCHOOL AND PARENT RESOURCES

[Three Steps to Curbing Educator Burnout](#)

[Tips on Staying in School in Person](#)

## VIDEOS AND FLYERS

[Managing Psychosocial Distress During COVID-19](#)

