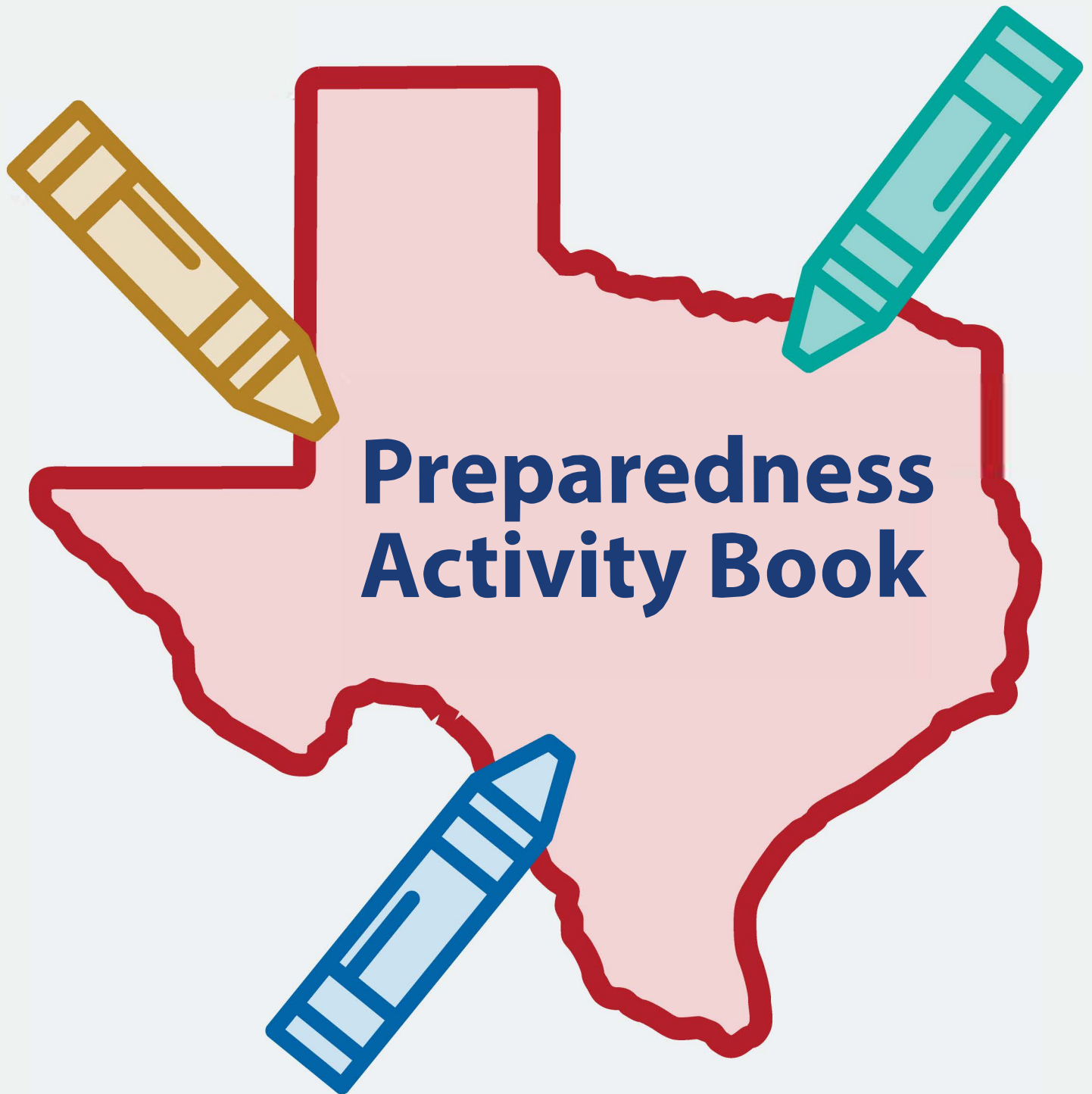


Get Ahead of What's Ahead.

