

# MISSING DIALYSIS

**Is it  
worth the  
risk?**

**You may not  
immediately  
experience any  
problems, but studies  
show that  
inadequate dialysis  
will shorten your life  
expectancy.**



**Skipping treatments and shortening dialysis time carry risks and complications—including:**

Worsening of **ANEMIA** and **BONE DISEASE** as a result of not receiving scheduled intravenous medications at dialysis.



**CARDIAC COMPLICATIONS** – cardiac arrhythmia, cardiac arrest and death, due to high potassium levels.

**CEREBROVASCULAR COMPLICATIONS**

i.e. stroke that could lead to disability and death



**CRAMPING** and **LOW BLOOD PRESSURE** during next dialysis session due to removing the extra, built-up fluid caused by missing treatment.

**FLUID OVERLOAD** – shortness of breath from fluid in lungs that may require an emergency room visit and emergency dialysis.

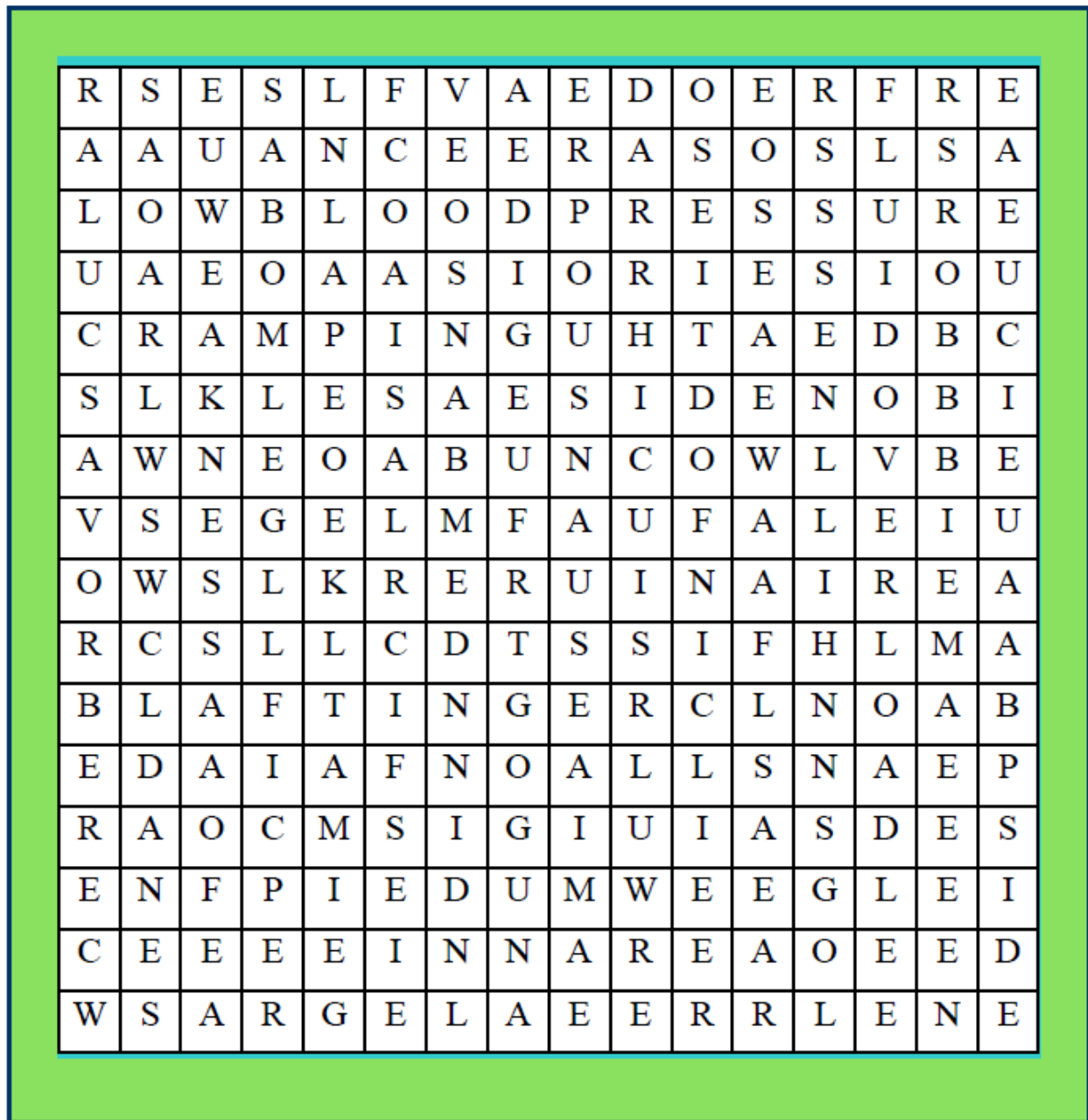
It is extremely important that you receive your full treatments as prescribed by your doctor. Please call the dialysis facility when you are unable to keep your appointment. They may be able to re-schedule your treatment.

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# WORD SEARCH

## HEALTH RISKS OF MISSING DIALYSIS



### FIND THESE WORDS

ANEMIA

BONE DISEASE

FLUID OVERLOAD

CRAMPING

LOW BLOOD PRESSURE

CARDIAC

DEATH

CEREBROVASCULAR

ILLNESS

SWELLING

NAUSEA

INFECTION

WEAKNESS