

PSYCHOLOGICAL FIRST AID TRAINING (PFA)

Psychological First Aid (PFA) is an evidence-informed approach to help children, adolescents, adults, and families in the immediate aftermath of disaster and terrorism.

There will be two (2) sessions.

Attendance is only required for one session and the same material will be presented in both sessions.

<u>Wednesday, December 1, 2021</u> 9 - 11 a.m. EST Click HERE to register or visit https://bit.ly/Dec1PFATraining.

<u>Thursday, December 9, 2021</u> 2 - 4 p.m. EST Click HERE to register or visit https://bit.ly/Dec9PFATraining.

Objectives:

- Describe and discuss psychological first aid interventions
- Develop a self-care plan for psychological first aid
- Identify PFA's eight core actions and how those core actions are applied to assist survivors to move towards recovery

Facilitator: Jeannette David Disaster Mental Health Coordinator Georgia Department of Behavioral Health & Developmental Disabilities

Jeannette David is the Disaster Mental Health Coordinator for the Georgia Department of Behavioral Health and Developmental Disabilities. Ms. David is responsible for disaster mental health policy development as well as collaboration and coordination on local, state, federal and international levels during all phases of disaster. She's worked in the field of disaster management since 1993, which includes numerous field deployments with the American Red Cross. Ms. David is the founder of the Georgia Crisis Consortium and a certified trainer in Psychological First Aid. She's a Cadre Consultant with the Substance Abuse and Mental Health Services Administration, where she provides training and consultation in disaster mental health throughout the United States. Ms. David is also a part-time faculty member at the University of Georgia Institute for Disaster Management. She earned her Masters degree from Mercer University and continues her educational development by attending seminars and training related to disaster mental health.







<u>Register Today!</u>

This webinar will be offered twice to allow you to select the date and time that is most convenient for your schedule.

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Alliant Health Solutions is a strategic partner in Morehouse School of Medicine's National COVID-19 Resiliency Network.