Be informed. Make a plan. Build a kit. #TexasReady

**TEXAS
READY**



Certificate of Achievement

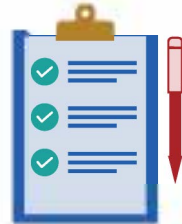
This certifies that

Name

Age

IS PREPARED FOR DISASTERS

“I pledge to help others get ready”



I stayed informed.



I made a plan.



I built a kit.

Parent or Teacher

We can't always stop disasters from happening,
but we can be Texas Ready.

FAMILY EMERGENCY PLAN



**TEXAS
READY**

Make sure your family has a plan for emergencies. Sit down together and decide how you will contact each other and where you will go in an emergency. Keep a copy of this plan in your emergency kit and keep it in a safe place. When a disaster happens, grab your kit and go.

Make a Plan

In case something happens to your home...

Know who to call or where to meet your family in your neighborhood

Neighbor's Name: _____

Neighbor's Phone: _____

Neighborhood Meeting Place: _____

In case something happens to your neighborhood...

Know who to call or where to meet your family away from your neighborhood

Contact Name: _____

Contact Phone: _____

In-town Meeting Place: _____

In case something happens in your town...

Know who to call or where to meet your family away from your town

Out-of-town Contact Name: _____

Out-of-town Contact Phone: _____

Out-of-town Meeting Place: _____

Work and School Information

Know where your family spends the most time (write down the address & phone number)

Work: _____

School: _____

Other Places: _____

Other Information

Know your doctor's name and make a list of medicines, gear, etc., that you might need

Doctor's name and phone: _____

Other items: _____

Connect the dots and color in one of nature's most violent storms.

Learn how to protect yourself before, during and after a tornado hits.

Before:

Pick a safe place – a basement, center hallway, bathroom or closet on the lowest floor.

Avoid exterior walls and windows.

Stay tuned to the news for updates.

During:

Go to the safe place you picked. If you can, get under a piece of sturdy furniture and use your arms to protect your head and neck.

If you're in a mobile home, get out and find other shelter.

