



Online Support Groups for Kidney Patients

Kidney patient support groups can take place not only in person, but online as well. There are a number of websites, discussion forums, blogs and email lists that provide information on this topic. Below are a few examples of where to find online support groups:

- **American Association of Kidney Patients (AAKP)**

The AAKP website lists renal support groups by state.

Website: <https://aakp.org/support-groups/>

- **National Kidney Foundation (NKF) Peers**

Speak with a trained peer mentor who can share their experiences about dialysis, transplant, or living kidney donation with you.

Call 1-855-653-7337 (855-NKF-PEER). **Website:** <https://www.kidney.org/patients/peers>

- **Home Dialysis Central**

The Home Dialysis Central website is a one-stop resource for patients and professionals who want to learn more about home dialysis options – what they are, where you can find them, and why you might want to choose one. The website provides a forum where you can get advice and support from experts or other patients, and you can also share your knowledge with others.

Website: <https://forums.homedialysis.org/>

- **MyDavita Forums**

The DaVita.com forum is a place where people with CKD, those on dialysis (either at home or at a center), as well as family members and friends, can talk online. Some topics include sharing personal experiences, diet Q&A with dietitians, working on dialysis, travel and more. A patient can also join or create a group on myDaVita.com, the online resource to may be used to help manage and understand all aspects of kidney health. It's easy and free to register. **Website:**

<http://forums.davita.com/>

- **Renal Support Network Hopeline**

The Hopeline is a phone-based peer support program where patients can talk to a peer, share experiences, and ask questions of other patients.

Website: <https://www.rsnhope.org/hopeline-kidney-disease-support-phone-line>

Call: 1-800-579-1970

- **Fresenius Kidney Care Community**

The Community provides a place for individuals with kidney disease to learn more about kidney disease, treatment options, diet, exercise, and coping, among other topics.

Website: <https://community.freseniuskidneycare.com/s/>