DIABETES EDUCATION AND AWARENESS

Friday, November 20, 2020
11 - 11:30 a.m.

Find out how you can prevent and treat diabetes through lifestyle change programs using diet and exercise. Also, learn what pre-diabetes, A1C and testing numbers mean to you.

REGISTER FOR THIS VIRTUAL SESSION AT:

THIS IS A MONTHLY SERIES OF HEALTH EDUCATION WEBINARS TO EMPOWER YOU TO TAKE CARE OF YOUR HEALTH AND STAY WELL.

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