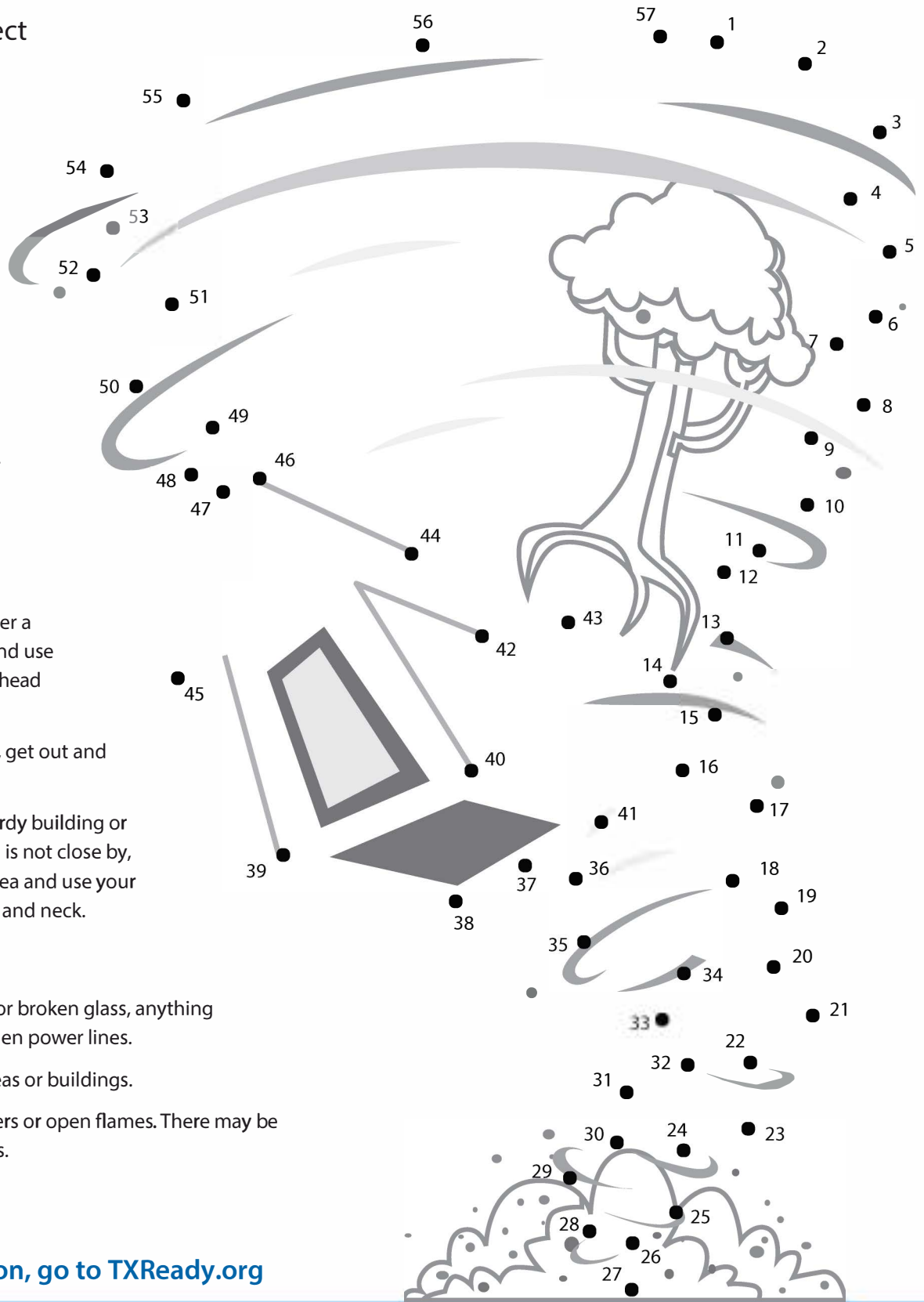
If you're outside, find a sturdy building or some sort of shelter. If one is not close by, find a ditch or low-lying area and use your arms to protect your head and neck.

After:

