

**COVID-19 Rapid Response Network for Nursing Homes Week 10**  
**Theme of the Week: QAPI and the 4Ms Framework**  
**July 6 – 10, 2020**

<p><b>Data Minute Takeaways:</b></p>	<ul style="list-style-type: none"> <li>• Repeated point prevalence surveys in SNFs can identify asymptomatic COVID-19 cases, inform cohorting and IPC practices, and guide prioritization of health department resources as shown in this <a href="#">CDC report</a> out of Detroit, MI.</li> <li>• The NYTimes wrote an <a href="#">article</a> looking at the racial inequity of COVID-19.</li> <li>• An <a href="#">article</a> from the Journal of Infection shares that compared with influenza, COVID-19 patients may be less likely to present with bacterial co-infection.</li> <li>• Two sisters are combatting loneliness by sending letters to senior citizens in self-isolation. Over 2,500 volunteers have sent over 21,000 letters and cards to over 5,000 seniors in 39 nursing homes. <a href="#">Get involved!</a></li> </ul>
<p><b>Policy Update Takeaways:</b></p>	<ul style="list-style-type: none"> <li>• CMS Administrator, Seema Verma, <a href="#">stated</a> that nursing homes should not take on COVID-19 patients if they are not prepared to take care of them.</li> <li>• Identify local QIO/QINs that are available to help during the pandemic <a href="#">here</a>.</li> <li>• AMDA has released a <a href="#">white paper</a> advocating for the inclusion of a Medical Director in QAPI programs.</li> <li>• <i>Caring for the Ages</i> published an <a href="#">article</a> by Nina Flanagan, PhD, GNP-BC, PMHCS-BC on QAPI: Nursing Challenges and Successes.</li> </ul>
<p><b>Best Practice Takeaways:</b></p>	<ul style="list-style-type: none"> <li>• Primary drivers to reducing COVID-19 related mortality and morbidity in IHI’s <a href="#">Nursing Home COVID-19 Driver Diagram</a> include: 1) Use effective leadership and management; 2) Prevent new infections in residents; 3) Effectively care for residents and staff; and 4) Maintain safe operations. We need your expertise— please provide your feedback, suggestions, and ideas to the diagram <a href="#">here</a>.</li> <li>• A <a href="#">QAPI</a> plan is a written plan that describes the processes the facility will follow to conduct its QAPI program and QAA committee functions. QAPI’s are federally regulated and reviewed for <a href="#">compliance</a>.</li> <li>• Use IHI’s <a href="#">Quality Improvement Essentials Toolkit</a>, <a href="#">5 Whys: Finding the Root Cause of a Problem</a>, and <a href="#">RCA<sup>2</sup>: Improving Root Cause Analyses and Actions to Prevent Harm</a> to strengthen your QAPI plan.</li> <li>• QAPI Steering Committees should consider structural measures (e.g. PPE needed), process measures (e.g. % of staff and residents tested), and outcome measures (e.g. % who have recovered).</li> <li>• Use the <a href="#">SBAR technique</a> to effectively communicate with your team: Situation (What is going on with the resident?), Background (What is the clinical background or context?), Assessment (What do I think the problem is?), and Recommendation (What would I recommend?).</li> <li>• Consider using CUS words (concerned, uncomfortable, stop-this is a safety issue) to escalate an issue with a colleague.</li> <li>• Explore AHRQ’s <a href="#">TeamSTEPPS® 2.0 for Long-Term Care</a>.</li> </ul>
<p><b>One Good Thing Highlights:</b></p>	<ul style="list-style-type: none"> <li>• From Glenn B.: “Ran a half marathon.”</li> <li>• From Alan B.: “Garden is full of beautiful blooms!”</li> <li>• From Rebecca B.: “A gorgeous week by the lake with my family and dogs!”</li> <li>• From Maria P.: “Hummingbird at bird feeder this morning.”</li> <li>• From Maria M.: “My daughter was accepted to an ED Residency at St. Thomas in our town! So proud!”</li> </ul>