

## **HQIC Patient Safety: Opioids**

#### Welcome!

- All lines are muted, so please ask your questions in the Chat panel.
- For technical issues, chat to "All Panelists."
- Please actively participate in polling questions that pop up on the lower right-hand side of your screen near the end of the presentation.

## We will get started shortly!

## Hospital Focus: Wellstar Sylvan Grove Hospital





#### **COLLABORATORS:**

Alabama Hospital Association
Alliant Health Solutions
Comagine Health
Georgia Hospital Association
KFMC Health Improvement Partners
Konza

#### **Hospital Quality Improvement**

## Welcome from all of us!













## **Opioid Co-Leads**



Lynne Hall, RN, BSN

Lynne has over 30 years of healthcare experience, including as a Labor and Delivery and neonatal nurse and at Georgia Hospital Association (GHA) as an advocate for patient safety and quality. She also represents GHA as a Maternal/Child Expert with the Georgia Department of Public Health. Lynne is a member of the leadership team for the GA Perinatal Quality Collaborative and currently serves on the Maternal Mortality Review Committee.

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Jennifer Massey, PharmD

Jennifer has 15 years of experience in clinical pharmacy in the acute care hospital setting and in various roles at Alliant Health Solutions working on the CMS contract for the Quality Innovation Network–Quality Improvement Organization (QIN–QIO). She currently serves as SME for Opioids and Adverse Drug Events for HQIC.

Contact: Jennifer.Massey@allianthealth.org

## **Learning Objectives**

- Learn Today:
  - Understand different ways to help decrease Opioid use in the hospital
  - Identify patients who are may have opioid use disorder
- Use Tomorrow:
  - Pick one way to change the way Opioids are prescribed at your hospital
  - Integrate the PDMP when prescribing Opioids



## Wellstar Sylvan Grove Opioid Journey

A few things Wellstar Sylvan Grove has utilized that have really helped a great deal with reduction in opioid usage

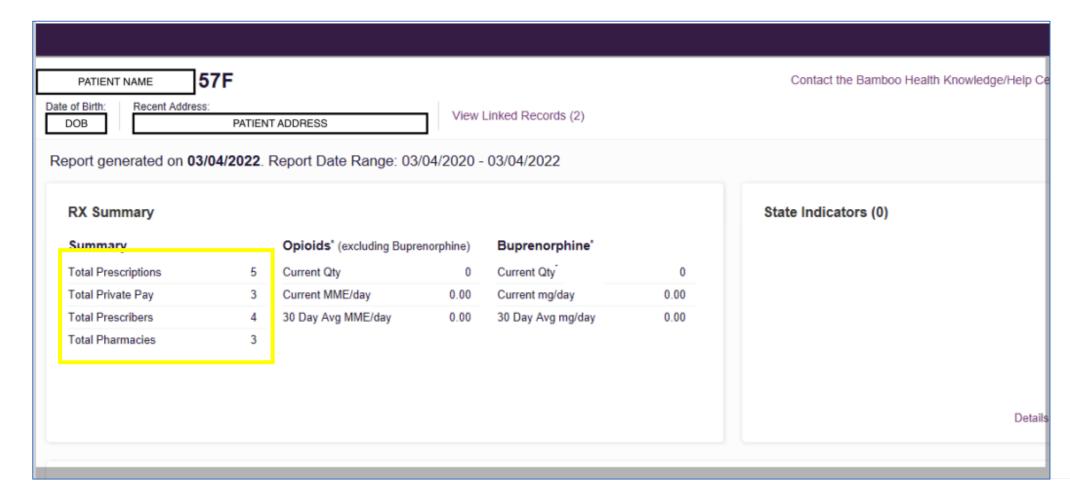
- Integration of Prescription Drug Monitoring Programs (PDMP) into Epic has made a huge difference
  - The physician or nurse can easily click query the PDMP to see a snapshot of where the patient has had a controlled substance like an opioid prescribed, what the opioid is, the quantity filled, and where it was filled.
  - This has been used as common practice and encouraged at Sylvan Grove on patients with nonacute and chronic complaints.
  - We are also encouraging it to be checked anytime a provider decides to prescribe an opioid.

#### FYI's

- Fyi's are tagged on patients' charts that are within the Wellstar system or any epic user and are private notes on the chart that can alert a provider of a potential opioid abuse.
- Often notes will alert of seeking behavior or patterns of behavior that are concerning for opioid abuse and will recommend using a nonnarcotic means of treating their pain.