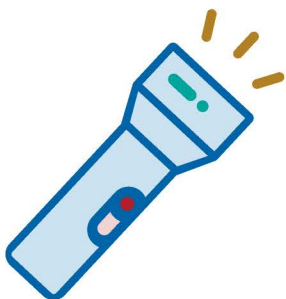
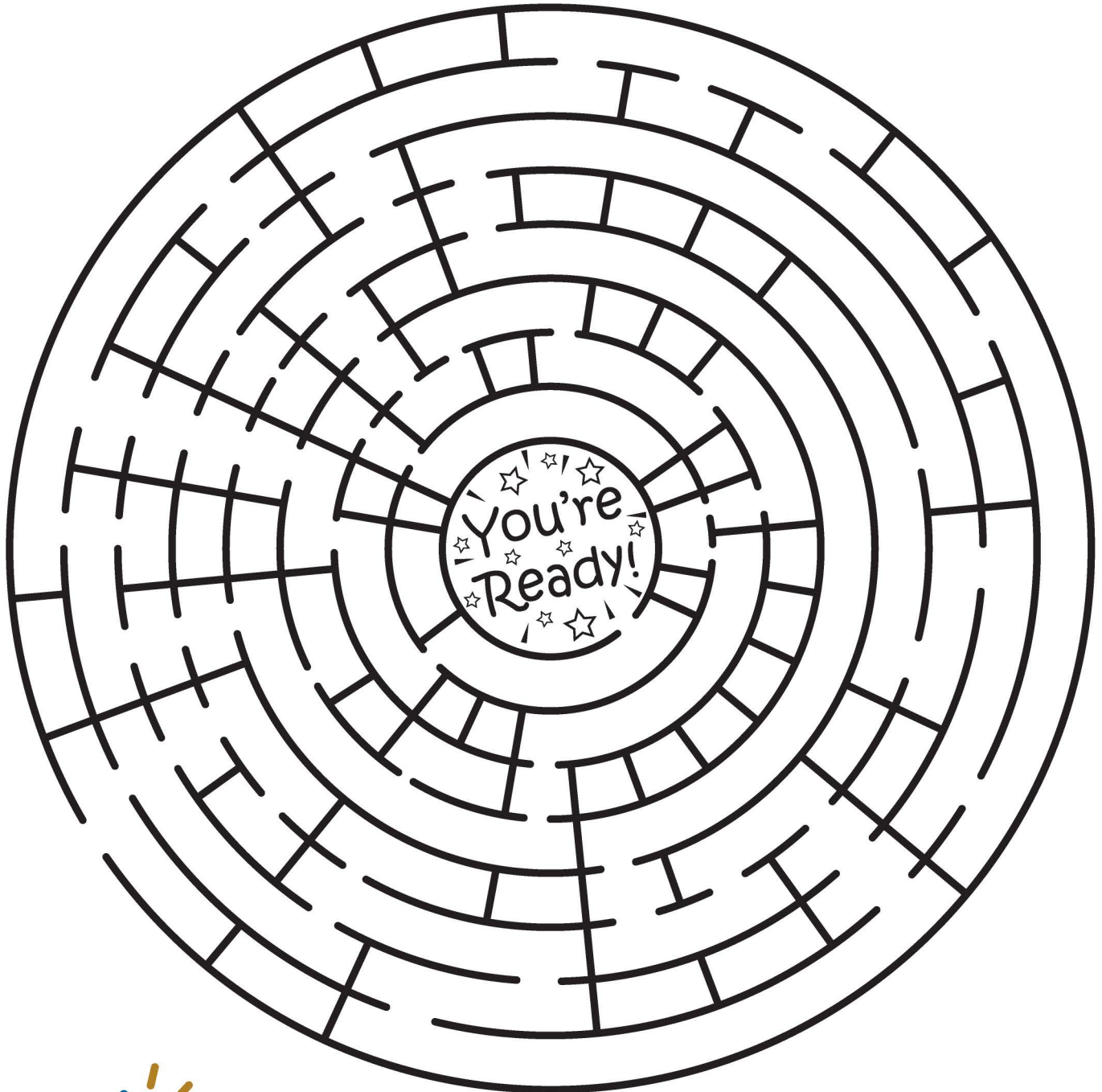
Check for injuries. Watch for broken glass, anything with jagged edges and fallen power lines.

Do not enter damaged areas or buildings.

Do not use matches, lighters or open flames. There may be damaged gas lines or leaks.



Ready...Set...Know! Find your way to preparedness by being informed, making a plan and building a kit. Remember, disasters will happen, so get ahead of what's ahead.

