

## JOIN OUR UPCOMING WEBINAR EVENT Organizational Trauma, Resiliency and the Holidays



Community Coalitions & Nursing Homes

## **Register Here:**

https://bit.ly/NHandCC\_Nov18



### **Featured Speaker:**

**Jim Kinsey** Vice President of Engagement Strategies and Continuum of Care Services, Planetree International

# Thursday, November 18, 2021 12:30 p.m. ET / 11:30 a.m. CT

#### **Event Description:**

The holiday season adds another layer of complexity to leading teams working to build resilience and establish a new normal. Join our conversation as we discuss approaches and resources for successfully leading, recognizing, and supporting teams through and beyond the holidays.

# At the conclusion of the sessions, participants will be able to:

- 1. Identify the elements of building resilience.
- 2. Discuss the impact of trauma on attempts to return to normalcy.
- 3. Use skills to assist themselves in finding individual methods to increase mindfulness and decrease stress.

#### Please invite your friends, colleagues, and loved ones to attend this event with you to learn together and support each other.

Hosted by Alliant Health Solutions, a Quality Innovation Network – Quality Improvement Organization (QIN – QIO) and Hospital Quality Improvement Contractor (HQIC) under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services (HHS).

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