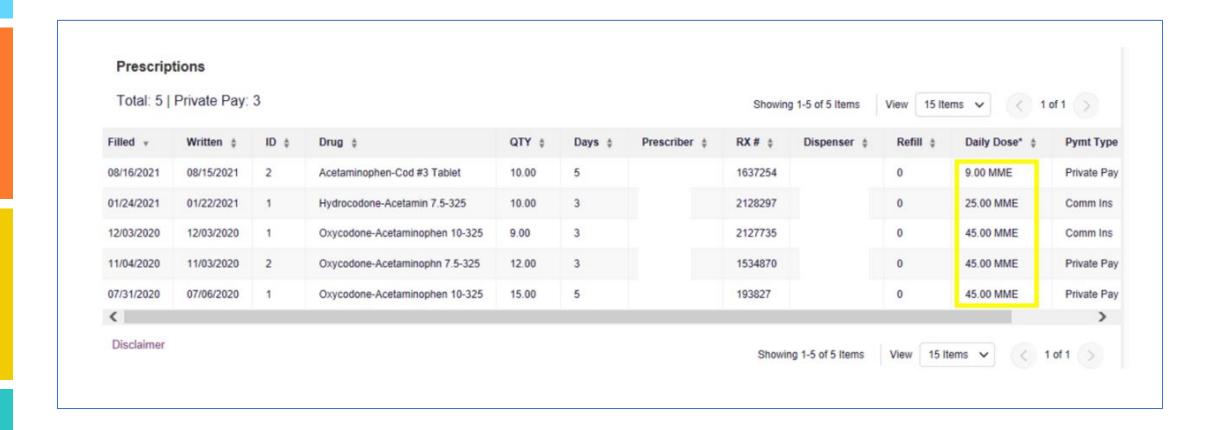


## PDMP Example





## PDMP Example





## PDMP Example





## Wellstar Sylvan Grove Opioid Journey

#### Other helpful strategies:

- Not carrying Dilaudid in the ER
- Recommending follow up with a chronic pain physician.
- Recommending Utilization of nonnarcotic medications for chronic pain:
  - Lidoderm patches
  - Diclofenac topical ointments
  - IM or IV Toradol, etc.
- Recommending and promoting healthier lifestyles, encouraging exercise and stretching.
- Utilizing the in-patient swing bed unit for rehabilitation for patients with chronic debilitation and chronic pain conditions.



## Wellstar Sylvan Grove Opioid Journey

- Recommending and promoting healthier lifestyles, encouraging exercise and stretching.
- Utilizing the in-patient swing bed unit for rehabilitation for patients with chronic debilitation and chronic pain conditions.



## **Key Takeaways**

#### Learn Today:

- Different ways to offer comfort instead of opioids
- Strategies for tracking opioid seeking patients

#### • Use Tomorrow:

- Develop a comfort menu
- Use of the PDMP



#### Resources

- The PEW Charitable Trusts Prescription Drug Monitoring Programs: https://www.pewtrusts.org/~/media/assets/2016/12/prescription\_drug\_monitoring\_programs.pdf
- Substance Abuse and Mental Health Services Administration (SAMHSA) PDMP Guide for Healthcare Providers:

https://store.samhsa.gov/product/In-Brief-Prescription-Drug-Monitoring-Programs-A-Guide-for-Healthcare-Providers/SMA16-4997

### Questions?



Email us at <a href="https://example.com/HospitalQuality@allianthealth.org">HospitalQuality@allianthealth.org</a> or call us 678-527-3681.



## **HQIC** Goals



# Behavioral Health Outcomes & Opioid Misuse

- ✓ Promote opioid best practices
- ✓ Decrease high dose opioid prescribing and opioid adverse events in all settings
- ✓ Increase access to behavioral health services



#### **Patient Safety**

- ✓ Reduce risky medication combinations
- ✓ Reduce adverse drug events
- ✓ Reduce *C. diff* in all settings



## **Quality of Care Transitions**

- ✓ Convene community coalitions
- ✓ Identify and promote optical care for super utilizers
- ✓ Reduce community-based adverse drug events



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#### **Hospital Quality Improvement**



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Thank you for joining us! How did we do today?



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