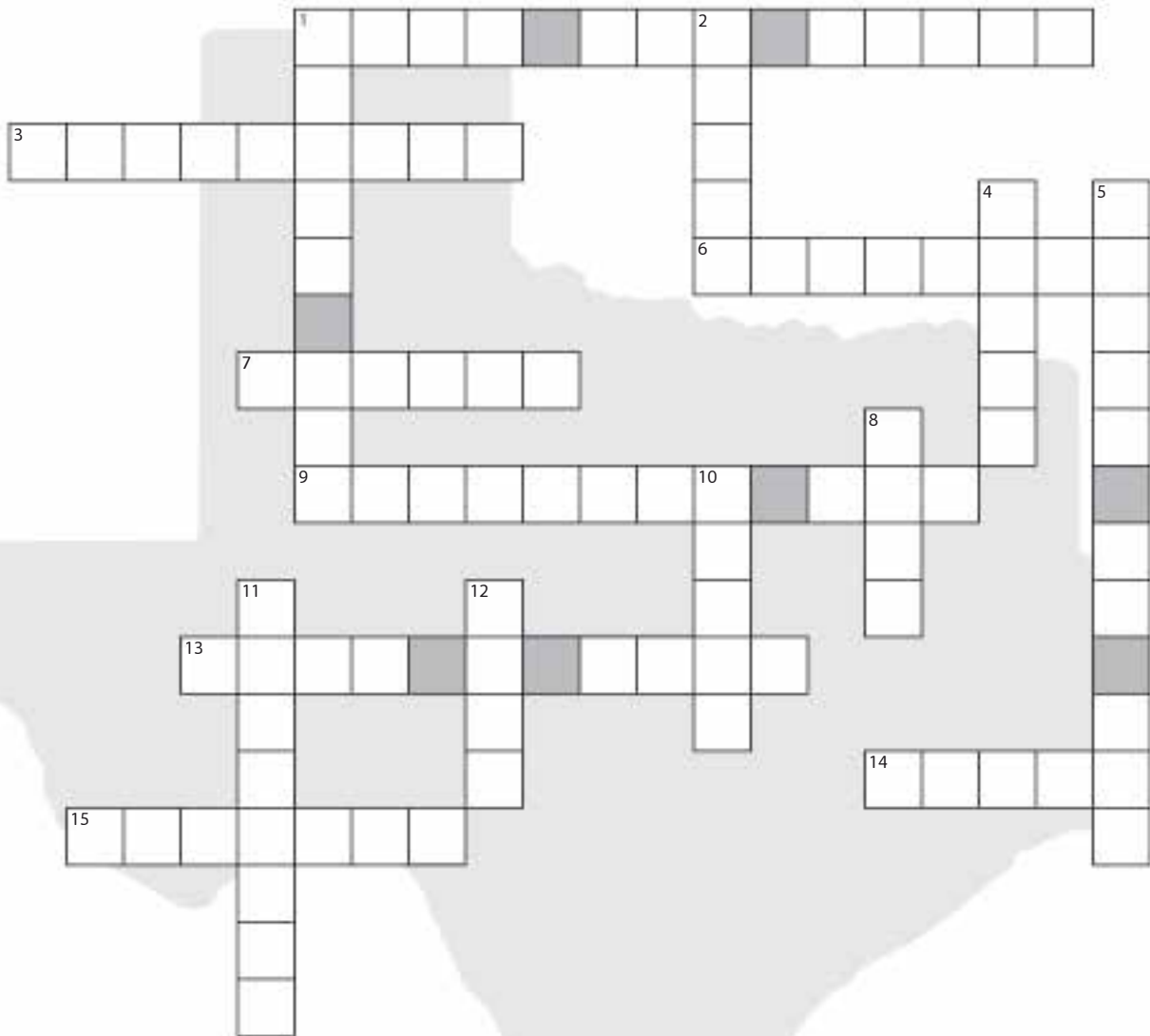


Always have food, water and other emergency supplies ready to go. You might use them at home or you might have to take them with you if you evacuate.

For more information, go to TXReady.org



Complete the crossword puzzle using hints from the "Building a Disaster Supply Kit" checklist.



Across

1. You need this to stay alive
3. Protects you from a sunburn
6. When you have to leave home during a disaster
7. Pack one _____ of water per day for each person
9. Communication, lighting and _____ items are needed for step 3
13. You need to _____ to survive a disaster
14. This helps if your family members get separated during disasters
15. If you do this, you'll be ready for anything

Down

1. This plus medication and hygiene is step 2
2. A fast way to get out of town
4. Stay tuned to the news with this
5. Disasters will happen whether you're _____
8. Use this to buy things if credit or debit card machines and ATMs don't work
10. The Lone Star State
11. Use this to build a disaster supply kit
12. A disaster plan can _____ your life

Get Ahead of What's Ahead.

BUILD YOUR DISASTER SUPPLY KIT



**TEXAS
READY**

Build your kit all at once or step by step. Start with what you already have at home; then shop for the rest, as needed.

Pack these basic supplies for each person or pet in a portable container or backpack. A waterproof container is best. You'll need these supplies whether you stay in your home (shelter in place) or evacuate to another location.

You may have to leave in a hurry to get to a safe place. Keep these supplies near your car. When it's time, grab them and go.



STEP 1

Food and water

- 3-day supply of non-perishable food, such as canned or pouched food
- 1 gallon of water per day for each person and pet
- Manual can opener
- Baby items (baby food, formula, bottles, diapers)
- Pet supplies (listed on next page)



STEP 2

First aid, medication, hygiene supplies

- First-aid kit (listed on next page)
- Medications
- Hand sanitizer, wipes
- Bleach (To purify water, mix 1/8 teaspoon per gallon. Stir and let stand for 30 minutes.)
- Toilet paper, paper towels, garbage bags
- Dental care products (toothpaste, toothbrushes)
- Hearing and vision products (hearing aids and batteries, glasses, contact lenses, contact lens solution, sunglasses)
- Soap, shampoo, personal hygiene supplies
- Sunscreen, insect repellent
- Face masks to filter air



STEP 3

Communication, lighting, document bag items

- Battery-powered radio with extra batteries or crank radio (emergency alert radio is best)
- Extra cell phone battery and car charger
- Flashlights and extra batteries
- Matches and lighter - keep in a waterproof container or sealable plastic bag
- Whistle
- Document bag items (listed on next page)



STEP 4

Add these items for evacuating by car

- Road maps
- Car repair items (tools, spare tire, tire patch kit, oil)
- Food and water
- Plastic plates, cups and utensils
- Tent, blankets, pillows
- Clothes and sturdy shoes
- Rain gear and towels
- Books, games, toys

Before you leave home

- Fill your gas tank, and check your spare tire
- Take cash, checkbook, and credit cards
- Call your family emergency contact
- Charge your mobile phone
- Get a map of your route

When staying home is your safest choice, add these items to your kit and stay tuned to the news.



STEP 5

Add these items for sheltering in place

- Water
- Non-perishable food and manual can opener
- Pet food
- Baby food
- Fire extinguisher
- Plastic sheeting and duct tape (to seal doors, windows and air vents from contaminated air or to build an emergency shelter)

Texas Department of State
Health Services



TEXAS
Health and Human
Services

For more information, go to TXReady.org



DOCUMENT BAG CONTENTS

Imagine how hard it would be after a disaster if you couldn't prove your identity or have access to your bank account. Avoid difficult situations by making copies of important documents and keeping them in a waterproof bag.

- Current photo IDs, driver licenses, birth records, Social Security cards, passports (always keep your Social Security number separate from other documents to decrease risk of identity theft)
- Current photos of family members in case you get separated
- Health insurance and prescription cards
- Medical records, medications and dosages
- Phone numbers (family, friends, doctors)
- Bank account information
- Wills
- Insurance documents (homeowner, renter, flood, life)
- Property deeds, leases, mortgages
- Vehicle titles, insurance, leases, loan documents
- Inventory of household possessions and their value (take photos of every room, every drawer, every closet)
- Backup computer files (on a USB drive)
- Copies of important keys
- Utility bills (to prove where you live)



PEOPLE WITH DISABILITIES AND THOSE WITH ACCESS AND FUNCTIONAL NEEDS

Think about your day-to-day needs for independence. Plan now for your health away from home. Label medical equipment with your contact information.

- Wheelchairs, walkers, and canes
- Cooler with cold packs for medications
- Extra medications and dosages
- Copies of prescriptions and medical alert tags
- Food for special diets
- Medical supplies (oxygen, glucose monitoring strips, syringes, etc.)
- Hearing aids with extra batteries
- Communication devices
- Supplies and documentation for service animals



FIRST-AID KIT CONTENTS

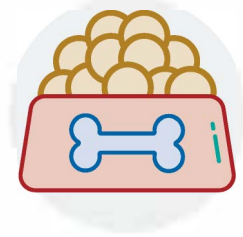
- 2 compress dressings (5 x 9 inches)
- 25 band-aids (different sizes)
- First-aid tape
- Antibiotic ointment
- Hydrocortisone ointment
- Pain reliever, such as aspirin, ibuprofen or acetaminophen
- Instant cold pack
- 2 pair of medical gloves (non-latex)
- Oral thermometer, scissors, tweezers
- 2 roller bandages (different widths)
- 2 elastic bandages
- 10 sterile gauze pads (different sizes)
- 2 triangular bandages (for making slings)
- First-aid instruction booklet



PET SUPPLIES

- 3-day supply of food, water, and bowls
- Pet medications and first-aid kit
- Vaccination records
- Crate or carrier (may be required in shelters or where you spend the night)
- Leash and toys
- Cat litter and box
- Photo, in case pet gets lost

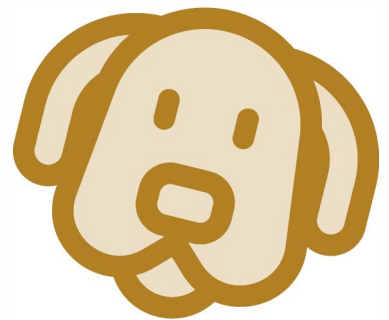
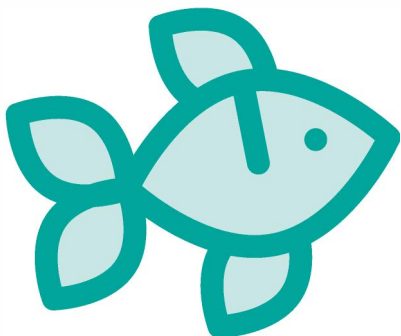
You need to prepare for your pets, too. Use the "Pet Supplies" section on the opposite page to help you.



Find these 10 words.
They can be found up
and down, side-to-side
or diagonally:

- photos
- cat litter
- first aid kit
- food
- water
- medication
- leash
- toys
- bowls
- crate

M	Q	Z	U	G	F	N	B	I	Q
E	C	A	T	L	I	T	T	E	R
D	H	L	W	I	R	K	L	Y	U
I	M	P	L	A	S	W	E	J	A
C	E	H	R	E	T	T	S	H	B
A	F	O	O	D	A	E	Q	P	O
T	J	T	E	R	I	S	R	H	W
I	R	O	C	T	D	I	H	M	L
O	Y	S	N	E	K	W	Q	N	S
N	T	C	G	Q	I	U	P	L	I
S	W	Z	R	E	T	O	Y	S	W

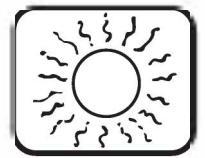


Match 'em Up

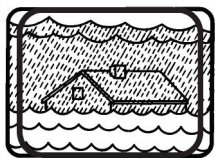
In Texas, we have different kinds of disasters. Go to the "Be Informed" page at TXReady.org and fill in the blanks. Then, draw a line to the picture that matches the sentence.



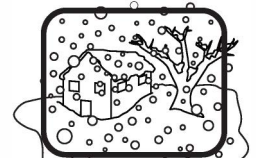
1. Every _____ storm produces lightning.



2. The northern part of the state gets a lot of snow during _____ storms.



3. The peak of _____ season in Texas is usually from March to June.



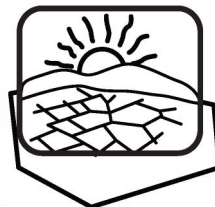
4. It only takes a spark to start a wild _____ that can get out of control very quickly.



5. It's best to stay in air-conditioned places during extreme _____.



6. A lack of rain can lead to _____, causing strict water control.



7. Flash _____ can happen anywhere.



8. The good thing about a _____ is that you have time to evacuate if you need to.

Uncover the Secret Message!

1 = A	5 = E	9 = I	13 = M	17 = Q	21 = U	25 = Y
2 = B	6 = F	10 = J	14 = N	18 = R	22 = V	26 = Z
3 = C	7 = G	11 = K	15 = O	19 = S	23 = W	
4 = D	8 = H	12 = L	16 = P	20 = T	24 = X	

Question: How can you get ready for a disaster?

Answer:

2 5 9 14 6 15 18 13 5 4 13 1 11 5 1 16 12 1 14

2 21 9 12 4 1 11 9 20